

SUMMER FY26 IRELAND/ NORTHERN IRELAND ALLERGEN INFORMATION

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free.

Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
Espresso Drinks		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Caffe Latte - semi skimmed milk	Tall	519	124	4.3	2.7	12.3	11.5	0.3	8.9	0.26	89.1
Caffe Latte - semi skimmed milk	Grande	636	151	5.2	3.4	15	14.2	0.3	10.9	0.32	89.1
Caffe Latte - semi skimmed milk	Venti	858	204	7.1	4.5	20.3	19.1	0.4	14.7	0.43	133.6
Caffe Latte - whole milk	Tall	681	162	8.9	5.6	12.1	11.2	0.3	8.6	0.26	89.1
Caffe Latte - whole milk	Grande	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1
Caffe Latte - whole milk	Venti	1128	269	14.7	9.3	19.9	18.7	0.4	14.3	0.42	133.6
Caffe Latte - skimmed milk	Tall	398	94	0.9	0.4	12.5	11.7	0.3	8.9	0.27	89.1
Caffe Latte - skimmed milk	Grande	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1
Caffe Latte - skimmed milk	Venti	657	156	1.4	0.6	20.7	19.5	0.4	14.7	0.45	133.6
Caffe Latte - almond drink	Tall	272	68	3	0.3	6.9	6	0.7	1.6	0.18	89.1
Caffe Latte - almond drink	Grande	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
Caffe Latte - almond drink	Venti	447	112	5	0.5	11.3	10	1.2	2.6	0.29	133.6
Caffe Latte - soya drink	Tall	444	107	4.6	0.7	7.1	6	1.7	8.2	0.21	89.1
Caffe Latte - soya drink	Grande	543	130	5.7	0.9	8.5	7.4	2	10.1	0.26	89.1
Caffe Latte - soya drink	Venti	733	176	7.7	1.2	11.6	10	2.8	13.6	0.35	133.6
Caffe Latte - oat drink	Tall	614	145	7.4	0.7	16.7	7.8	2.6	2.3	0.30	89.1
Caffe Latte - oat drink	Grande	753	178	9.2	0.9	20.4	9.7	3.2	2.7	0.38	89.1
Caffe Latte - oat drink	Venti	1015	241	12.3	1.2	27.5	13	4.3	3.8	0.51	133.6
Caffe Latte - coconut drink	Short	213	50	2.2	1	5.2	4.8	0.6	2.4	0.13	44.5
Caffe Latte - coconut drink	Tall	359	85	3.7	1.7	8.7	7.9	1	4	0.21	89.1
Caffe Latte - coconut drink	Grande	438	103	4.6	2.1	10.6	9.8	1.2	4.8	0.26	89.1
Caffe Latte - coconut drink	Venti	592	140	6.1	2.8	14.4	13.2	1.6	6.5	0.35	133.6
Latte Macchiato - semi skimmed milk	Tall	476	113	3.9	2.5	11.3	10.5	0.3	8.1	0.24	89.1
Latte Macchiato - semi skimmed milk	Grande	616	147	5.1	3.2	14.6	13.7	0.3	10.6	0.31	89.1
Latte Macchiato - semi skimmed milk	Venti	815	194	6.7	4.3	19.3	18.1	0.4	14	0.41	133.6
Latte Macchiato - whole milk	Tall	624	149	8.1	5.1	11.1	10.3	0.3	7.9	0.23	89.1
Latte Macchiato - whole milk	Grande	811	193	10.6	6.7	14.3	13.5	0.3	10.3	0.31	89.1
Latte Macchiato - whole milk	Venti	1071	255	13.9	8.8	18.9	17.7	0.4	13.6	0.40	133.6
Latte Macchiato - skimmed milk	Tall	365	87	0.8	0.3	11.5	10.7	0.3	8.1	0.24	89.1
Latte Macchiato - skimmed milk	Grande	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1
Latte Macchiato - skimmed milk	Venti	624	148	1.3	0.6	19.7	18.5	0.4	14	0.42	133.6
Latte Macchiato - almond drink	Tall	250	62	2.7	0.3	6.3	5.5	0.7	1.5	0.16	89.1
Latte Macchiato - almond drink	Grande	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
Latte Macchiato - almond drink	Venti	426	106	4.7	0.4	10.7	9.5	1.2	2.5	0.28	133.6
Latte Macchiato - soya drink	Tall	407	98	4.2	0.7	6.5	5.5	1.6	7.5	0.19	89.1
Latte Macchiato - soya drink	Grande	526	126	5.5	0.9	8.3	7.2	2	9.8	0.26	89.1
Latte Macchiato - soya drink	Venti	697	167	7.3	1.2	11	9.4	2.7	12.9	0.34	133.6
Latte Macchiato - oat drink	Tall	562	133	6.8	0.7	15.3	7.2	2.4	2.1	0.28	89.1
Latte Macchiato - oat drink	Grande	729	173	8.9	0.9	19.8	9.4	3.1	2.7	0.36	89.1
Latte Macchiato - oat drink	Venti	964	228	11.7	1.2	26.2	12.4	4.1	3.6	0.48	133.6
Latte Macchiato - coconut drink	Tall	330	78	3.4	1.6	8.1	7.2	0.9	3.7	0.19	89.1
Latte Macchiato - coconut drink	Grande	424	100	4.4	2	10.3	9.5	1.1	4.7	0.26	89.1
Latte Macchiato - coconut drink	Venti	563	133	5.8	2.7	13.7	12.5	1.5	6.2	0.34	133.6
Freshly Brewed Coffee	Tall	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
Freshly Brewed Coffee	Grande	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6
Freshly Brewed Coffee	Venti	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Espresso Doppio	Doppio	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Espresso	Single	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Espresso Macchiato - semi skimmed milk	Single	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - whole milk	Single	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - skimmed milk	Single	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - almond drink	Single	20	5	0.1	0	0.6	0.2	0.1	0.2	0.00	44.5
Espresso Macchiato - soya drink	Single	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.5
Espresso Macchiato - oat drink	Single	27	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.5
Espresso Macchiato - coconut drink	Single	22	5	0.1	0.1	0.6	0.2	0.2	0.3	0.01	44.5
Espresso Macchiato - Doppio - semi skimmed milk	Double	62	15	0.4	0.2	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - whole milk	Double	73	18	0.7	0.4	1.6	0.8	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - skimmed milk	Double	54	13	0.2	0.1	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - almond drink	Double	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato - Doppio - soya drink	Double	57	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1
Espresso Macchiato - Doppio - oat drink	Double	69	16	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato - Doppio - coconut drink	Double	51	12	0.4	0.2	1.4	0.6	0.3	0.6	0.02	89.1
Cortado - semi skimmed milk	Short	207	49	1.6	1	5.3	4.3	0	3.5	0.10	70.9
Cortado - whole milk	Short	268	64	3.3	2.1	5.2	4.2	0	3.4	0.10	70.9
Cortado - skimmed milk	Short	161	38	0.3	0.2	5.4	4.4	0	3.5	0.10	70.9
Cortado - almond drink	Short	114	28	1.1	0.1	3.2	2.3	0.2	0.8	0.07	70.9
Cortado - soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.3	0.08	70.9
Cortado - oat drink	Short	242	57	2.8	0.3	6.9	3	0.9	1	0.12	70.9
Cortado - coconut drink	Short	147	34	1.4	0.7	3.9	3	0.3	1.7	0.08	70.9
Cappuccino - semi skimmed milk	Tall	432	103	3.5	2.2	10.3	9.5	0.3	7.4	0.22	89.1
Cappuccino - semi skimmed milk	Grande	546	130	4.5	2.9	12.9	12.1	0.3	9.4	0.28	89.1
Cappuccino - semi skimmed milk	Venti	708	169	5.8	3.7	16.8	15.6	0.4	12.1	0.36	133.6
Cappuccino - whole milk	Tall	565	135	7.3	4.6	10.1	9.3	0.3	7.2	0.21	89.1
Cappuccino - whole milk	Grande	717	171	9.3	5.9	12.7	11.8	0.3	9.1	0.27	89.1
Cappuccino - whole milk	Venti	929	221	12	7.6	16.5	15.3	0.4	11.8	0.35	133.6
Cappuccino - skimmed milk	Tall	332	79	0.7	0.3	10.5	9.7	0.3	7.4	0.22	89.1
Cappuccino - skimmed milk	Grande	418	99	0.9	0.4	13.2	12.4	0.3	9.4	0.28	89.1
Cappuccino - skimmed milk	Venti	544	129	1.2	0.5	17.1	15.9	0.4	12.1	0.36	133.6
Cappuccino - almond drink	Tall	229	57	2.5	0.2	5.8	5	0.7	1.4	0.15	89.1
Cappuccino - almond drink	Grande	285	71	3.2	0.3	7.2	6.4	0.8	1.7	0.19	89.1
Cappuccino - almond drink	Venti	373	93	4.1	0.4	9.4	8.2	1.1	2.2	0.24	133.6
Cappuccino - soya drink	Tall	370	89	3.8	0.6	6	5	1.4	6.8	0.18	89.1
Cappuccino - soya drink	Grande	466	112	4.9	0.8	7.4	6.3	1.8	8.6	0.22	89.1
Cappuccino - soya drink	Venti	606	146	6.3	1	9.7	8.2	2.3	11.2	0.29	133.6
Cappuccino - oat drink	Tall	510	121	6.1	0.6	13.9	6.5	2.2	2	0.25	89.1
Cappuccino - oat drink	Grande	645	153	7.8	0.8	17.5	8.3	2.7	2.4	0.32	89.1
Cappuccino - oat drink	Venti	837	198	10.1	1	22.7	10.7	3.6	3.2	0.41	133.6
Cappuccino - coconut drink	Tall	300	71	3.1	1.4	7.3	6.5	0.9	3.3	0.18	89.1
Cappuccino - coconut drink	Grande	377	89	3.9	1.8	9.2	8.4	1	4.2	0.22	89.1
Cappuccino - coconut drink	Venti	491	116	5	2.3	12	10.8	1.4	5.4	0.29	133.6
Flat White - semi skimmed milk	Short	246	59	2	1.2	6	5.1	0.3	4.2	0.12	89.1
Flat White - whole milk	Short	318	76	4	2.5	5.8	5	0.3	4.1	0.11	89.1
Flat White - skimmed milk	Short	193	46	0.5	0.2	6.1	5.2	0.3	4.2	0.12	89.1
Flat White - almond drink	Short	137	34	1.4	0.2	3.5	2.7	0.5	0.9	0.08	89.1
Flat White - soya drink	Short	213	51	2.1	0.4	3.6	2.7	0.9	3.9	0.10	89.1

Flat White - oat drink	Short	288	68	3.4	0.4	7.9	3.5	1.3	1.2	0.14	89.1
Flat White - coconut drink	Short	175	42	1.7	0.8	4.4	3.6	0.6	2	0.10	89.1
Caramel Macchiato - semi skimmed milk	Tall	704	167	4.9	3.1	22.2	21	0.3	8.5	0.27	89.1
Caramel Macchiato - semi skimmed milk	Grande	900	214	6	3.8	28.9	27.6	0.3	10.9	0.35	89.1
Caramel Macchiato - semi skimmed milk	Venti	1147	272	7.5	4.8	37	35.2	0.4	14	0.44	133.6
Caramel Macchiato - whole milk	Tall	858	204	9.3	5.8	21.9	20.7	0.3	8.3	0.27	89.1
Caramel Macchiato - whole milk	Grande	1099	261	11.7	7.4	28.6	27.3	0.3	10.6	0.34	89.1
Caramel Macchiato - whole milk	Venti	1402	333	14.8	9.3	36.6	34.8	0.4	13.7	0.43	133.6
Caramel Macchiato - skimmed milk	Tall	589	140	1.7	0.9	22.4	21.2	0.3	8.5	0.28	89.1
Caramel Macchiato - skimmed milk	Grande	751	178	1.9	1	29.2	27.9	0.3	10.9	0.35	89.1
Caramel Macchiato - skimmed milk	Venti	956	226	2.2	1.1	37.3	35.6	0.4	14	0.45	133.6
Caramel Macchiato - almond drink	Tall	469	114	3.7	0.8	17	15.8	0.7	1.6	0.19	89.1
Caramel Macchiato - almond drink	Grande	597	145	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato - almond drink	Venti	757	185	5.6	1	28.4	26.6	1.2	2.6	0.30	133.6
Caramel Macchiato - soya drink	Tall	632	151	5.2	1.2	17.2	15.8	1.6	7.9	0.23	89.1
Caramel Macchiato - soya drink	Grande	808	193	6.5	1.4	22.5	20.9	2	10	0.29	89.1
Caramel Macchiato - soya drink	Venti	1028	246	8.1	1.7	28.7	26.6	2.7	13	0.36	133.6
Caramel Macchiato - oat drink	Tall	793	188	7.9	1.2	26.3	17.5	2.5	2.3	0.31	89.1
Caramel Macchiato - oat drink	Grande	1016	240	9.9	1.4	34.3	23.2	3.1	2.8	0.40	89.1
Caramel Macchiato - oat drink	Venti	1295	307	12.5	1.7	43.8	29.5	4.1	3.7	0.51	133.6
Caramel Macchiato - coconut drink	Tall	552	130	4.4	2.2	18.8	17.6	0.9	3.9	0.23	89.1
Caramel Macchiato - coconut drink	Grande	704	166	5.3	2.6	24.6	23.3	1.1	4.8	0.29	89.1
Caramel Macchiato - coconut drink	Venti	895	211	6.7	3.2	31.4	29.6	1.5	6.3	0.36	133.6
Mocha - semi skimmed milk	Tall	955	228	9.7	6.6	25	23.2	3	8.6	0.20	107.3
Mocha - semi skimmed milk	Grande	1177	281	11.2	7.5	32.2	30.1	3.9	10.9	0.26	113.4
Mocha - semi skimmed milk	Venti	1499	358	13.6	9	41.7	38.8	4.9	14.7	0.35	164
Mocha - whole milk	Tall	1069	255	13	8.6	24.9	23	3	8.4	0.20	107.3
Mocha - whole milk	Grande	1324	316	15.3	10.1	32	29.9	3.9	10.7	0.25	113.4
Mocha - whole milk	Venti	1703	406	19.3	12.6	41.4	38.5	4.9	14.4	0.34	164
Mocha - skimmed milk	Tall	869	208	7.3	4.9	25.2	23.4	3	8.6	0.21	107.3
Mocha - skimmed milk	Grande	1067	254	8.1	5.3	32.5	30.3	3.9	10.9	0.26	113.4
Mocha - skimmed milk	Venti	1347	321	9.3	6.1	42	39.1	4.9	14.7	0.36	164
Mocha - almond drink	Tall	780	189	8.8	4.8	21.2	19.4	3.3	3.5	0.14	107.3
Mocha - almond drink	Grande	953	230	10	5.3	27.3	25.2	4.3	4.3	0.18	113.4
Mocha - almond drink	Venti	1189	288	12	6	34.8	32	5.5	5.6	0.24	164
Mocha - soya drink	Tall	902	216	10	5.2	21.3	19.3	4	8.1	0.17	107.3
Mocha - soya drink	Grande	1109	265	11.5	5.7	27.5	25.1	5.2	10.3	0.21	113.4
Mocha - soya drink	Venti	1405	336	14	6.6	35.1	31.9	6.7	13.9	0.29	164
Mocha - oat drink	Tall	1021	243	12	5.2	28.1	20.6	4.6	4	0.23	107.3
Mocha - oat drink	Grande	1263	301	14	5.7	36.2	26.8	6	5	0.30	113.4
Mocha - oat drink	Venti	1617	385	17.5	6.6	47.1	34.2	7.8	6.5	0.40	164
Mocha - coconut drink	Tall	842	201	9.3	5.9	22.5	20.7	3.5	5.1	0.17	107.3
Mocha - coconut drink	Grande	1032	246	10.6	6.6	29	26.9	4.5	6.5	0.21	113.4
Mocha - coconut drink	Venti	1298	309	12.9	7.8	37.2	34.3	5.8	8.6	0.29	164
White Mocha - semi skimmed milk	Tall	1113	265	10.5	7.5	34.4	33.6	0.3	8.1	0.36	89.1
White Mocha - semi skimmed milk	Grande	1448	345	12.7	9.1	46.2	45.4	0.3	11.3	0.50	89.1
White Mocha - semi skimmed milk	Venti	1751	417	14.7	10.6	57.1	55.9	0.5	13.7	0.61	133.6
White Mocha - whole milk	Tall	1218	290	13.5	9.4	34.3	33.5	0.3	7.9	0.36	89.1
White Mocha - whole milk	Grande	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
White Mocha - whole milk	Venti	1936	461	20	13.8	56.8	55.6	0.5	13.4	0.60	133.6
White Mocha - skimmed milk	Tall	1034	246	8.3	6	34.6	33.8	0.3	8.1	0.36	89.1
White Mocha - skimmed milk	Grande	1332	317	9.4	6.8	46.4	45.6	0.3	11.3	0.51	89.1
White Mocha - skimmed milk	Venti	1613	384	10.9	7.9	57.3	56.1	0.5	13.7	0.62	133.6
White Mocha - almond drink	Tall	952	229	9.7	5.9	30.9	30.1	0.6	3.4	0.31	89.1
White Mocha - almond drink	Grande	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
White Mocha - almond drink	Venti	1470	353	13.3	7.8	50.9	49.7	1	5.4	0.51	133.6
White Mocha - soya drink	Tall	1064	254	10.7	6.3	31	30.1	1.2	7.7	0.33	89.1
White Mocha - soya drink	Grande	1376	329	13	7.2	41.2	40.1	1.7	10.7	0.45	89.1
White Mocha - soya drink	Venti	1666	398	15.1	8.3	51.1	49.6	2.1	12.9	0.55	133.6
White Mocha - oat drink	Tall	1174	279	12.5	6.3	37.2	31.3	1.8	3.8	0.39	89.1
White Mocha - oat drink	Grande	1538	366	15.7	7.2	50.4	41.9	2.6	5	0.54	89.1
White Mocha - oat drink	Venti	1859	442	18.3	8.3	62	51.7	3.2	6.2	0.66	133.6
White Mocha - coconut drink	Tall	1009	240	10.1	6.9	32.1	31.3	0.8	4.9	0.33	89.1
White Mocha - coconut drink	Grande	1295	308	12.1	8.1	42.8	42	1	6.6	0.45	89.1
White Mocha - coconut drink	Venti	1569	373	14.1	9.4	53	51.8	1.3	8.1	0.55	133.6
Cold Coffee		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Tall	72	16	0.6	0.2	1.6	0.1	1	0.8	0.01	188.6
Cold Brew	Grande	97	22	0.8	0.3	2.2	0.1	1.4	1.1	0.01	255.8
Cold Brew	Venti	123	28	1.1	0.4	2.8	0.2	1.8	1.4	0.02	322.9
Cold Brew Latte - semi skimmed milk	Tall	373	88	3.1	1.9	8.6	7.7	0.5	6.4	0.18	159.1
Cold Brew Latte - semi skimmed milk	Grande	520	123	4.3	2.7	12	11.1	0.6	8.9	0.26	166.5
Cold Brew Latte - semi skimmed milk	Venti	598	142	5	3.1	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Tall	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
Cold Brew Latte - whole milk	Grande	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
Cold Brew Latte - whole milk	Venti	778	185	10.1	6.3	13.5	12.4	0.7	10	0.29	204.7
Cold Brew Latte - skimmed milk	Tall	291	69	0.8	0.3	8.7	7.9	0.5	6.4	0.19	159.1
Cold Brew Latte - skimmed milk	Grande	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
Cold Brew Latte - skimmed milk	Venti	464	110	1.2	0.5	14	13	0.7	10.3	0.30	204.7
Cold Brew Latte - almond drink	Tall	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte - almond drink	Grande	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
Cold Brew Latte - almond drink	Venti	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte - soya drink	Tall	322	77	3.4	0.6	5	4	1.5	5.9	0.15	159.1
Cold Brew Latte - soya drink	Grande	447	107	4.7	0.8	6.9	5.8	2	8.3	0.21	166.5
Cold Brew Latte - soya drink	Venti	515	123	5.4	0.9	8	6.6	2.3	9.5	0.24	204.7
Cold Brew Latte - oat drink	Tall	437	103	5.2	0.6	11.5	5.3	2.1	1.9	0.21	159.1
Cold Brew Latte - oat drink	Grande	612	144	7.4	0.8	16.2	7.6	2.9	2.5	0.30	166.5
Cold Brew Latte - oat drink	Venti	703	166	8.5	0.9	18.6	8.7	3.3	2.9	0.34	204.7
Cold Brew Latte - coconut drink	Tall	265	62	2.7	1.2	6.2	5.3	1	3.1	0.15	159.1
Cold Brew Latte - coconut drink	Grande	365	86	3.8	1.7	8.5	7.7	1.3	4.1	0.21	166.5
Cold Brew Latte - coconut drink	Venti	421	99	4.4	2	9.8	8.8	1.5	4.8	0.24	204.7
Iced Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Iced Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Iced Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Iced Latte - semi skimmed milk	Tall	346	83	2.8	1.8	8.3	7.5	0.3	5.9	0.17	89.1
Iced Latte - semi skimmed milk	Grande	536	128	4.4	2.8	12.7	11.9	0.3	9.2	0.27	89.1
Iced Latte - semi skimmed milk	Venti	545	130	4.4	2.8	13	11.8	0.4	9.3	0.27	133.6
Iced Latte - whole milk	Tall	451	108	5.8	3.6	8.1	7.3	0.3	5.7	0.17	89.1
Iced Latte - whole milk	Grande	704	168	9.2	5.8	12.4	11.6	0.3	8.9	0.26	89.1
Iced Latte - whole milk	Venti	711	170	9.1	5.7	12.8	11.5	0.4	9	0.26	133.6
Iced Latte - skimmed milk	Tall	268	64	0.6	0.2	8.4	7.6	0.3	5.9	0.17	89.1
Iced Latte - skimmed milk	Grande	410	97	0.9	0.4	12.9	12.1	0.3	9.2	0.28	89.1
Iced Latte - skimmed milk	Venti	421	100	0.9	0.4	13.3	12	0.4	9.3	0.27	133.6
Iced Latte - almond drink	Tall	186	46	2	0.2	4.8	3.9	0.6	1.2	0.11	89.1
Iced Latte - almond drink	Grande	280	70	3.1	0.3	7.1	6.3	0.8	1.6	0.18	89.1
Iced Latte - almond drink	Venti	292	73	3.1	0.3	7.4	6.2	0.9	1.8	0.18	133.6
Iced Latte - soya drink	Tall	298	72	3	0.5	4.9	3.9	1.2	5.5	0.14	89.1
Iced Latte - soya drink	Grande	458	110	4.8	0.8	7.3	6.2	1.7	8.5	0.22	89.1
Iced Latte - soya drink	Venti	468	112	4.8	0.8	7.6	6.2	1.9	8.6	0.22	133.6
Iced Latte - oat drink	Tall	407	97	4.9	0.5	11.1	5.1	1.8	1.6	0.20	89.1
Iced Latte - oat drink	Grande	634	150	7.7	0.8	17.2	8.1	2.7	2.4	0.31	89.1
Iced Latte - oat drink	Venti	642	152	7.7	0.8	17.5	8.1	2.8	2.5	0.31	133.6
Iced Latte - coconut drink	Tall	243	57	2.4	1.1	6	5.2	0.7	2.7	0.14	89.1

Iced Latte - coconut drink	Grande	370	87	3.8	1.8	9	8.2	1	4.1	0.22	89.1
Iced Latte - coconut drink	Venti	381	90	3.9	1.8	9.4	8.2	1.1	4.3	0.22	133.6
Classic Iced Cappuccino - semi skimmed milk	Tall	297	71	2.4	1.5	7.1	6.3	0.3	5	0.14	89.1
Classic Iced Cappuccino - semi skimmed milk	Grande	446	106	3.6	2.3	10.6	9.8	0.3	7.6	0.22	89.1
Classic Iced Cappuccino - semi skimmed milk	Venti	484	115	3.9	2.5	11.6	10.4	0.4	8.2	0.24	133.6
Classic Iced Cappuccino - whole milk	Tall	386	92	4.9	3.1	7	6.2	0.3	4.9	0.14	89.1
Classic Iced Cappuccino - whole milk	Grande	584	139	7.6	4.8	10.4	9.6	0.3	7.4	0.22	89.1
Classic Iced Cappuccino - whole milk	Venti	630	150	8	5.1	11.4	10.2	0.4	8	0.23	133.6
Classic Iced Cappuccino - skimmed milk	Tall	231	55	0.5	0.2	7.3	6.4	0.3	5	0.15	89.1
Classic Iced Cappuccino - skimmed milk	Grande	343	81	0.8	0.3	10.8	10	0.3	7.6	0.23	89.1
Classic Iced Cappuccino - skimmed milk	Venti	375	89	0.9	0.4	11.8	10.6	0.4	8.2	0.24	133.6
Classic Iced Cappuccino - almond drink	Tall	162	40	1.7	0.2	4.2	3.3	0.5	1.1	0.10	89.1
Classic Iced Cappuccino - almond drink	Grande	235	59	2.6	0.2	6	5.2	0.7	1.4	0.15	89.1
Classic Iced Cappuccino - almond drink	Venti	262	65	2.8	0.3	6.7	5.5	0.8	1.7	0.16	133.6
Classic Iced Cappuccino - soya drink	Tall	256	62	2.6	0.4	4.3	3.3	1.1	4.7	0.12	89.1
Classic Iced Cappuccino - soya drink	Grande	382	92	3.9	0.6	6.1	5.1	1.5	7	0.18	89.1
Classic Iced Cappuccino - soya drink	Venti	416	100	4.2	0.7	6.9	5.5	1.7	7.6	0.19	133.6
Classic Iced Cappuccino - oat drink	Tall	349	83	4.1	0.4	9.5	4.3	1.6	1.4	0.17	89.1
Classic Iced Cappuccino - oat drink	Grande	526	125	6.3	0.6	14.3	6.7	2.3	2	0.26	89.1
Classic Iced Cappuccino - oat drink	Venti	569	135	6.8	0.7	15.5	7.1	2.5	2.3	0.27	133.6
Classic Iced Cappuccino - coconut drink	Tall	209	50	2.1	1	5.2	4.4	0.7	2.4	0.12	89.1
Classic Iced Cappuccino - coconut drink	Grande	310	73	3.2	1.5	7.6	6.8	0.9	3.4	0.18	89.1
Classic Iced Cappuccino - coconut drink	Venti	340	81	3.4	1.6	8.4	7.2	1	3.8	0.19	133.6
Iced Latte Macchiato - semi skimmed milk	Tall	383	91	3.1	2	9.1	8.3	0.3	6.5	0.19	89.1
Iced Latte Macchiato - semi skimmed milk	Grande	552	132	4.5	2.9	13.1	12.3	0.3	9.5	0.28	89.1
Iced Latte Macchiato - semi skimmed milk	Venti	578	138	4.7	3	13.8	12.6	0.4	9.9	0.29	133.6
Iced Latte Macchiato - whole milk	Tall	500	119	6.4	4.1	8.9	8.1	0.3	6.4	0.18	89.1
Iced Latte Macchiato - whole milk	Grande	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
Iced Latte Macchiato - whole milk	Venti	755	180	9.7	6.1	13.5	12.3	0.4	9.6	0.28	133.6
Iced Latte Macchiato - skimmed milk	Tall	295	70	0.7	0.3	9.3	8.5	0.3	6.5	0.19	89.1
Iced Latte Macchiato - skimmed milk	Grande	423	100	0.9	0.4	13.3	12.5	0.3	9.5	0.29	89.1
Iced Latte Macchiato - skimmed milk	Venti	446	106	1	0.4	14	12.8	0.4	9.9	0.29	133.6
Iced Latte Macchiato - almond drink	Tall	204	51	2.2	0.2	5.2	4.4	0.6	1.3	0.13	89.1
Iced Latte Macchiato - almond drink	Grande	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato - almond drink	Venti	308	77	3.3	0.3	7.9	6.6	0.9	1.9	0.19	133.6
Iced Latte Macchiato - soya drink	Tall	328	79	3.4	0.6	5.3	4.4	1.3	6	0.15	89.1
Iced Latte Macchiato - soya drink	Grande	472	113	4.9	0.8	7.5	6.4	1.8	8.7	0.23	89.1
Iced Latte Macchiato - soya drink	Venti	496	119	5.1	0.8	8.1	6.6	2	9.1	0.23	133.6
Iced Latte Macchiato - oat drink	Tall	451	107	5.4	0.6	12.3	5.7	2	1.8	0.22	89.1
Iced Latte Macchiato - oat drink	Grande	653	155	7.9	0.8	17.7	8.4	2.8	2.4	0.32	89.1
Iced Latte Macchiato - oat drink	Venti	681	162	8.2	0.8	18.5	8.6	3	2.7	0.33	133.6
Iced Latte Macchiato - coconut drink	Tall	267	63	2.7	1.2	6.6	5.8	0.8	3	0.15	89.1
Iced Latte Macchiato - coconut drink	Grande	381	90	3.9	1.8	9.3	8.5	1	4.2	0.23	89.1
Iced Latte Macchiato - coconut drink	Venti	404	95	4.1	1.9	9.9	8.7	1.2	4.5	0.23	133.6
Iced Caramel Macchiato - semi skimmed milk	Tall	615	146	4.2	2.6	20.4	19.1	0.3	6.6	0.22	89.1
Iced Caramel Macchiato - semi skimmed milk	Grande	845	201	5.6	3.6	27.9	26.6	0.3	9.6	0.31	89.1
Iced Caramel Macchiato - semi skimmed milk	Venti	932	221	5.8	3.6	32.2	30.4	0.4	10	0.32	133.6
Iced Caramel Macchiato - whole milk	Tall	732	174	7.5	4.7	20.2	18.9	0.3	6.4	0.22	89.1
Iced Caramel Macchiato - whole milk	Grande	1019	242	10.5	6.6	27.7	26.3	0.3	9.3	0.31	89.1
Iced Caramel Macchiato - whole milk	Venti	1109	264	10.8	6.8	32	30.2	0.4	9.7	0.31	133.6
Iced Caramel Macchiato - skimmed milk	Tall	527	125	1.7	0.9	20.6	19.3	0.3	6.6	0.23	89.1
Iced Caramel Macchiato - skimmed milk	Grande	716	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
Iced Caramel Macchiato - skimmed milk	Venti	799	189	2.1	1.1	32.5	30.7	0.4	10	0.33	133.6
Iced Caramel Macchiato - almond drink	Tall	436	106	3.3	0.9	16.5	15.2	0.6	1.4	0.16	89.1
Iced Caramel Macchiato - almond drink	Grande	581	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
Iced Caramel Macchiato - almond drink	Venti	662	160	4.4	1	26.3	24.5	0.9	2	0.23	133.6
Iced Caramel Macchiato - soya drink	Tall	561	134	4.4	1.2	16.6	15.2	1.3	6.1	0.19	89.1
Iced Caramel Macchiato - soya drink	Grande	765	183	6	1.5	22.4	20.7	1.8	8.8	0.26	89.1
Iced Caramel Macchiato - soya drink	Venti	850	203	6.2	1.5	26.5	24.4	2	9.2	0.27	133.6
Iced Caramel Macchiato - oat drink	Tall	683	162	6.5	1.2	23.6	16.5	2	1.9	0.25	89.1
Iced Caramel Macchiato - oat drink	Grande	946	224	9	1.5	32.6	22.7	2.8	2.5	0.36	89.1
Iced Caramel Macchiato - oat drink	Venti	1035	245	9.2	1.5	37	26.5	3	2.8	0.37	133.6
Iced Caramel Macchiato - coconut drink	Tall	499	118	3.8	1.9	17.8	16.6	0.8	3.1	0.19	89.1
Iced Caramel Macchiato - coconut drink	Grande	674	159	5	2.5	24.2	22.8	1	4.3	0.26	89.1
Iced Caramel Macchiato - coconut drink	Venti	757	179	5.1	2.5	28.4	26.5	1.2	4.6	0.27	133.6
Iced Mocha - semi skimmed milk	Tall	1019	244	12.9	8.9	23.6	21.7	3	7	0.15	107.3
Iced Mocha - semi skimmed milk	Grande	1421	340	17.7	12.2	32.9	30.7	3.9	10.5	0.24	113.4
Iced Mocha - semi skimmed milk	Venti	1504	360	17.8	12.3	37	34.1	4.9	10.4	0.22	164
Iced Mocha - whole milk	Tall	1097	263	15.1	10.3	23.4	21.6	3	6.9	0.15	107.3
Iced Mocha - whole milk	Grande	1550	371	21.3	14.5	32.7	30.5	3.9	10.3	0.24	113.4
Iced Mocha - whole milk	Venti	1616	387	21	14.2	36.8	34	4.9	10.2	0.22	164
Iced Mocha - skimmed milk	Tall	961	230	11.3	7.8	23.7	21.9	3	7	0.16	107.3
Iced Mocha - skimmed milk	Grande	1324	317	15	10.3	33	30.9	3.9	10.5	0.25	113.4
Iced Mocha - skimmed milk	Venti	1421	340	15.5	10.6	37.2	34.3	4.9	10.4	0.22	164
Iced Mocha - almond drink	Tall	901	217	12.3	7.7	20.9	19.1	3.2	3.5	0.11	107.3
Iced Mocha - almond drink	Grande	1224	296	16.7	10.3	28.5	26.4	4.2	4.7	0.18	113.4
Iced Mocha - almond drink	Venti	1334	322	17	10.6	33.3	30.4	5.2	5.4	0.16	164
Iced Mocha - soya drink	Tall	983	236	13.1	8	21	19.1	3.6	6.6	0.13	107.3
Iced Mocha - soya drink	Grande	1361	327	18	10.6	28.7	26.3	5	9.9	0.21	113.4
Iced Mocha - soya drink	Venti	1453	348	18.1	10.9	33.4	30.3	5.9	9.9	0.19	164
Iced Mocha - oat drink	Tall	1065	255	14.4	8	25.6	20	4.1	3.8	0.17	107.3
Iced Mocha - oat drink	Grande	1496	357	20.2	10.6	36.3	27.8	5.7	5.2	0.28	113.4
Iced Mocha - oat drink	Venti	1570	375	20	10.9	40	31.6	6.5	5.9	0.25	164
Iced Mocha - coconut drink	Tall	943	226	12.6	8.4	21.9	20	3.3	4.6	0.13	107.3
Iced Mocha - coconut drink	Grande	1293	309	17.2	11.4	30	27.9	4.4	6.6	0.21	113.4
Iced Mocha - coconut drink	Venti	1394	333	17.4	11.6	34.6	31.7	5.4	7	0.19	164
Iced White Mocha - semi skimmed milk	Tall	1207	288	13.9	10	33.7	32.8	0.3	7	0.33	89.1
Iced White Mocha - semi skimmed milk	Grande	1680	401	19.1	13.7	46.5	45.7	0.3	10.6	0.48	89.1
Iced White Mocha - semi skimmed milk	Venti	1833	438	19.6	14.2	54.2	53	0.5	10.7	0.52	133.6
Iced White Mocha - whole milk	Tall	1286	307	16.1	11.4	33.5	32.7	0.3	6.9	0.32	89.1
Iced White Mocha - whole milk	Grande	1813	433	22.8	16.1	46.3	45.5	0.3	10.4	0.48	89.1
Iced White Mocha - whole milk	Venti	1951	466	23	16.3	54	52.8	0.5	10.5	0.51	133.6
Iced White Mocha - skimmed milk	Tall	1149	274	12.3	8.9	33.8	33	0.3	7	0.33	89.1
Iced White Mocha - skimmed milk	Grande	1580	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
Iced White Mocha - skimmed milk	Venti	1745	416	17.2	12.5	54.4	53.2	0.5	10.7	0.52	133.6
Iced White Mocha - almond drink	Tall	1088	261	13.3	8.9	31	30.2	0.5	3.5	0.29	89.1
Iced White Mocha - almond drink	Grande	1477	355	18	11.7	42.1	41.2	0.7	4.7	0.41	89.1
Iced White Mocha - almond drink	Venti	1653	397	18.7	12.4	50.2	49	0.8	5.4	0.46	133.6
Iced White Mocha - soya drink	Tall	1171	280	14.1	9.1	31.1	30.2	1	6.7	0.30	89.1
Iced White Mocha - soya drink	Grande	1618	387	19.4	12.1	42.2	41.2	1.5	10.1	0.44	89.1
Iced White Mocha - soya drink	Venti	1778	425	19.9	12.8	50.4	49	1.5	10.2	0.48	133.6
Iced White Mocha - oat drink	Tall	1253	299	15.4	9.1	35.8	31.1	1.5	3.8	0.35	89.1
Iced White Mocha - oat drink	Grande	1757	419	21.7	12.1	50.1	42.7	2.3	5.3	0.52	89.1
Iced White Mocha - oat drink	Venti	1902	453	21.9	12.8	57.4	50.3	2.2	5.9	0.55	133.6
Iced White Mocha - coconut drink	Tall	1130	270	13.6	9.5	31.9	31.1	0.7	4.6	0.30	89.1
Iced White Mocha - coconut drink	Grande	1549	369	18.6	12.9	43.6	42.8	0.9	6.6	0.44	89.1
Iced White Mocha - coconut drink	Venti	1717	409	19.2	13.5	51.6	50.4	1	7.1	0.48	133.6
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	367	87	2.1	1.3	12.6	11.8	0.3	4.3	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	485	115	2.6	1.6	17.4	16.2	0.4	5.4	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	593	141	3	1.8	21.9	20.4	0.5	6.2	0.17	171
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	444	106	4.3	2.7	12.5	11.7	0.3	4.2	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	579	138	5.2	3.3	17.3	16.1	0.4	5.2	0.15	128.2

Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	700	167	6	3.8	21.8	20.2	0.5	6.1	0.17	171
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	310	73	0.5	0.2	12.7	12	0.3	4.3	0.13	85.5
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	415	99	0.6	0.2	17.5	16.4	0.4	5.4	0.16	128.2
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	513	122	0.7	0.3	22.1	20.5	0.5	6.2	0.18	171
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	250	61	1.5	0.2	10	9.3	0.5	0.9	0.08	85.5
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	342	83	1.9	0.2	14.3	13.1	0.7	1.2	0.10	128.2
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	430	104	2.2	0.2	18.4	16.8	0.9	1.4	0.12	171
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	331	79	2.3	0.4	10.1	9.2	0.9	4	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	442	106	2.8	0.5	14.4	13.1	1.2	5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	543	130	3.2	0.6	18.5	16.8	1.5	5.8	0.14	171
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	412	98	3.6	0.4	14.7	10.1	1.4	1.2	0.14	85.5
Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	540	128	4.4	0.5	19.9	14.1	1.8	1.6	0.18	128.2
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	655	155	5.1	0.6	24.8	18	2.1	1.9	0.20	171
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	291	69	1.8	0.8	10.9	10.2	0.6	2	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	393	93	2.3	1	15.3	14.2	0.8	2.5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	487	115	2.6	1.2	19.6	18	1	3	0.14	171
Starbucks Doubleshot™ Iced Coffee	Mini	360	87	8	5	2.2	1.4	0.3	1.4	0.03	89.1
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	427	103	8	5	6.2	5.3	0.3	1.4	0.03	89.1

Hot Chocolates		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate - semi skimmed milk	Tall	1029	246	10.3	7	27.2	26.1	3	9.6	0.24	20
Classic Hot Chocolate - semi skimmed milk	Grande	1297	309	12.1	8.1	35.4	34	3.9	12.7	0.32	26.1
Classic Hot Chocolate - semi skimmed milk	Venti	1603	382	14.5	9.7	44.4	42.6	4.7	16.3	0.41	32.2
Classic Hot Chocolate - whole milk	Tall	1166	278	14.2	9.4	27	25.9	3	9.4	0.23	20
Classic Hot Chocolate - whole milk	Grande	1482	353	17.4	11.4	35.2	33.7	3.9	12.4	0.31	26.1
Classic Hot Chocolate - whole milk	Venti	1844	439	21.3	13.9	44	42.2	4.7	15.9	0.40	32.2
Classic Hot Chocolate - skimmed milk	Tall	927	221	7.5	5	27.4	26.3	3	9.6	0.24	20
Classic Hot Chocolate - skimmed milk	Grande	1159	276	8.3	5.5	35.7	34.3	3.9	12.7	0.32	26.1
Classic Hot Chocolate - skimmed milk	Venti	1423	339	9.4	6.2	44.7	43	4.7	16.3	0.42	32.2
Classic Hot Chocolate - almond drink	Tall	821	198	9.3	4.9	22.6	21.5	3.4	3.4	0.17	20
Classic Hot Chocolate - almond drink	Grande	1016	246	10.7	5.4	29.3	27.8	4.4	4.4	0.22	26.1
Classic Hot Chocolate - almond drink	Venti	1236	299	12.6	6.1	36.3	34.5	5.5	5.4	0.28	32.2
Classic Hot Chocolate - soya drink	Tall	966	231	10.6	5.3	22.7	21.4	4.2	9	0.20	20
Classic Hot Chocolate - soya drink	Grande	1212	290	12.5	5.9	29.5	27.8	5.5	11.9	0.26	26.1
Classic Hot Chocolate - soya drink	Venti	1492	357	15	6.8	36.6	34.5	6.9	15.3	0.34	32.2
Classic Hot Chocolate - oat drink	Tall	1109	264	13	5.3	30.8	23	4.9	4	0.27	20
Classic Hot Chocolate - oat drink	Grande	1405	334	15.7	5.9	40.4	29.9	6.5	5.2	0.37	26.1
Classic Hot Chocolate - oat drink	Venti	1743	414	19.2	6.8	50.8	37.2	8.2	6.5	0.47	32.2
Classic Hot Chocolate - coconut drink	Tall	894	213	9.9	6.1	24.2	23.1	3.6	5.4	0.20	20
Classic Hot Chocolate - coconut drink	Grande	1115	265	11.5	7	31.4	30	4.7	7.1	0.26	26.1
Classic Hot Chocolate - coconut drink	Venti	1366	324	13.6	8.2	39.1	37.3	5.8	9	0.34	32.2
Signature Hot Chocolate - semi skimmed milk	Tall	1195	285	12.2	8.2	29.6	28.3	3.7	12.1	0.30	21.8
Signature Hot Chocolate - semi skimmed milk	Grande	1470	350	14.2	9.5	37.6	35.9	4.8	15.2	0.38	28.6
Signature Hot Chocolate - semi skimmed milk	Venti	1808	431	17	11.3	46.7	44.5	5.8	19.4	0.49	34.6
Signature Hot Chocolate - whole milk	Tall	1372	327	17.2	11.3	29.3	28	3.7	11.9	0.30	21.8
Signature Hot Chocolate - whole milk	Grande	1691	403	20.5	13.4	37.3	35.5	4.8	14.9	0.37	28.6
Signature Hot Chocolate - whole milk	Venti	2095	499	25.2	16.4	46.2	44.1	5.8	19	0.48	34.6
Signature Hot Chocolate - skimmed milk	Tall	1063	253	8.5	5.6	29.9	28.5	3.7	12.1	0.31	21.8
Signature Hot Chocolate - skimmed milk	Grande	1305	311	9.6	6.3	38	36.2	4.8	15.2	0.38	28.6
Signature Hot Chocolate - skimmed milk	Venti	1594	379	11	7.1	47.1	45	5.8	19.4	0.50	34.6
Signature Hot Chocolate - almond drink	Tall	925	224	10.8	5.5	23.7	22.3	4.2	4.2	0.21	21.8
Signature Hot Chocolate - almond drink	Grande	1134	275	12.5	6.2	30.3	28.5	5.5	5.3	0.26	28.6
Signature Hot Chocolate - almond drink	Venti	1371	332	14.8	7	37.1	34.9	6.7	6.5	0.34	34.6
Signature Hot Chocolate - soya drink	Tall	1113	266	12.6	6	23.9	22.3	5.2	11.4	0.25	21.8
Signature Hot Chocolate - soya drink	Grande	1368	327	14.7	6.8	30.5	28.4	6.8	14.3	0.31	28.6
Signature Hot Chocolate - soya drink	Venti	1675	401	17.7	7.8	37.4	34.8	8.4	18.2	0.40	34.6
Signature Hot Chocolate - oat drink	Tall	1298	309	15.7	6	34.4	24.3	6.2	4.9	0.35	21.8
Signature Hot Chocolate - oat drink	Grande	1598	380	18.5	6.8	43.6	30.9	8	6.3	0.43	28.6
Signature Hot Chocolate - oat drink	Venti	1975	469	22.6	7.8	54.4	38.1	10	7.8	0.56	34.6
Signature Hot Chocolate - coconut drink	Tall	1020	243	11.6	7.1	25.7	24.4	4.4	6.8	0.25	21.8
Signature Hot Chocolate - coconut drink	Grande	1253	298	13.5	8.1	32.8	31	5.8	8.5	0.31	28.6
Signature Hot Chocolate - coconut drink	Venti	1525	362	16.1	9.5	40.4	38.3	7.1	10.7	0.40	34.6
Iced Chocolate - semi skimmed milk	Tall	1125	269	13.8	9.5	26.4	25.3	2.9	8.5	0.21	19.8
Iced Chocolate - semi skimmed milk	Grande	1522	364	18.5	12.8	35.6	34.1	3.8	11.9	0.30	26
Iced Chocolate - semi skimmed milk	Venti	1666	398	19.2	13.2	41.2	39.4	4.8	12.9	0.31	32.5
Iced Chocolate - whole milk	Tall	1237	296	16.9	11.5	26.2	25.1	2.9	8.4	0.20	19.8
Iced Chocolate - whole milk	Grande	1683	402	23.1	15.6	35.3	33.9	3.8	11.7	0.29	26
Iced Chocolate - whole milk	Venti	1833	438	23.9	16.2	40.9	39.1	4.8	12.6	0.30	32.5
Iced Chocolate - skimmed milk	Tall	1042	249	11.4	7.9	26.5	25.4	2.9	8.5	0.21	19.8
Iced Chocolate - skimmed milk	Grande	1401	335	15.1	10.4	35.8	34.4	3.8	11.9	0.30	26
Iced Chocolate - skimmed milk	Venti	1542	368	15.7	10.8	41.4	39.6	4.8	12.9	0.31	32.5
Iced Chocolate - almond drink	Tall	955	231	12.9	7.8	22.6	21.5	3.3	3.5	0.15	19.8
Iced Chocolate - almond drink	Grande	1276	308	17.2	10.4	30.2	28.7	4.3	4.7	0.21	26
Iced Chocolate - almond drink	Venti	1413	341	17.9	10.7	35.6	33.8	5.3	5.4	0.22	32.5
Iced Chocolate - soya drink	Tall	1073	257	14	8.2	22.7	21.5	3.9	8.1	0.17	19.8
Iced Chocolate - soya drink	Grande	1447	347	18.9	10.8	30.4	28.7	5.3	11.2	0.25	26
Iced Chocolate - soya drink	Venti	1589	381	19.6	11.2	35.8	33.7	6.3	12.2	0.26	32.5
Iced Chocolate - oat drink	Tall	1191	284	16	8.2	29.4	22.8	4.6	4	0.24	19.8
Iced Chocolate - oat drink	Grande	1616	385	21.6	10.8	39.9	30.5	6.2	5.4	0.34	26
Iced Chocolate - oat drink	Venti	1763	421	22.5	11.2	45.6	35.6	7.2	6.1	0.35	32.5
Iced Chocolate - coconut drink	Tall	1015	242	13.4	8.8	23.9	22.8	3.4	5.1	0.17	19.8
Iced Chocolate - coconut drink	Grande	1363	325	17.9	11.8	32	30.6	4.5	7	0.25	26
Iced Chocolate - coconut drink	Venti	1502	358	18.6	12.2	37.5	35.7	5.5	7.8	0.26	32.5

Frappuccino®		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Coffee Frappuccino® - semi skimmed milk	Tall	890	212	10.6	7.5	25.2	24.4	0.1	3.7	0.41	23
Coffee Frappuccino® - semi skimmed milk	Grande	1187	283	14	9.9	34.1	33	0.2	4.9	0.55	31.4
Coffee Frappuccino® - semi skimmed milk	Venti	1309	312	14.1	9.9	40.9	39.5	0.2	5	0.66	39.5
Coffee Frappuccino® - whole milk	Tall	942	225	12.1	8.4	25.2	24.4	0.1	3.6	0.41	23
Coffee Frappuccino® - whole milk	Grande	1255	299	15.9	11.1	34	32.9	0.2	4.8	0.55	31.4
Coffee Frappuccino® - whole milk	Venti	1377	328	16	11.1	40.8	39.4	0.2	4.9	0.66	39.5
Coffee Frappuccino® - skimmed milk	Tall	851	203	9.5	6.7	25.3	24.5	0.1	3.7	0.41	23
Coffee Frappuccino® - skimmed milk	Grande	1137	271	12.6	8.9	34.2	33.1	0.2	4.9	0.55	31.4
Coffee Frappuccino® - skimmed milk	Venti	1258	300	12.6	8.9	41	39.6	0.2	5	0.66	39.5
Coffee Frappuccino® - almond drink	Tall	811	195	10.2	6.7	23.5	22.7	0.3	1.4	0.38	23
Coffee Frappuccino® - almond drink	Grande	1084	260	13.5	8.8	31.8	30.7	0.4	1.8	0.52	31.4
Coffee Frappuccino® - almond drink	Venti	1205	289	13.5	8.9	38.6	37.2	0.4	2	0.62	39.5
Coffee Frappuccino® - soya drink	Tall	866	207	10.7	6.9	23.6	22.7	0.6	3.5	0.39	23
Coffee Frappuccino® - soya drink	Grande	1156	276	14.2	9	31.9	30.7	0.8	4.6	0.53	31.4
Coffee Frappuccino® - soya drink	Venti	1278	305	14.2	9.1	38.7	37.2	0.8	4.8	0.64	39.5
Coffee Frappuccino® - oat drink	Tall	920	219	11.6	6.9	26.6	23.3	0.9	1.6	0.42	23
Coffee Frappuccino® - oat drink	Grande	1226	292	15.3	9	35.9	31.5	1.1	2.1	0.57	31.4
Coffee Frappuccino® - oat drink	Venti	1349	321	15.4	9.1	42.7	38	1.2	2.3	0.68	39.5
Coffee Frappuccino® - coconut drink	Tall	839	200	10.4	7.2	24.1	23.3	0.4	2.1	0.39	23
Coffee Frappuccino® - coconut drink	Grande	1120	267	13.8	9.4	32.6	31.5	0.5	2.8	0.53	31.4
Coffee Frappuccino® - coconut drink	Venti	1242	296	13.8	9.5	39.4	38	0.5	3	0.64	39.5
Caramel Frappuccino® - semi skimmed milk	Tall	1133	270	12.3	8.5	35.6	34.2	0.1	3.9	0.46	23.1
Caramel Frappuccino® - semi skimmed milk	Grande	1452	346	15.8	11	45.6	43.9	0.2	5	0.60	30.8
Caramel Frappuccino® - semi skimmed milk	Venti	1628	388	16.1	11.1	54.9	52.9	0.2	5.2	0.72	39.5
Caramel Frappuccino® - whole milk	Tall	1185	282	13.8	9.5	35.5	34.2	0.1	3.8	0.46	23.1
Caramel Frappuccino® - whole milk	Grande	1518	362	17.7	12.2	45.5	43.8	0.2	4.9	0.60	30.8
Caramel Frappuccino® - whole milk	Venti	1696	404	18	12.3	54.8	52.8	0.2	5.1	0.72	39.5
Caramel Frappuccino® - skimmed milk	Tall	1094	261	11.2	7.8	35.6	34.3	0.1	3.9	0.46	23.1

Caramel Frappuccino® - skimmed milk	Grande	1402	334	14.4	10	45.7	44	0.2	5	0.60	30.8
Caramel Frappuccino® - skimmed milk	Venti	1577	375	14.6	10.1	55	53	0.2	5.2	0.72	39.5
Caramel Frappuccino® - almond drink	Tall	1053	252	11.9	7.8	33.8	32.5	0.3	1.5	0.44	23.1
Caramel Frappuccino® - almond drink	Grande	1351	323	15.3	10	43.3	41.7	0.4	2	0.56	30.8
Caramel Frappuccino® - almond drink	Venti	1524	364	15.5	10.1	52.6	50.6	0.4	2.2	0.69	39.5
Caramel Frappuccino® - soya drink	Tall	1108	265	12.4	7.9	33.9	32.5	0.6	3.7	0.45	23.1
Caramel Frappuccino® - soya drink	Grande	1421	339	16	10.2	43.4	41.7	0.8	4.7	0.58	30.8
Caramel Frappuccino® - soya drink	Venti	1596	380	16.2	10.3	52.7	50.6	0.8	4.9	0.70	39.5
Caramel Frappuccino® - oat drink	Tall	1163	277	13.3	7.9	37	33.1	0.9	1.8	0.48	23.1
Caramel Frappuccino® - oat drink	Grande	1491	355	17.1	10.2	47.3	42.4	1.1	2.3	0.62	30.8
Caramel Frappuccino® - oat drink	Venti	1667	397	17.4	10.3	56.7	51.4	1.2	2.4	0.74	39.5
Caramel Frappuccino® - coconut drink	Tall	1081	258	12.1	8.2	34.4	33.1	0.4	2.3	0.45	23.1
Caramel Frappuccino® - coconut drink	Grande	1387	330	15.6	10.6	44.1	42.5	0.5	3	0.58	30.8
Caramel Frappuccino® - coconut drink	Venti	1560	371	15.8	10.7	53.4	51.4	0.5	3.2	0.70	39.5
Mocha Frappuccino® - semi skimmed milk	Tall	999	238	11.1	7.8	29.6	28.5	1	4.3	0.40	28.6
Mocha Frappuccino® - semi skimmed milk	Grande	1315	314	14.6	10.2	39.1	37.7	1.3	5.5	0.53	37.9
Mocha Frappuccino® - semi skimmed milk	Venti	1512	360	15	10.4	49.1	47.1	1.7	6.1	0.66	49.7
Mocha Frappuccino® - whole milk	Tall	1050	251	12.6	8.7	29.6	28.5	1	4.2	0.40	28.6
Mocha Frappuccino® - whole milk	Grande	1380	329	16.5	11.4	39	37.6	1.3	5.4	0.53	37.9
Mocha Frappuccino® - whole milk	Venti	1580	376	16.9	11.6	49	47	1.7	6	0.66	49.7
Mocha Frappuccino® - skimmed milk	Tall	961	229	10.1	7	29.7	28.6	1	4.3	0.41	28.6
Mocha Frappuccino® - skimmed milk	Grande	1267	302	13.3	9.3	39.2	37.7	1.3	5.5	0.53	37.9
Mocha Frappuccino® - skimmed milk	Venti	1461	348	13.6	9.4	49.2	47.2	1.7	6.1	0.66	49.7
Mocha Frappuccino® - almond drink	Tall	922	221	10.7	7	27.9	26.8	1.2	2	0.38	28.6
Mocha Frappuccino® - almond drink	Grande	1217	292	14.1	9.3	37	35.5	1.5	2.6	0.50	37.9
Mocha Frappuccino® - almond drink	Venti	1408	337	14.4	9.4	46.8	44.9	1.9	3	0.62	49.7
Mocha Frappuccino® - soya drink	Tall	976	233	11.2	7.2	28	26.8	1.5	4.1	0.39	28.6
Mocha Frappuccino® - soya drink	Grande	1285	307	14.8	9.5	37	35.5	1.9	5.2	0.51	37.9
Mocha Frappuccino® - soya drink	Venti	1480	353	15.1	9.6	46.9	44.9	2.3	5.8	0.64	49.7
Mocha Frappuccino® - oat drink	Tall	1029	245	12.1	7.2	31	27.4	1.7	2.2	0.42	28.6
Mocha Frappuccino® - oat drink	Grande	1353	322	15.9	9.5	40.9	36.2	2.3	2.9	0.55	37.9
Mocha Frappuccino® - oat drink	Venti	1551	369	16.3	9.6	50.9	45.6	2.7	3.3	0.68	49.7
Mocha Frappuccino® - coconut drink	Tall	949	226	10.9	7.5	28.5	27.4	1.2	2.7	0.39	28.6
Mocha Frappuccino® - coconut drink	Grande	1251	298	14.4	9.8	37.7	36.2	1.6	3.6	0.51	37.9
Mocha Frappuccino® - coconut drink	Venti	1445	344	14.7	10	47.6	45.7	2	4	0.64	49.7
Java Chip Frappuccino® - semi skimmed milk	Tall	1153	275	13.4	9.6	33.2	30.9	1.7	4.6	0.42	28.4
Java Chip Frappuccino® - semi skimmed milk	Grande	1582	378	17.9	13	46.4	43.2	2.3	6.3	0.60	39.9
Java Chip Frappuccino® - semi skimmed milk	Venti	1880	448	19.4	14.1	59.4	55.1	3	7.1	0.76	53
Java Chip Frappuccino® - whole milk	Tall	1201	287	14.7	10.5	33.1	30.8	1.7	4.5	0.42	28.4
Java Chip Frappuccino® - whole milk	Grande	1648	393	19.8	14.1	46.3	43.1	2.3	6.2	0.60	39.9
Java Chip Frappuccino® - whole milk	Venti	1950	465	21.4	15.3	59.3	55	3	7	0.76	53
Java Chip Frappuccino® - skimmed milk	Tall	1117	267	12.4	8.9	33.3	31	1.7	4.6	0.43	28.4
Java Chip Frappuccino® - skimmed milk	Grande	1534	366	16.6	12	46.5	43.3	2.3	6.3	0.60	39.9
Java Chip Frappuccino® - skimmed milk	Venti	1828	436	18	13.1	59.5	55.2	3	7.1	0.76	53
Java Chip Frappuccino® - almond drink	Tall	1080	259	13	8.9	31.6	29.3	1.8	2.4	0.40	28.4
Java Chip Frappuccino® - almond drink	Grande	1483	355	17.4	12	44.3	41	2.5	3.3	0.56	39.9
Java Chip Frappuccino® - almond drink	Venti	1774	424	18.9	13	57.1	52.8	3.2	4	0.72	53
Java Chip Frappuccino® - soya drink	Tall	1131	270	13.5	9.1	31.7	29.3	2.1	4.4	0.41	28.4
Java Chip Frappuccino® - soya drink	Grande	1552	371	18.1	12.2	44.3	41	2.9	6	0.58	39.9
Java Chip Frappuccino® - soya drink	Venti	1848	441	19.6	13.2	57.2	52.7	3.6	6.8	0.74	53
Java Chip Frappuccino® - oat drink	Tall	1181	282	14.3	9.1	34.5	29.8	2.4	2.6	0.44	28.4
Java Chip Frappuccino® - oat drink	Grande	1620	386	19.2	12.2	48.2	41.7	3.2	3.6	0.61	39.9
Java Chip Frappuccino® - oat drink	Venti	1921	458	20.8	13.2	61.3	53.5	4	4.3	0.78	53
Java Chip Frappuccino® - coconut drink	Tall	1106	264	13.2	9.3	32.2	29.9	1.9	3.1	0.41	28.4
Java Chip Frappuccino® - coconut drink	Grande	1518	362	17.7	12.6	45	41.8	2.6	4.3	0.58	39.9
Java Chip Frappuccino® - coconut drink	Venti	1812	432	19.2	13.7	57.9	53.6	3.3	5	0.74	53
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	989	236	11.6	8.1	27.5	26.7	1.1	5	0.41	7.7
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1348	322	15.4	10.8	38.3	37.1	1.5	6.8	0.57	10.3
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1504	359	15.8	11.1	45.8	44.3	1.9	7.4	0.68	12.9
Chocolate Cream Frappuccino® - whole milk	Tall	1057	253	13.5	9.3	27.4	26.5	1.1	4.9	0.40	7.7
Chocolate Cream Frappuccino® - whole milk	Grande	1443	345	18.1	12.5	38.2	36.9	1.5	6.7	0.57	10.3
Chocolate Cream Frappuccino® - whole milk	Venti	1606	383	18.7	12.9	45.7	44.2	1.9	7.3	0.68	12.9
Chocolate Cream Frappuccino® - skimmed milk	Tall	938	224	10.2	7.1	27.6	26.8	1.1	5	0.41	7.7
Chocolate Cream Frappuccino® - skimmed milk	Grande	1278	305	13.5	9.5	38.4	37.2	1.5	6.8	0.58	10.3
Chocolate Cream Frappuccino® - skimmed milk	Venti	1429	341	13.7	9.6	46	44.5	1.9	7.4	0.68	12.9
Chocolate Cream Frappuccino® - almond drink	Tall	885	213	11.1	7.1	25.2	24.4	1.3	1.9	0.37	7.7
Chocolate Cream Frappuccino® - almond drink	Grande	1205	290	14.7	9.4	35.1	33.9	1.8	2.6	0.52	10.3
Chocolate Cream Frappuccino® - almond drink	Venti	1350	324	15	9.6	42.5	40.9	2.2	2.9	0.63	12.9
Chocolate Cream Frappuccino® - soya drink	Tall	958	229	11.7	7.3	25.3	24.4	1.7	4.7	0.39	7.7
Chocolate Cream Frappuccino® - soya drink	Grande	1305	312	15.6	9.7	35.3	33.9	2.4	6.4	0.54	10.3
Chocolate Cream Frappuccino® - soya drink	Venti	1458	349	16	9.8	42.6	40.9	2.8	7	0.65	12.9
Chocolate Cream Frappuccino® - oat drink	Tall	1029	246	12.9	7.3	29.4	25.1	2.1	2.2	0.42	7.7
Chocolate Cream Frappuccino® - oat drink	Grande	1403	335	17.3	9.7	40.8	35	2.9	3	0.60	10.3
Chocolate Cream Frappuccino® - oat drink	Venti	1563	373	17.8	9.8	48.6	42.1	3.4	3.3	0.71	12.9
Chocolate Cream Frappuccino® - coconut drink	Tall	922	220	11.4	7.7	26	25.2	1.4	2.9	0.39	7.7
Chocolate Cream Frappuccino® - coconut drink	Grande	1256	300	15.1	10.2	36.2	35	1.9	4	0.54	10.3
Chocolate Cream Frappuccino® - coconut drink	Venti	1405	335	15.5	10.4	43.6	42.1	2.3	4.4	0.65	12.9
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	885	212	10.9	7.7	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1214	290	14.5	10.2	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1380	329	14.8	10.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	952	227	12.8	8.9	24.3	23.8	0	4	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	1306	312	17.1	11.9	34.3	33.5	0	5.5	0.55	0
Vanilla Cream Frappuccino® - whole milk	Venti	1484	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1145	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1303	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	784	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	1074	258	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1222	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	855	205	11	6.9	22.3	21.7	0.6	3.8	0.37	0
Vanilla Cream Frappuccino® - soya drink	Grande	1172	280	14.7	9.1	31.4	30.6	0.8	5.3	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	1332	319	15	9.2	39.6	38.5	0.9	5.8	0.66	0
Vanilla Cream Frappuccino® - oat drink	Tall	924	221	12.2	6.9	26.2	22.4	1	1.4	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	1268	302	16.3	9.1	36.9	31.6	1.3	1.9	0.58	0
Vanilla Cream Frappuccino® - oat drink	Venti	1441	343	16.8	9.2	45.8	39.7	1.5	2	0.72	0
Vanilla Cream Frappuccino® - coconut drink	Tall	820	196	10.6	7.3	23	22.4	0.3	2.1	0.37	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1123	268	14.2	9.7	32.4	31.7	0.4	2.9	0.53	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1278	305	14.4	9.8	40.7	39.7	0.5	3.1	0.66	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	1064	254	12.6	8.7	31	30	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	1409	336	16.3	11.4	41.5	40.3	0	5.8	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	1594	380	16.8	11.7	50.8	49.3	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	1130	270	14.4	9.9	30.9	29.9	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	1501	358	18.9	13	41.4	40.2	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	1698	405	19.7	13.5	50.6	49.2	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	1014	242	11.2	7.8	31.1	30.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1340	320	14.4	10	41.7	40.5	0	5.8	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1517	362	14.6	10.2	51	49.5	0	6.4	0.76	0
Caramel Cream Frappuccino® - almond drink	Tall	963	231	12	7.7	28.7	27.8	0.2	1.3	0.41	0
Caramel Cream Frappuccino® - almond drink	Grande	1269	305	15.6	10	38.5	37.2	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1436	345	16	10.1	47.3	45.9	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	1033	247	12.7	7.9	28.8	27.7	0.6	4	0.43	0
Caramel Cream Frappuccino® - soya drink	Grande	1366	327	16.5	10.3	38.6	37.2	0.8	5.4	0.59	0

Caramel Cream Frappuccino® - soya drink	Venti	1546	370	17	10.4	47.5	45.8	0.9	6	0.73	0
Caramel Cream Frappuccino® - oat drink	Tall	1103	263	13.8	7.9	32.7	28.5	1	1.6	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	1462	349	18.1	10.3	44	38.3	1.3	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	1655	394	18.8	10.4	53.6	47	1.5	2.2	0.78	0
Caramel Cream Frappuccino® - coconut drink	Tall	998	238	12.3	8.3	29.5	28.5	0.3	2.2	0.43	0
Caramel Cream Frappuccino® - coconut drink	Grande	1318	314	16	10.8	39.5	38.3	0.4	3	0.59	0
Caramel Cream Frappuccino® - coconut drink	Venti	1492	356	16.4	11	48.5	47.1	0.5	3.3	0.73	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	959	229	10.9	7.7	28.4	27.4	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1300	310	14.4	10.2	39.2	37.8	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1434	342	14.6	10.3	46.4	44.7	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1024	245	12.8	8.8	28.3	27.3	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1388	331	17	11.7	39.1	37.7	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1527	364	17.2	11.9	46.3	44.5	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	910	217	9.5	6.7	28.5	27.5	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1234	294	12.6	8.9	39.3	37.9	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1364	325	12.6	8.9	46.5	44.8	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	859	206	10.4	6.7	26.2	25.2	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1165	280	13.8	8.8	36.2	34.8	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1291	310	13.9	8.9	43.3	41.5	0.6	1.7	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	928	222	11	6.9	26.3	25.2	0.8	3.9	0.37	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1259	301	14.6	9.1	36.3	34.8	1.1	5.2	0.52	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1390	332	14.8	9.1	43.4	41.5	1.2	5.5	0.61	0
Strawberries & Cream Frappuccino® - oat drink	Tall	997	238	12.2	6.9	30.1	25.9	1.2	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1351	322	16.2	9.1	41.6	35.8	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1488	354	16.4	9.1	48.9	42.6	1.7	2.1	0.66	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	894	213	10.7	7.3	26.9	25.9	0.5	2.2	0.37	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1212	289	14.1	9.6	37.2	35.9	0.7	2.9	0.52	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1341	319	14.3	9.7	44.4	42.6	0.8	3.1	0.61	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1142	273	13.9	9.6	31.6	27	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1528	365	18.4	12.7	42.7	36.6	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1766	422	19.7	13.6	52.9	45.2	0.4	8	0.96	0
Cookies & Cream Frappuccino® - whole milk	Tall	1212	290	15.9	10.8	31.5	26.9	0.2	5.2	0.57	0
Cookies & Cream Frappuccino® - whole milk	Grande	1621	387	21.1	14.4	42.6	36.5	0.3	6.9	0.77	0
Cookies & Cream Frappuccino® - whole milk	Venti	1870	446	22.7	15.4	52.7	45	0.4	7.8	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1090	260	12.5	8.6	31.7	27.1	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1458	348	16.5	11.4	42.8	36.8	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1689	403	17.6	12.1	53.1	45.4	0.4	8	0.96	0
Cookies & Cream Frappuccino® - almond drink	Tall	1036	249	13.4	8.6	29.2	24.7	0.4	2.2	0.53	0
Cookies & Cream Frappuccino® - almond drink	Grande	1386	333	17.7	11.3	39.6	33.5	0.6	2.9	0.72	0
Cookies & Cream Frappuccino® - almond drink	Venti	1608	386	18.9	12	49.4	41.7	0.7	3.3	0.90	0
Cookies & Cream Frappuccino® - soya drink	Tall	1110	266	14.1	8.8	29.3	24.7	0.8	5	0.55	0
Cookies & Cream Frappuccino® - soya drink	Grande	1485	355	18.6	11.6	39.7	33.5	1.1	6.7	0.74	0
Cookies & Cream Frappuccino® - soya drink	Venti	1718	411	20	12.3	49.5	41.7	1.3	7.6	0.93	0
Cookies & Cream Frappuccino® - oat drink	Tall	1183	282	15.3	8.8	33.4	25.5	1.2	2.5	0.59	0
Cookies & Cream Frappuccino® - oat drink	Grande	1582	378	20.2	11.6	45.2	34.5	1.6	3.3	0.79	0
Cookies & Cream Frappuccino® - oat drink	Venti	1827	436	21.8	12.3	55.7	42.9	1.9	3.8	0.99	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1074	256	13.7	9.2	30.1	25.5	0.5	3.2	0.55	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1436	343	18.1	12.1	40.7	34.6	0.7	4.2	0.74	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1664	397	19.4	12.9	50.6	42.9	0.8	4.9	0.93	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1170	280	14	10.2	32.1	29.9	1.7	5.4	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Grande	1585	379	18.8	13.6	44.1	41	2.3	7.3	0.63	10.3
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Venti	1776	424	19.9	14.5	52.1	48.4	2.8	8	0.74	12.6
Double Chocolatey Chip Cream Frappuccino® - whole milk	Tall	1239	296	16	11.4	32	29.8	1.7	5.3	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® - whole milk	Grande	1678	401	21.4	15.3	43.9	40.9	2.3	7.2	0.63	10.3
Double Chocolatey Chip Cream Frappuccino® - whole milk	Venti	1875	448	22.7	16.2	52	48.3	2.8	7.8	0.74	12.6
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Tall	1118	267	12.6	9.2	32.2	30	1.7	5.4	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Grande	1515	362	16.8	12.3	44.2	41.2	2.3	7.3	0.64	10.3
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Venti	1703	407	17.8	13	52.3	48.6	2.8	8	0.75	12.6
Double Chocolatey Chip Cream Frappuccino® - almond drink	Tall	1065	256	13.5	9.1	29.8	27.6	1.9	2.3	0.42	7.7
Double Chocolatey Chip Cream Frappuccino® - almond drink	Grande	1443	347	18.1	12.2	40.9	37.9	2.5	3.1	0.58	10.3
Double Chocolatey Chip Cream Frappuccino® - almond drink	Venti	1627	391	19.1	13	48.8	45.1	3.1	3.5	0.69	12.6
Double Chocolatey Chip Cream Frappuccino® - soya drink	Tall	1138	272	14.2	9.3	29.9	27.6	2.3	5.1	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® - soya drink	Grande	1542	369	19	12.5	41	37.9	3.1	6.9	0.61	10.3
Double Chocolatey Chip Cream Frappuccino® - soya drink	Venti	1731	414	20.1	13.3	48.9	45.1	3.6	7.5	0.71	12.6
Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1210	289	15.4	9.3	34	28.4	2.7	2.6	0.48	7.7
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1639	391	20.6	12.5	46.6	39	3.6	3.5	0.66	10.3
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	1834	438	21.8	13.3	54.7	46.2	4.2	4	0.77	12.6
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1102	263	13.8	9.7	30.6	28.4	2	3.3	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1493	357	18.5	13	42	39	2.7	4.5	0.61	10.3
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1680	401	19.5	13.9	50	46.3	3.2	5	0.71	12.6
Matcha Cream Frappuccino® - semi skimmed milk	Tall	927	221	11	7.8	25.4	24.9	0.8	4.8	0.41	53.8
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1247	298	14.6	10.3	34.8	34	1.1	6.4	0.56	74.3
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1379	329	14.8	10.4	41.5	40.5	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino® - whole milk	Tall	996	238	13	9	25.3	24.8	0.8	4.7	0.41	53.8
Matcha Cream Frappuccino® - whole milk	Grande	1340	320	17.2	11.9	34.6	33.9	1.1	6.3	0.56	74.3
Matcha Cream Frappuccino® - whole milk	Venti	1478	353	17.6	12.2	41.3	40.4	1.4	6.8	0.66	92.7
Matcha Cream Frappuccino® - skimmed milk	Tall	875	209	9.6	6.8	25.5	25	0.8	4.8	0.41	53.8
Matcha Cream Frappuccino® - skimmed milk	Grande	1178	281	12.7	8.9	34.9	34.2	1.1	6.4	0.56	74.3
Matcha Cream Frappuccino® - skimmed milk	Venti	1304	311	12.7	8.9	41.6	40.7	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino® - almond drink	Tall	821	198	10.5	6.7	23.1	22.6	1	1.7	0.37	53.8
Matcha Cream Frappuccino® - almond drink	Grande	1106	266	13.9	8.9	31.7	30.9	1.4	2.2	0.51	74.3
Matcha Cream Frappuccino® - almond drink	Venti	1227	295	14	8.9	38.1	37.2	1.7	2.5	0.61	92.7
Matcha Cream Frappuccino® - soya drink	Tall	894	214	11.2	6.9	23.2	22.6	1.4	4.5	0.39	53.8
Matcha Cream Frappuccino® - soya drink	Grande	1204	288	14.8	9.1	31.8	30.9	1.9	6	0.53	74.3
Matcha Cream Frappuccino® - soya drink	Venti	1333	319	15	9.2	38.2	37.2	2.3	6.5	0.64	92.7
Matcha Cream Frappuccino® - oat drink	Tall	967	231	12.4	6.9	27.3	23.3	1.8	2	0.43	53.8
Matcha Cream Frappuccino® - oat drink	Grande	1301	310	16.4	9.1	37.3	32	2.4	2.6	0.58	74.3
Matcha Cream Frappuccino® - oat drink	Venti	1437	342	16.8	9.2	44.1	38.3	2.8	2.9	0.69	92.7
Matcha Cream Frappuccino® - coconut drink	Tall	858	205	10.8	7.3	23.9	23.4	1.1	2.7	0.39	53.8
Matcha Cream Frappuccino® - coconut drink	Grande	1156	276	14.3	9.7	32.8	32	1.5	3.6	0.53	74.3
Matcha Cream Frappuccino® - coconut drink	Venti	1281	305	14.5	9.8	39.3	38.4	1.8	3.9	0.64	92.7
Refreshment	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Peach Iced Tea	Tall	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
Peach Iced Tea	Venti	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1
Cool Lime Starbucks Refresha™	Tall	223	53	0.1	0	12.3	11.9	0.4	0.2	0.01	7.4
Cool Lime Starbucks Refresha™	Grande	290	69	0.1	0	16.1	15.6	0.4	0.2	0.02	9.8
Cool Lime Starbucks Refresha™	Venti	361	86	0.1	0	20.1	19.6	0.4	0.2	0.02	12.4
Strawberry Acai Starbucks Refresha®	Tall	266	63	0.1	0	14.3	14.1	0.7	0.3	0.01	3.7
Strawberry Acai Starbucks Refresha®	Grande	337	80	0.1	0	18.4	18.1	0.7	0.4	0.01	4.9
Strawberry Acai Starbucks Refresha®	Venti	413	98	0.1	0	22.7	22.4	0.7	0.4	0.01	6.2
Very Berry Hibiscus Refresha	Tall	320	76	0.1	0	16	15.8	2.3	0.7	0.04	37.2
Very Berry Hibiscus Refresha	Grande	398	94	0.1	0	20.5	20.2	2.3	0.7	0.05	49.2
Very Berry Hibiscus Refresha	Venti	481	114	0.1	0	25.3	24.9	2.3	0.8	0.07	62
Very Berry Hibiscus Coconut Refresha	Tall	454	107	1.6	0.7	19.2	19	2.6	2.1	0.13	37.2
Very Berry Hibiscus Coconut Refresha	Grande	576	136	2.1	0.9	24.7	24.4	2.7	2.6	0.17	49.2
Very Berry Hibiscus Coconut Refresha	Venti	696	164	2.5	1.1	30.4	30.1	2.8	3.1	0.21	62
Orange & Mango Refresha	Tall	228	54	0	0	12.8	12.6	0.3	0	0.00	3.7
Orange & Mango Refresha	Grande	298	71	0	0	16.8	16.6	0.3	0	0.00	4.9
Orange & Mango Refresha	Venti	372	88	0	0	21.1	20.7	0.3	0	0.00	6.2
Orange & Mango Coconut Refresha	Tall	362	86	1.5							

Orange & Mango Coconut Refresha	Venti	587	139	2.3	1.1	26.2	25.9	0.7	2.4	0.14	6.2
Mango Dragonfruit Starbucks Refresha®	Tall	313	74	0.3	0.1	16.4	16.3	0.7	0.5	0.00	3.7
Mango Dragonfruit Starbucks Refresha®	Grande	381	90	0.3	0.1	20.3	20.2	0.7	0.5	0.01	4.9
Mango Dragonfruit Starbucks Refresha®	Venti	455	107	0.3	0.1	24.5	24.4	0.7	0.5	0.01	6.2
Dragon Coconut Starbucks Refresha®	Tall	446	105	1.8	0.8	19.6	19.5	1	1.9	0.09	3.7
Dragon Coconut Starbucks Refresha®	Grande	559	132	2.3	1	24.5	24.4	1.1	2.4	0.12	4.9
Dragon Coconut Starbucks Refresha®	Venti	670	158	2.7	1.2	29.6	29.5	1.2	2.8	0.15	6.2
Hot Teas		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
English Breakfast Tea	Tall	20	5	0.1	0	0	0	0	0.8	0.00	102
English Breakfast Tea	Grande	20	5	0.1	0	0	0	0	0.8	0.00	102
English Breakfast Tea	Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	204
Emperor's Clouds & Mist Tea	Tall	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Earl Grey Tea	Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Spiced Apple Tea	Tall	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Grande	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Venti	76	18	0.6	0.4	3	2.7	0	0.2	0.01	0
Tea Latte		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Green Tea Latte - semi skimmed milk	Tall	564	134	4.7	3	12.7	12.7	0.8	10	0.29	57.2
Matcha Green Tea Latte - semi skimmed milk	Grande	679	161	5.6	3.6	15.2	15.2	1.2	12	0.34	83
Matcha Green Tea Latte - semi skimmed milk	Venti	912	217	7.5	4.8	20.4	20.4	1.7	16.2	0.46	111.6
Matcha Green Tea Latte - whole milk	Tall	744	177	9.8	6.2	12.4	12.4	0.8	9.7	0.28	57.2
Matcha Green Tea Latte - whole milk	Grande	894	213	11.7	7.4	14.9	14.9	1.2	11.7	0.34	83
Matcha Green Tea Latte - whole milk	Venti	1201	286	15.7	9.9	20	20	1.7	15.7	0.45	111.6
Matcha Green Tea Latte - skimmed milk	Tall	429	102	0.9	0.4	13	13	0.8	10	0.30	57.2
Matcha Green Tea Latte - skimmed milk	Grande	518	123	1.1	0.4	15.5	15.5	1.2	12	0.35	83
Matcha Green Tea Latte - skimmed milk	Venti	696	165	1.5	0.6	20.9	20.9	1.7	16.2	0.47	111.6
Matcha Green Tea Latte - almond drink	Tall	290	72	3.3	0.3	6.7	6.7	1.4	1.9	0.19	57.2
Matcha Green Tea Latte - almond drink	Grande	351	88	3.9	0.3	8	8	1.9	2.4	0.23	83
Matcha Green Tea Latte - almond drink	Venti	472	118	5.3	0.5	10.8	10.8	2.5	3.2	0.31	111.6
Matcha Green Tea Latte - soya drink	Tall	480	115	5.1	0.8	6.9	6.6	2.4	9.2	0.24	57.2
Matcha Green Tea Latte - soya drink	Grande	579	139	6.1	1	8.3	7.9	3.1	11.1	0.28	83
Matcha Green Tea Latte - soya drink	Venti	778	187	8.2	1.3	11.1	10.7	4.2	14.9	0.38	111.6
Matcha Green Tea Latte - oat drink	Tall	669	158	8.2	0.8	17.5	8.7	3.5	2.6	0.34	57.2
Matcha Green Tea Latte - oat drink	Grande	804	190	9.8	1	21	10.4	4.3	3.3	0.40	83
Matcha Green Tea Latte - oat drink	Venti	1080	256	13.2	1.3	28.2	14	5.8	4.4	0.54	111.6
Matcha Green Tea Latte - coconut drink	Tall	386	91	4	1.9	8.8	8.8	1.6	4.5	0.24	57.2
Matcha Green Tea Latte - coconut drink	Grande	467	110	4.9	2.2	10.5	10.5	2.2	5.5	0.28	83
Matcha Green Tea Latte - coconut drink	Venti	627	148	6.5	3	14.1	14.1	2.9	7.4	0.38	111.6
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	345	82	2.8	1.8	7.6	7.6	0.8	6.2	0.17	56
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	492	117	4	2.5	10.9	10.9	1.3	8.8	0.25	84.6
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	569	135	4.6	2.9	12.4	12.4	1.7	10.2	0.28	113
Iced Matcha Green Tea Latte - whole milk	Tall	453	108	5.9	3.7	7.5	7.5	0.8	6	0.17	56
Iced Matcha Green Tea Latte - whole milk	Grande	645	154	8.4	5.3	10.6	10.6	1.3	8.6	0.24	84.6
Iced Matcha Green Tea Latte - whole milk	Venti	744	177	9.6	6	12.2	12.2	1.7	10	0.27	113
Iced Matcha Green Tea Latte - skimmed milk	Tall	265	63	0.6	0.2	7.8	7.8	0.8	6.2	0.18	56
Iced Matcha Green Tea Latte - skimmed milk	Grande	378	90	0.8	0.3	11.1	11.1	1.3	8.8	0.25	84.6
Iced Matcha Green Tea Latte - skimmed milk	Venti	439	104	1	0.4	12.7	12.7	1.7	10.2	0.29	113
Iced Matcha Green Tea Latte - almond drink	Tall	181	45	2	0.2	4	4	1.1	1.3	0.12	56
Iced Matcha Green Tea Latte - almond drink	Grande	260	65	2.8	0.3	5.7	5.7	1.7	1.9	0.17	84.6
Iced Matcha Green Tea Latte - almond drink	Venti	303	75	3.3	0.3	6.6	6.6	2.2	2.4	0.19	113
Iced Matcha Green Tea Latte - soya drink	Tall	295	71	3.1	0.5	4.2	4	1.8	5.7	0.14	56
Iced Matcha Green Tea Latte - soya drink	Grande	422	101	4.4	0.7	5.9	5.7	2.6	8.2	0.20	84.6
Iced Matcha Green Tea Latte - soya drink	Venti	488	117	5	0.8	6.8	6.5	3.2	9.5	0.23	113
Iced Matcha Green Tea Latte - oat drink	Tall	408	97	4.9	0.5	10.5	5.2	2.4	1.8	0.20	56
Iced Matcha Green Tea Latte - oat drink	Grande	582	138	7	0.7	15	7.4	3.5	2.6	0.29	84.6
Iced Matcha Green Tea Latte - oat drink	Venti	671	159	8.1	0.8	17.1	8.5	4.2	3.1	0.33	113
Iced Matcha Green Tea Latte - coconut drink	Tall	239	56	2.5	1.1	5.3	5.3	1.3	2.9	0.14	56
Iced Matcha Green Tea Latte - coconut drink	Grande	342	81	3.5	1.6	7.5	7.5	1.9	4.2	0.20	84.6
Iced Matcha Green Tea Latte - coconut drink	Venti	397	94	4	1.8	8.6	8.6	2.4	4.9	0.23	113
Chai Tea Latte - semi skimmed milk	Tall	546	129	2.5	1.6	21.4	21.4	0.2	5.1	0.17	39.3
Chai Tea Latte - semi skimmed milk	Grande	764	181	3.7	2.3	29.4	29.3	0.3	7.4	0.24	52.4
Chai Tea Latte - semi skimmed milk	Venti	958	227	4.6	2.9	36.8	36.7	0.3	9.3	0.30	65.5
Chai Tea Latte - whole milk	Tall	642	152	5.3	3.3	21.3	21.2	0.2	5	0.16	39.3
Chai Tea Latte - whole milk	Grande	905	214	7.7	4.8	29.2	29.1	0.3	7.2	0.24	52.4
Chai Tea Latte - whole milk	Venti	1135	269	9.6	6.1	36.6	36.4	0.3	9.1	0.30	65.5
Chai Tea Latte - skimmed milk	Tall	474	112	0.5	0.2	21.6	21.5	0.2	5.1	0.17	39.3
Chai Tea Latte - skimmed milk	Grande	659	156	0.7	0.3	29.6	29.5	0.3	7.4	0.25	52.4
Chai Tea Latte - skimmed milk	Venti	826	195	0.9	0.4	37.1	37	0.3	9.3	0.31	65.5
Chai Tea Latte - almond drink	Tall	399	96	1.8	0.1	18.2	18.1	0.5	0.8	0.12	39.3
Chai Tea Latte - almond drink	Grande	550	132	2.6	0.2	24.7	24.6	0.7	1.1	0.17	52.4
Chai Tea Latte - almond drink	Venti	689	166	3.2	0.3	30.9	30.8	0.9	1.4	0.21	65.5
Chai Tea Latte - soya drink	Tall	501	119	2.7	0.4	18.3	18.1	1	4.7	0.14	39.3
Chai Tea Latte - soya drink	Grande	699	166	4	0.6	24.9	24.6	1.5	6.9	0.20	52.4
Chai Tea Latte - soya drink	Venti	876	208	5	0.8	31.1	30.7	1.9	8.6	0.25	65.5
Chai Tea Latte - oat drink	Tall	602	142	4.4	0.4	24	19.2	1.6	1.2	0.19	39.3
Chai Tea Latte - oat drink	Grande	846	200	6.4	0.6	33.2	26.2	2.3	1.7	0.28	52.4
Chai Tea Latte - oat drink	Venti	1061	250	8.1	0.8	41.6	32.8	2.9	2.2	0.35	65.5
Chai Tea Latte - coconut drink	Tall	451	106	2.2	1	19.3	19.2	0.6	2.2	0.14	39.3
Chai Tea Latte - coconut drink	Grande	626	147	3.2	1.4	26.3	26.2	0.9	3.2	0.20	52.4
Chai Tea Latte - coconut drink	Venti	784	184	4	1.8	33	32.8	1.1	4	0.25	65.5
Iced Chai Tea Latte - semi skimmed milk	Tall	559	132	2.6	1.7	21.7	21.7	0.2	5.3	0.17	39.3
Iced Chai Tea Latte - semi skimmed milk	Grande	760	180	3.6	2.3	29.3	29.2	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - semi skimmed milk	Venti	883	209	4	2.5	35.1	35	0.3	8	0.26	65.5
Iced Chai Tea Latte - whole milk	Tall	660	156	5.5	3.5	21.6	21.5	0.2	5.2	0.17	39.3
Iced Chai Tea Latte - whole milk	Grande	899	213	7.6	4.8	29.1	29	0.3	7.2	0.23	52.4
Iced Chai Tea Latte - whole milk	Venti	1034	245	8.3	5.2	34.8	34.7	0.3	7.8	0.26	65.5
Iced Chai Tea Latte - skimmed milk	Tall	484	114	0.5	0.2	21.9	21.8	0.2	5.3	0.18	39.3
Iced Chai Tea Latte - skimmed milk	Grande	656	155	0.7	0.3	29.5	29.4	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - skimmed milk	Venti	769	181	0.8	0.3	35.3	35.2	0.3	8	0.27	65.5
Iced Chai Tea Latte - almond drink	Tall	406	98	1.8	0.2	18.4	18.3	0.5	0.8	0.12	39.3
Iced Chai Tea Latte - almond drink	Grande	548	132	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4
Iced Chai Tea Latte - almond drink	Venti	652	157	2.8	0.2	30	29.9	0.8	1.2	0.18	65.5
Iced Chai Tea Latte - soya drink	Tall	512	122	2.9	0.4	18.5	18.3	1.1	4.9	0.14	39.3
Iced Chai Tea Latte - soya drink	Grande	695	165	3.9	0.6	24.8	24.5	1.5	6.8	0.20	52.4
Iced Chai Tea Latte - soya drink	Venti	812	193	4.3	0.7	30.2	29.8	1.7	7.4	0.22	65.5
Iced Chai Tea Latte - oat drink	Tall	618	146	4.6	0.4	24.4	19.4	1.7	1.2	0.20	39.3
Iced Chai Tea Latte - oat drink	Grande	841	198	6.3	0.6	33	26.1	2.3	1.7	0.28	52.4
Iced Chai Tea Latte - oat drink	Venti	971	229	6.9	0.7	39.1	31.6	2.5	1.9	0.30	65.5
Iced Chai Tea Latte - coconut drink	Tall	460	108	2.3	1	19.5	19.5	0.6	2.3	0.14	39.3
Iced Chai Tea Latte - coconut drink	Grande	623	146	3.1	1.4	26.3	26.2	0.9	3.1	0.20	52.4
Iced Chai Tea Latte - coconut drink	Venti	733	172	3.4	1.6	31.7	31.6	1	3.4	0.22	65.5
Summer FY26 Promo Beverages		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caramelised Banana Latte - semi skimmed milk	Tall	635	151	3.9	2.6	21.1	20.3	0.3	7.7	0.34	85.5

Iced Caramelised Banana Latte - semi skimmed milk	Grande	911	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - semi skimmed milk	Venti	1051	249	6.4	4.4	35.9	34.5	0.4	11.9	0.56	128.2
Iced Caramelised Banana Latte - whole milk	Tall	730	173	6.6	4.3	21	20.1	0.3	7.6	0.33	85.5
Iced Caramelised Banana Latte - whole milk	Grande	1058	251	9.8	6.5	29.9	28.9	0.3	10.8	0.48	85.5
Iced Caramelised Banana Latte - whole milk	Venti	1199	285	10.6	7.1	35.7	34.3	0.4	11.7	0.55	128.2
Iced Caramelised Banana Latte - skimmed milk	Tall	564	134	1.9	1.3	21.3	20.4	0.3	7.7	0.34	85.5
Iced Caramelised Banana Latte - skimmed milk	Grande	802	190	2.6	1.8	30.3	29.4	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - skimmed milk	Venti	939	223	3.2	2.2	36.1	34.8	0.4	11.9	0.56	128.2
Iced Caramelised Banana Latte - almond drink	Tall	490	118	3.1	1.2	17.9	17.1	0.6	3.4	0.29	85.5
Iced Caramelised Banana Latte - almond drink	Grande	689	166	4.6	1.7	25.2	24.3	0.7	4.5	0.41	85.5
Iced Caramelised Banana Latte - almond drink	Venti	824	198	5.2	2.2	30.9	29.6	0.9	5.3	0.48	128.2
Iced Caramelised Banana Latte - soya drink	Tall	591	141	4.1	1.5	18.1	17.1	1.1	7.3	0.31	85.5
Iced Caramelised Banana Latte - soya drink	Grande	844	201	6	2.1	25.4	24.2	1.6	10.4	0.44	85.5
Iced Caramelised Banana Latte - soya drink	Venti	982	234	6.7	2.6	31.1	29.5	1.8	11.3	0.51	128.2
Iced Caramelised Banana Latte - oat drink	Tall	690	164	5.7	1.5	23.7	18.1	1.7	3.8	0.36	85.5
Iced Caramelised Banana Latte - oat drink	Grande	997	236	8.6	2.1	34	25.9	2.4	5.1	0.53	85.5
Iced Caramelised Banana Latte - oat drink	Venti	1137	269	9.3	2.6	39.9	31.2	2.6	5.9	0.60	128.2
Iced Caramelised Banana Latte - coconut drink	Tall	541	128	3.5	2.1	19.1	18.2	0.7	4.8	0.31	85.5
Iced Caramelised Banana Latte - coconut drink	Grande	767	181	5.2	3	26.9	26	0.9	6.6	0.44	85.5
Iced Caramelised Banana Latte - coconut drink	Venti	904	214	5.8	3.5	32.6	31.3	1.1	7.4	0.51	128.2
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Tall	455	108	3	2.1	15.1	14.3	0.3	5	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Grande	608	145	3.9	2.7	21	19.7	0.4	6.2	0.30	128.2
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Venti	768	183	4.8	3.4	26.9	25.3	0.6	7.6	0.38	171
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	532	127	5.2	3.4	15	14.2	0.3	4.9	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	700	166	6.5	4.3	20.8	19.6	0.4	6.1	0.30	128.2
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	875	208	7.9	5.3	26.8	25.1	0.6	7.4	0.38	171
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	397	94	1.4	1	15.2	14.4	0.3	5	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	540	128	2	1.4	21.1	19.9	0.4	6.2	0.31	128.2
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	688	163	2.6	1.8	27.1	25.5	0.6	7.6	0.39	171
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	337	82	2.4	0.9	12.5	11.7	0.5	1.5	0.19	85.5
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	470	113	3.2	1.3	17.9	16.7	0.7	2.1	0.26	128.2
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	605	146	4	1.8	23.3	21.7	0.9	2.8	0.33	171
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	419	100	3.2	1.1	12.6	11.7	1	4.7	0.21	85.5
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	566	135	4.1	1.6	18	16.7	1.2	5.9	0.28	128.2
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	719	171	5.1	2.1	23.5	21.7	1.5	7.1	0.35	171
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	500	118	4.5	1.1	17.2	12.6	1.4	1.9	0.25	85.5
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	661	157	5.7	1.6	23.4	17.7	1.8	2.5	0.33	128.2
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	831	197	6.9	2.1	29.8	22.9	2.1	3.2	0.41	171
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	379	90	2.7	1.6	13.4	12.6	0.6	2.7	0.21	85.5
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	519	123	3.6	2.1	19	17.7	0.8	3.5	0.28	128.2
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	663	157	4.5	2.7	24.6	23	1	4.3	0.35	171
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Tall	701	166	4.7	3.3	22.4	22.2	0.9	8.2	0.36	55.7
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Grande	948	225	6.4	4.4	30.2	30	1.1	11.1	0.49	70.5
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Venti	1114	264	7.4	5.1	36.2	35.9	1.2	12.7	0.58	78
Iced Caramelised Banana Matcha Latte - whole milk	Tall	829	197	8.3	5.5	22.3	22	0.9	8	0.36	55.7
Iced Caramelised Banana Matcha Latte - whole milk	Grande	1122	267	11.3	7.5	30	29.7	1.1	10.9	0.48	70.5
Iced Caramelised Banana Matcha Latte - whole milk	Venti	1310	311	13	8.6	35.9	35.6	1.2	12.4	0.57	78
Iced Caramelised Banana Matcha Latte - skimmed milk	Tall	606	143	2	1.4	22.6	22.4	0.9	8.2	0.37	55.7
Iced Caramelised Banana Matcha Latte - skimmed milk	Grande	817	193	2.7	1.9	30.5	30.2	1.1	11.1	0.50	70.5
Iced Caramelised Banana Matcha Latte - skimmed milk	Venti	967	229	3.3	2.3	36.5	36.2	1.2	12.7	0.58	78
Iced Caramelised Banana Matcha Latte - almond drink	Tall	507	123	3.7	1.3	18.2	18	1.2	2.5	0.30	55.7
Iced Caramelised Banana Matcha Latte - almond drink	Grande	681	165	5	1.8	24.4	24.1	1.6	3.3	0.40	70.5
Iced Caramelised Banana Matcha Latte - almond drink	Venti	815	197	5.9	2.2	29.7	29.3	1.8	3.9	0.47	78
Iced Caramelised Banana Matcha Latte - soya drink	Tall	642	153	5	1.7	18.3	17.9	2	7.7	0.32	55.7
Iced Caramelised Banana Matcha Latte - soya drink	Grande	867	207	6.8	2.3	24.6	24.1	2.6	10.4	0.44	70.5
Iced Caramelised Banana Matcha Latte - soya drink	Venti	1023	244	7.8	2.8	29.9	29.3	2.9	11.9	0.52	78
Iced Caramelised Banana Matcha Latte - oat drink	Tall	776	183	7.2	1.7	25.9	19.4	2.7	3	0.40	55.7
Iced Caramelised Banana Matcha Latte - oat drink	Grande	1049	248	9.8	2.3	34.9	26	3.6	4	0.54	70.5
Iced Caramelised Banana Matcha Latte - oat drink	Venti	1228	291	11.2	2.8	41.5	31.5	4	4.7	0.63	78
Iced Caramelised Banana Matcha Latte - coconut drink	Tall	576	136	4.3	2.5	19.7	19.4	1.4	4.3	0.32	55.7
Iced Caramelised Banana Matcha Latte - coconut drink	Grande	775	183	5.8	3.3	26.4	26.1	1.8	5.9	0.44	70.5
Iced Caramelised Banana Matcha Latte - coconut drink	Venti	921	217	6.7	3.9	31.9	31.6	2.1	6.7	0.52	78
Iced Caramelised Banana Latte - semi skimmed milk	Tall	635	151	3.9	2.6	21.1	20.3	0.3	7.7	0.34	85.5
Iced Caramelised Banana Latte - semi skimmed milk	Grande	911	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - semi skimmed milk	Venti	1051	249	6.4	4.4	35.9	34.5	0.4	11.9	0.56	128.2
Cherry & Pomegranate Refresha Drink	Tall	362	85	0.1	0	20.4	19.6	0.5	0.4	0.00	8.4
Cherry & Pomegranate Refresha Drink	Grande	447	106	0.1	0	25.4	24.6	0.5	0.4	0.01	11.1
Cherry & Pomegranate Refresha Drink	Venti	535	126	0.1	0	30.6	29.7	0.5	0.4	0.01	13.9
Brown Sugar Frappuccino - semi skimmed milk	Tall	918	219	11.1	7	26.3	25.2	0.1	3.3	0.32	17.2
Brown Sugar Frappuccino - semi skimmed milk	Grande	1279	305	14.4	9	38.9	37.3	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - semi skimmed milk	Venti	1352	322	13.1	8.1	45.6	43.8	0.2	5.1	0.63	37
Brown Sugar Frappuccino - whole milk	Tall	957	228	12.2	7.6	26.2	25.1	0.1	3.3	0.32	17.2
Brown Sugar Frappuccino - whole milk	Grande	1339	319	16	10	38.8	37.2	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - whole milk	Venti	1416	337	14.9	9.3	45.5	43.7	0.2	5	0.62	37
Brown Sugar Frappuccino - skimmed milk	Tall	889	212	10.3	6.4	26.3	25.2	0.1	3.3	0.32	17.2
Brown Sugar Frappuccino - skimmed milk	Grande	1235	294	13.1	8.1	39	37.4	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - skimmed milk	Venti	1305	310	11.8	7.2	45.7	43.9	0.2	5.1	0.63	37
Brown Sugar Frappuccino - almond drink	Tall	859	206	10.8	6.4	25	23.9	0.2	1.6	0.30	17.2
Brown Sugar Frappuccino - almond drink	Grande	1188	285	13.9	8.1	36.9	35.3	0.4	2.2	0.47	27.7
Brown Sugar Frappuccino - almond drink	Venti	1255	300	12.6	7.2	43.5	41.6	0.4	2.2	0.59	37
Brown Sugar Frappuccino - soya drink	Tall	900	215	11.2	6.5	25	23.9	0.5	3.2	0.31	17.2
Brown Sugar Frappuccino - soya drink	Grande	1252	299	14.5	8.2	37	35.3	0.7	4.6	0.48	27.7
Brown Sugar Frappuccino - soya drink	Venti	1323	315	13.2	7.4	43.6	41.6	0.8	4.8	0.61	37
Brown Sugar Frappuccino - oat drink	Tall	941	224	11.9	6.5	27.3	24.3	0.7	1.7	0.33	17.2
Brown Sugar Frappuccino - oat drink	Grande	1314	313	15.5	8.2	40.5	36	1	2.4	0.52	27.7
Brown Sugar Frappuccino - oat drink	Venti	1390	331	14.3	7.4	47.3	42.3	1.2	2.5	0.64	37
Brown Sugar Frappuccino - coconut drink	Tall	880	210	11	6.7	25.4	24.3	0.3	2.1	0.31	17.2
Brown Sugar Frappuccino - coconut drink	Grande	1220	291	14.2	8.6	37.6	36	0.4	3	0.48	27.7
Brown Sugar Frappuccino - coconut drink	Venti	1289	307	12.9	7.8	44.2	42.4	0.5	3.1	0.61	37
Caramel Mocha Frappuccino - semi skimmed milk	Tall	1360	325	18	11.2	36	34.2	0.8	4.4	0.36	21.3
Caramel Mocha Frappuccino - semi skimmed milk	Grande	1694	405	20.1	12.6	49	46.6	1.2	6	0.53	34
Caramel Mocha Frappuccino - semi skimmed milk	Venti	1933	461	21.2	13.2	59.8	56.9	1.7	6.7	0.67	46.1
Caramel Mocha Frappuccino - whole milk	Tall	1398	334	19	11.9	35.9	34.1	0.8	4.3	0.36	21.3
Caramel Mocha Frappuccino - whole milk	Grande	1752	418	21.8	13.6	48.9	46.6	1.2	5.9	0.53	34
Caramel Mocha Frappuccino - whole milk	Venti	1996	476	22.9	14.3	59.7	56.8	1.7	6.6	0.67	46.1
Caramel Mocha Frappuccino - skimmed milk	Tall	1331	318	17.2	10.7	36	34.2	0.8	4.4	0.36	21.3
Caramel Mocha Frappuccino - skimmed milk	Grande	1651	394	18.9	11.7	49.1	46.7	1.2	6	0.53	34
Caramel Mocha Frappuccino - skimmed milk	Venti	1886	450	19.8	12.3	59.9	57	1.7	6.7	0.67	46.1
Caramel Mocha Frappuccino - almond drink	Tall	1302	312	17.7	10.7	34.7	32.9	0.9	2.7	0.34	21.3
Caramel Mocha Frappuccino - almond drink	Grande	1606	385	19.7	11.7	47.1	44.7	1.4	3.4	0.50	34
Caramel Mocha Frappuccino - almond drink	Venti	1837	439	20.7	12.2	57.7	54.8	1.9	3.9	0.64	46.1
Caramel Mocha Frappuccino - soya drink	Tall	1342	321	18.1	10.8	34.8	32.9	1.1	4.2	0.35	21.3
Caramel Mocha Frappuccino - soya drink	Grande	1667	399	20.3	11.9	47.1	44.7	1.8	5.8	0.51	34
Caramel Mocha Frappuccino - soya drink	Venti	1903	454	21.3	12.4	57.8	54.8	2.2	6.5	0.65	46.1
Caramel Mocha Frappuccino - oat drink	Tall	1382	330	18.7	10.8	37	33.3	1.3	2.8	0.37	21.3
Caramel Mocha Frappuccino - oat drink	Grande	1728	412	21.3	11.9	50.6	45.3	2.1	3.6	0.55	34
Caramel Mocha Frappuccino - oat drink	Venti	1969	469	22.4	12.4	61.5	55.5	2.6	4.2	0.69	46.1
Caramel Mocha Frappuccino - coconut drink	Tall	1322	316	17.8	11	35.2	33.3	1	3.2	0.35	21.3
Caramel Mocha Frappuccino - coconut drink	Grande	1637	391	19.9	12.2	47.7	45.4	1.5	4.2	0.51	34
Caramel Mocha Frappuccino - coconut drink	Venti	1870	446	20.9	12.8	58.4	55.6	1.9	4.8	0.65	46.1
Strawberry Matcha Frappuccino - semi skimmed milk	Tall	1058	253	13	8.1	29.2	27.9	0.8	4.3</		

Strawberry Matcha Frappuccino - semi skimmed milk	Grande	1323	316	14.7	9.2	39.4	37.8	1.1	6	0.49	61.9
Strawberry Matcha Frappuccino - semi skimmed milk	Venti	1459	348	14.7	9.1	46.7	44.9	1.4	6.7	0.61	82.2
Strawberry Matcha Frappuccino - whole milk	Tall	1110	265	14.5	9.1	29.2	27.9	0.8	4.2	0.33	40.1
Strawberry Matcha Frappuccino - whole milk	Grande	1400	334	16.9	10.6	39.3	37.7	1.1	5.9	0.49	61.9
Strawberry Matcha Frappuccino - whole milk	Venti	1547	369	17.2	10.7	46.5	44.7	1.4	6.6	0.61	82.2
Strawberry Matcha Frappuccino - skimmed milk	Tall	1020	244	11.9	7.4	29.3	28	0.8	4.3	0.33	40.1
Strawberry Matcha Frappuccino - skimmed milk	Grande	1265	302	13.1	8.1	39.5	37.9	1.1	6	0.49	61.9
Strawberry Matcha Frappuccino - skimmed milk	Venti	1393	332	12.8	7.9	46.8	45	1.4	6.7	0.61	82.2
Strawberry Matcha Frappuccino - almond drink	Tall	979	235	12.6	7.4	27.5	26.2	0.9	2	0.30	40.1
Strawberry Matcha Frappuccino - almond drink	Grande	1205	289	14.1	8	36.8	35.2	1.3	2.5	0.45	61.9
Strawberry Matcha Frappuccino - almond drink	Venti	1324	318	14	7.8	43.7	41.9	1.7	2.7	0.56	82.2
Strawberry Matcha Frappuccino - soya drink	Tall	1034	248	13.1	7.5	27.6	26.2	1.2	4.1	0.32	40.1
Strawberry Matcha Frappuccino - soya drink	Grande	1287	308	14.9	8.2	36.9	35.2	1.8	5.7	0.47	61.9
Strawberry Matcha Frappuccino - soya drink	Venti	1418	339	14.9	8.1	43.8	41.9	2.2	6.3	0.58	82.2
Strawberry Matcha Frappuccino - oat drink	Tall	1088	260	14	7.5	30.6	26.8	1.5	2.2	0.34	40.1
Strawberry Matcha Frappuccino - oat drink	Grande	1368	326	16.2	8.2	41.5	36.1	2.2	2.8	0.51	61.9
Strawberry Matcha Frappuccino - oat drink	Venti	1510	360	16.4	8.1	49	42.9	2.7	3.1	0.63	82.2
Strawberry Matcha Frappuccino - coconut drink	Tall	1007	241	12.9	7.8	28.1	26.8	1	2.8	0.32	40.1
Strawberry Matcha Frappuccino - coconut drink	Grande	1247	297	14.4	8.7	37.7	36.1	1.4	3.6	0.47	61.9
Strawberry Matcha Frappuccino - coconut drink	Venti	1372	327	14.4	8.6	44.7	42.9	1.8	4	0.58	82.2

Protein Beverages Spring FY26		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Protein Americano	Tall	412	98	0.7	0.2	6.4	2.9	0.7	16.3	0.43	89.1
Caramel Protein Americano	Grande	429	102	0.8	0.3	7	3	0.8	16.5	0.44	133.6
Caramel Protein Americano	Venti	446	106	0.9	0.3	7.5	3	0.9	16.7	0.44	178.2
Caramel Protein Latte - semi skimmed milk	Tall	725	172	3.4	1.9	13.7	10.2	0.7	21.7	0.59	89.1
Caramel Protein Latte - semi skimmed milk	Grande	881	209	4.7	2.8	17.4	13.8	0.7	24.4	0.68	89.1
Caramel Protein Latte - semi skimmed milk	Venti	1090	259	6.3	3.8	22.4	18.3	0.8	27.9	0.79	133.6
Caramel Protein Latte - whole milk	Tall	828	197	6.3	3.8	13.5	10	0.7	21.6	0.59	89.1
Caramel Protein Latte - whole milk	Grande	1036	246	9	5.5	17.1	13.6	0.7	24.2	0.68	89.1
Caramel Protein Latte - whole milk	Venti	1309	311	12.5	7.7	22.1	18	0.8	27.6	0.79	133.6
Caramel Protein Latte - skimmed milk	Tall	647	153	1.2	0.4	13.8	10.3	0.7	21.7	0.60	89.1
Caramel Protein Latte - skimmed milk	Grande	766	181	1.4	0.5	17.6	14	0.7	24.4	0.69	89.1
Caramel Protein Latte - skimmed milk	Venti	927	220	1.8	0.7	22.7	18.6	0.8	27.9	0.80	133.6
Caramel Protein Latte - almond drink	Tall	567	136	2.6	0.4	10.2	6.7	1	17.1	0.54	89.1
Caramel Protein Latte - almond drink	Grande	645	156	3.5	0.5	12.2	8.6	1.1	17.5	0.60	89.1
Caramel Protein Latte - almond drink	Venti	757	184	4.6	0.6	15.1	11	1.5	18.1	0.68	133.6
Caramel Protein Latte - soya drink	Tall	677	161	3.6	0.7	10.3	6.7	1.6	21.3	0.56	89.1
Caramel Protein Latte - soya drink	Grande	809	193	5	0.9	12.4	8.6	2	23.8	0.64	89.1
Caramel Protein Latte - soya drink	Venti	989	236	6.8	1.2	15.4	10.9	2.7	27	0.73	133.6
Caramel Protein Latte - oat drink	Tall	785	186	5.2	0.7	16.4	7.9	2.2	17.5	0.62	89.1
Caramel Protein Latte - oat drink	Grande	971	230	7.5	0.9	21.5	10.3	2.9	18.1	0.72	89.1
Caramel Protein Latte - oat drink	Venti	1218	288	10.3	1.2	28.3	13.4	4	19.1	0.85	133.6
Caramel Protein Latte - coconut drink	Tall	622	147	3	1.3	11.4	7.9	1.1	18.6	0.56	89.1
Caramel Protein Latte - coconut drink	Grande	729	172	4.1	1.8	14	10.4	1.4	19.7	0.64	89.1
Caramel Protein Latte - coconut drink	Venti	875	207	5.6	2.5	17.6	13.5	1.8	21.3	0.73	133.6
Vanilla Protein Matcha Latte - semi skimmed milk	Tall	724	171	3.4	1.9	13	10.3	1.3	22	0.56	57.5
Vanilla Protein Matcha Latte - semi skimmed milk	Grande	906	215	4.8	2.9	17.2	14.3	1.7	25.2	0.65	86.2
Vanilla Protein Matcha Latte - semi skimmed milk	Venti	1144	271	6.8	4.1	22.6	19.6	2.1	29.4	0.77	115
Vanilla Protein Matcha Latte - whole milk	Tall	830	197	6.4	3.8	12.9	10.2	1.3	21.8	0.56	57.5
Vanilla Protein Matcha Latte - whole milk	Grande	1068	253	9.4	5.8	16.9	14.1	1.7	25	0.65	86.2
Vanilla Protein Matcha Latte - whole milk	Venti	1381	328	13.5	8.3	22.2	19.3	2.1	29	0.76	115
Vanilla Protein Matcha Latte - skimmed milk	Tall	645	152	1.2	0.4	13.2	10.5	1.3	22	0.57	57.5
Vanilla Protein Matcha Latte - skimmed milk	Grande	785	186	1.5	0.5	17.4	14.6	1.7	25.2	0.66	86.2
Vanilla Protein Matcha Latte - skimmed milk	Venti	968	229	1.8	0.7	22.9	20	2.1	29.4	0.78	115
Vanilla Protein Matcha Latte - almond drink	Tall	562	135	2.6	0.4	9.5	6.8	1.6	17.2	0.51	57.5
Vanilla Protein Matcha Latte - almond drink	Grande	659	159	3.6	0.5	11.7	8.9	2.2	17.9	0.57	86.2
Vanilla Protein Matcha Latte - almond drink	Venti	784	190	5	0.6	14.7	11.7	2.8	18.8	0.65	115
Vanilla Protein Matcha Latte - soya drink	Tall	675	160	3.6	0.7	9.6	6.8	2.2	21.6	0.53	57.5
Vanilla Protein Matcha Latte - soya drink	Grande	831	198	5.2	0.9	11.9	8.8	3.1	24.5	0.60	86.2
Vanilla Protein Matcha Latte - soya drink	Venti	1035	247	7.3	1.3	15	11.6	4.2	28.4	0.70	115
Vanilla Protein Matcha Latte - oat drink	Tall	785	186	5.3	0.7	15.9	8	2.8	17.7	0.59	57.5
Vanilla Protein Matcha Latte - oat drink	Grande	1000	236	7.8	0.9	21.5	10.7	4	18.6	0.69	86.2
Vanilla Protein Matcha Latte - oat drink	Venti	1282	303	11.1	1.3	29	14.3	5.5	19.8	0.83	115
Vanilla Protein Matcha Latte - coconut drink	Tall	619	146	3	1.3	10.7	8	1.7	18.8	0.53	57.5
Vanilla Protein Matcha Latte - coconut drink	Grande	746	176	4.3	1.9	13.6	10.8	2.4	20.3	0.60	86.2
Vanilla Protein Matcha Latte - coconut drink	Venti	911	215	6	2.7	17.4	14.4	3.2	22.2	0.70	115
Iced Caramel Protein Americano	Tall	412	98	0.7	0.2	6.4	2.9	0.7	16.3	0.43	89.1
Iced Caramel Protein Americano	Grande	429	102	0.8	0.3	7	3	0.8	16.5	0.44	133.6
Iced Caramel Protein Americano	Venti	446	106	0.9	0.3	7.5	3	0.9	16.7	0.44	178.2
Iced Caramel Protein Latte - semi skimmed milk	Tall	694	165	3.1	1.8	12.9	9.5	0.7	21.2	0.58	89.1
Iced Caramel Protein Latte - semi skimmed milk	Grande	870	206	4.6	2.7	17.1	13.5	0.7	24.2	0.68	89.1
Iced Caramel Protein Latte - semi skimmed milk	Venti	864	205	4.4	2.6	17.2	13	0.8	24	0.67	133.6
Iced Caramel Protein Latte - whole milk	Tall	788	187	5.8	3.4	12.9	9.3	0.7	21.1	0.57	89.1
Iced Caramel Protein Latte - whole milk	Grande	1021	242	8.8	5.4	16.8	13.3	0.7	24	0.67	89.1
Iced Caramel Protein Latte - whole milk	Venti	1008	240	8.5	5.2	16.9	12.8	0.8	23.8	0.67	133.6
Iced Caramel Protein Latte - skimmed milk	Tall	624	148	1.1	0.4	13.1	9.6	0.7	21.2	0.58	89.1
Iced Caramel Protein Latte - skimmed milk	Grande	757	179	1.4	0.5	17.3	13.7	0.7	24.2	0.68	89.1
Iced Caramel Protein Latte - skimmed milk	Venti	757	180	1.4	0.5	17.4	13.3	0.8	24	0.68	133.6
Iced Caramel Protein Latte - almond drink	Tall	552	133	2.4	0.4	9.8	6.4	1	17	0.53	89.1
Iced Caramel Protein Latte - almond drink	Grande	640	155	3.4	0.5	12	8.5	1.1	17.4	0.60	89.1
Iced Caramel Protein Latte - almond drink	Venti	645	156	3.3	0.5	12.4	8.2	1.2	17.6	0.60	133.6
Iced Caramel Protein Latte - soya drink	Tall	651	155	3.3	0.6	9.9	6.3	1.5	20.8	0.55	89.1
Iced Caramel Protein Latte - soya drink	Grande	800	191	4.9	0.9	12.2	8.4	2	23.6	0.63	89.1
Iced Caramel Protein Latte - soya drink	Venti	798	190	4.8	0.9	12.5	8.2	2.1	23.4	0.63	133.6
Iced Caramel Protein Latte - oat drink	Tall	749	177	4.8	0.6	15.5	7.4	2	17.4	0.60	89.1
Iced Caramel Protein Latte - oat drink	Grande	958	227	7.3	0.9	21.2	10.1	2.9	18.1	0.72	89.1
Iced Caramel Protein Latte - oat drink	Venti	948	225	7	0.9	21	9.8	2.9	18.2	0.71	133.6
Iced Caramel Protein Latte - coconut drink	Tall	602	142	2.8	1.2	10.9	7.4	1.1	18.4	0.55	89.1
Iced Caramel Protein Latte - coconut drink	Grande	721	170	4	1.8	13.8	10.2	1.3	19.6	0.63	89.1
Iced Caramel Protein Latte - coconut drink	Venti	723	171	3.9	1.7	14	9.9	1.4	19.7	0.63	133.6
Iced Vanilla Protein Matcha Latte - semi skimmed milk	Tall	613	145	2.4	1.3	10.5	7.7	1.3	20.1	0.50	59.2
Iced Vanilla Protein Matcha Latte - semi skimmed milk	Grande	674	160	2.9	1.6	11.9	9	1.5	21.1	0.53	70.7
Iced Vanilla Protein Matcha Latte - semi skimmed milk	Venti	711	168	3.2	1.8	12.7	9.7	1.7	21.8	0.55	87.6
Iced Vanilla Protein Matcha Latte - whole milk	Tall	682	162	4.4	2.6	10.4	7.6	1.3	20	0.50	59.2
Iced Vanilla Protein Matcha Latte - whole milk	Grande	761	180	5.4	3.2	11.8	8.9	1.5	21	0.53	70.7
Iced Vanilla Protein Matcha Latte - whole milk	Venti	807	191	5.9	3.5	12.6	9.6	1.7	21.6	0.54	87.6
Iced Vanilla Protein Matcha Latte - skimmed milk	Tall	561	133	1	0.3	10.6	7.9	1.3	20.1	0.50	59.2
Iced Vanilla Protein Matcha Latte - skimmed milk	Grande	609	144	1.1	0.4	12	9.2	1.5	21.1	0.53	70.7
Iced Vanilla Protein Matcha Latte - skimmed milk	Venti	639	151	1.2	0.4	12.8	9.9	1.7	21.8	0.55	87.6
Iced Vanilla Protein Matcha Latte - almond drink	Tall	508	121	1.9	0.3	8.2	5.4	1.5	17	0.47	59.2
Iced Vanilla Protein Matcha Latte - almond drink	Grande	541	130	2.2	0.3	9	6.1	1.7	17.2	0.49	70.7
Iced Vanilla Protein Matcha Latte - almond drink	Venti	564	135	2.4	0.4	9.5	6.5	2	17.5	0.50	87.6
Iced Vanilla Protein Matcha Latte - soya drink	Tall	581	138	2.6	0.5	8.2	5.4	1.9	19.8	0.48	59.2
Iced Vanilla Protein Matcha Latte - soya drink	Grande	634	150	3.1	0.6	9.1	6.1	2.2	20.8	0.51	70.7
Iced Vanilla Protein Matcha Latte - soya drink	Venti	666	158	3.4	0.6	9.6	6.5	2.6	21.4	0.52	87.6
Iced Vanilla Protein Matcha Latte - oat drink	Tall	653	154	3.7	0.5	12.3	6.2	2.3	17.3	0.52	59.2
Iced Vanilla Protein Matcha Latte - oat drink	Grande	725	171	4.5	0.6	14.2	7.1	2.7	17.6	0.55	70.7
Iced Vanilla Protein Matcha Latte - oat drink	Venti	767	181	4.9	0.6	15.3	7.6	3.1	17.9	0.57	87.6
Iced Vanilla Protein Matcha Latte - coconut drink	Tall	545	129	2.2	0.9	9	6.2	1.6	18	0.48	59.2
Iced Vanilla Protein Matcha Latte - coconut drink	Grande	588	139	2.6	1.1	10	7.1	1.8	18.5	0.51	70.7
Iced Vanilla Protein Matcha Latte - coconut drink	Venti	616	145	2.9	1.2	10.6	7.6	2.1	18.9	0.52	87.6

Alternative Coffee Bean - Espresso Drinks		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte - semi skimmed milk	Tall	515	123	4.3	2.7	12.2	11.5	0.3	8.8	0.26	85.5
Blonde Caffè Latte - semi skimmed milk	Grande	632	151	5.2	3.4	14.9	14.2	0.3	10.8	0.32	85.5
Blonde Caffè Latte - semi skimmed milk	Venti	852	203	7.1	4.5	20.1	19.1	0.4	14.6	0.43	128.2
Blonde Caffè Latte - whole milk	Tall	677	161	8.9	5.6	11.9	11.2	0.3	8.6	0.26	85.5
Blonde Caffè Latte - whole milk	Grande	833	199	11	6.9	14.6	13.9	0.3	10.5	0.32	85.5
Blonde Caffè Latte - whole milk	Venti	1122	267	14.7	9.3	19.7	18.7	0.4	14.2	0.42	128.2
Blonde Caffè Latte - skimmed milk	Tall	394	94	0.9	0.4	12.4	11.7	0.3	8.8	0.27	85.5
Blonde Caffè Latte - skimmed milk	Grande	482	114	1	0.4	15.2	14.5	0.3	10.8	0.33	85.5
Blonde Caffè Latte - skimmed milk	Venti	650	155	1.4	0.6	20.5	19.5	0.4	14.6	0.45	128.2
Blonde Caffè Latte - almond drink	Tall	268	67	3	0.3	6.7	6	0.7	1.5	0.18	85.5
Blonde Caffè Latte - almond drink	Grande	326	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte - almond drink	Venti	441	110	5	0.5	11.1	10	1.2	2.5	0.29	128.2
Blonde Caffè Latte - soya drink	Tall	440	106	4.6	0.7	6.9	6	1.7	8.1	0.21	85.5
Blonde Caffè Latte - soya drink	Grande	539	129	5.7	0.9	8.4	7.4	2	10	0.26	85.5
Blonde Caffè Latte - soya drink	Venti	727	175	7.7	1.2	11.4	10	2.8	13.5	0.35	128.2
Blonde Caffè Latte - oat drink	Tall	610	145	7.4	0.7	16.5	7.8	2.6	2.2	0.30	85.5
Blonde Caffè Latte - oat drink	Grande	749	178	9.2	0.9	20.3	9.7	3.2	2.7	0.38	85.5
Blonde Caffè Latte - oat drink	Venti	1009	239	12.3	1.2	27.3	13	4.3	3.6	0.51	128.2
Blonde Caffè Latte - coconut drink	Tall	355	84	3.7	1.7	8.6	7.9	1	3.9	0.21	85.5
Blonde Caffè Latte - coconut drink	Grande	434	102	4.6	2.1	10.5	9.8	1.2	4.7	0.26	85.5
Blonde Caffè Latte - coconut drink	Venti	586	138	6.1	2.8	14.2	13.2	1.6	6.4	0.35	128.2
Decaf Caffè Latte - semi skimmed milk	Tall	521	124	4.3	2.7	12.6	11.5	0.2	8.8	0.26	3.6
Decaf Caffè Latte - semi skimmed milk	Grande	638	152	5.2	3.4	15.3	14.2	0.2	10.8	0.32	3.6
Decaf Caffè Latte - semi skimmed milk	Venti	861	205	7.1	4.5	20.7	19.1	0.3	14.5	0.43	5.4
Decaf Caffè Latte - whole milk	Tall	683	163	8.9	5.6	12.3	11.3	0.2	8.5	0.26	3.6
Decaf Caffè Latte - whole milk	Grande	839	200	11	6.9	15	13.9	0.2	10.5	0.32	3.6
Decaf Caffè Latte - whole milk	Venti	1131	269	14.7	9.3	20.3	18.7	0.3	14.1	0.42	5.4
Decaf Caffè Latte - skimmed milk	Tall	400	95	0.9	0.4	12.8	11.8	0.2	8.8	0.27	3.6
Decaf Caffè Latte - skimmed milk	Grande	488	116	1	0.4	15.6	14.5	0.2	10.8	0.33	3.6
Decaf Caffè Latte - skimmed milk	Venti	659	157	1.4	0.6	21.1	19.5	0.3	14.5	0.45	5.4
Decaf Caffè Latte - almond drink	Tall	274	68	3	0.3	7.1	6.1	0.7	1.5	0.18	3.6
Decaf Caffè Latte - almond drink	Grande	332	83	3.7	0.3	8.6	7.5	0.8	1.7	0.22	3.6
Decaf Caffè Latte - almond drink	Venti	450	112	5	0.5	11.7	10.1	1.1	2.4	0.29	5.4
Decaf Caffè Latte - soya drink	Tall	446	107	4.6	0.7	7.3	6	1.7	8.1	0.21	3.6
Decaf Caffè Latte - soya drink	Grande	545	131	5.7	0.9	8.8	7.4	2	9.9	0.26	3.6
Decaf Caffè Latte - soya drink	Venti	736	177	7.7	1.2	12	10	2.7	13.4	0.35	5.4
Decaf Caffè Latte - oat drink	Tall	615	146	7.4	0.7	16.9	7.9	2.6	2.2	0.30	3.6
Decaf Caffè Latte - oat drink	Grande	755	179	9.2	0.9	20.7	9.7	3.1	2.6	0.38	3.6
Decaf Caffè Latte - oat drink	Venti	1018	241	12.3	1.2	28	13.1	4.2	3.5	0.51	5.4
Decaf Caffè Latte - coconut drink	Tall	361	85	3.7	1.7	9	8	0.9	3.8	0.21	3.6
Decaf Caffè Latte - coconut drink	Grande	440	104	4.6	2.1	10.9	9.8	1.1	4.7	0.26	3.6
Decaf Caffè Latte - coconut drink	Venti	595	140	6.1	2.8	14.8	13.2	1.5	6.3	0.35	5.4
Blonde Latte Macchiato - semi skimmed milk	Tall	472	112	3.9	2.5	11.2	10.5	0.3	8.1	0.24	85.5
Blonde Latte Macchiato - semi skimmed milk	Grande	612	146	5.1	3.2	14.4	13.7	0.3	10.5	0.31	85.5
Blonde Latte Macchiato - semi skimmed milk	Venti	809	193	6.7	4.3	19.1	18.1	0.4	13.8	0.41	128.2
Blonde Latte Macchiato - whole milk	Tall	620	148	8.1	5.1	10.9	10.3	0.3	7.8	0.23	85.5
Blonde Latte Macchiato - whole milk	Grande	807	192	10.6	6.7	14.1	13.5	0.3	10.2	0.31	85.5
Blonde Latte Macchiato - whole milk	Venti	1065	254	13.9	8.8	18.7	17.7	0.4	13.5	0.40	128.2
Blonde Latte Macchiato - skimmed milk	Tall	361	86	0.8	0.3	11.4	10.7	0.3	8.1	0.24	85.5
Blonde Latte Macchiato - skimmed milk	Grande	467	111	1	0.4	14.7	14	0.3	10.5	0.32	85.5
Blonde Latte Macchiato - skimmed milk	Venti	618	147	1.3	0.6	19.5	18.5	0.4	13.8	0.42	128.2
Blonde Latte Macchiato - almond drink	Tall	246	62	2.7	0.3	6.2	5.5	0.7	1.4	0.16	85.5
Blonde Latte Macchiato - almond drink	Grande	316	79	3.6	0.3	7.9	7.2	0.8	1.7	0.21	85.5
Blonde Latte Macchiato - almond drink	Venti	420	105	4.7	0.4	10.5	9.5	1.2	2.4	0.28	128.2
Blonde Latte Macchiato - soya drink	Tall	403	97	4.2	0.7	6.4	5.5	1.6	7.4	0.19	85.5
Blonde Latte Macchiato - soya drink	Grande	522	125	5.5	0.9	8.1	7.2	2	9.7	0.26	85.5
Blonde Latte Macchiato - soya drink	Venti	691	166	7.3	1.2	10.8	9.4	2.7	12.8	0.34	128.2
Blonde Latte Macchiato - oat drink	Tall	558	132	6.8	0.7	15.1	7.2	2.4	2	0.28	85.5
Blonde Latte Macchiato - oat drink	Grande	725	172	8.9	0.9	19.6	9.4	3.1	2.6	0.36	85.5
Blonde Latte Macchiato - oat drink	Venti	958	227	11.7	1.2	26	12.4	4.1	3.5	0.48	128.2
Blonde Latte Macchiato - coconut drink	Tall	326	77	3.4	1.6	7.9	7.2	0.9	3.6	0.19	85.5
Blonde Latte Macchiato - coconut drink	Grande	420	99	4.4	2	10.2	9.5	1.1	4.6	0.26	85.5
Blonde Latte Macchiato - coconut drink	Venti	557	132	5.8	2.7	13.5	12.5	1.5	6.1	0.34	128.2
Decaf Latte Macchiato - semi skimmed milk	Tall	478	114	3.9	2.5	11.6	10.5	0.2	8	0.24	3.6
Decaf Latte Macchiato - semi skimmed milk	Grande	618	147	5.1	3.2	14.8	13.8	0.2	10.4	0.31	3.6
Decaf Latte Macchiato - semi skimmed milk	Venti	818	195	6.7	4.3	19.7	18.1	0.3	13.8	0.41	5.4
Decaf Latte Macchiato - whole milk	Tall	626	149	8.1	5.1	11.3	10.3	0.2	7.8	0.23	3.6
Decaf Latte Macchiato - whole milk	Grande	812	194	10.6	6.7	14.5	13.5	0.2	10.1	0.31	3.6
Decaf Latte Macchiato - whole milk	Venti	1073	256	13.9	8.8	19.3	17.7	0.3	13.4	0.40	5.4
Decaf Latte Macchiato - skimmed milk	Tall	367	87	0.8	0.3	11.8	10.7	0.2	8	0.24	3.6
Decaf Latte Macchiato - skimmed milk	Grande	473	112	1	0.4	15.1	14.1	0.2	10.4	0.32	3.6
Decaf Latte Macchiato - skimmed milk	Venti	627	149	1.3	0.6	20.1	18.5	0.3	13.8	0.42	5.4
Decaf Latte Macchiato - almond drink	Tall	252	63	2.7	0.3	6.6	5.5	0.7	1.4	0.16	3.6
Decaf Latte Macchiato - almond drink	Grande	322	80	3.6	0.3	8.3	7.3	0.8	1.7	0.21	3.6
Decaf Latte Macchiato - almond drink	Venti	428	107	4.7	0.4	11.1	9.6	1.1	2.3	0.28	5.4
Decaf Latte Macchiato - soya drink	Tall	409	98	4.2	0.7	6.8	5.5	1.5	7.4	0.19	3.6
Decaf Latte Macchiato - soya drink	Grande	528	127	5.5	0.9	8.5	7.2	1.9	9.6	0.26	3.6
Decaf Latte Macchiato - soya drink	Venti	699	168	7.3	1.2	11.5	9.5	2.6	12.7	0.34	5.4
Decaf Latte Macchiato - oat drink	Tall	564	134	6.8	0.7	15.5	7.2	2.4	2	0.28	3.6
Decaf Latte Macchiato - oat drink	Grande	731	173	8.9	0.9	20.1	9.4	3	2.5	0.36	3.6
Decaf Latte Macchiato - oat drink	Venti	967	229	11.7	1.2	26.6	12.4	4	3.4	0.48	5.4
Decaf Latte Macchiato - coconut drink	Tall	332	78	3.4	1.6	8.3	7.3	0.9	3.5	0.19	3.6
Decaf Latte Macchiato - coconut drink	Grande	426	101	4.4	2	10.6	9.5	1.1	4.5	0.26	3.6
Decaf Latte Macchiato - coconut drink	Venti	566	134	5.8	2.7	14.1	12.5	1.5	6	0.34	5.4
Blonde Espresso Doppio	Doppio	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Espresso Macchiato - semi skimmed milk	Single	23	6	0.2	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - whole milk	Single	27	7	0.3	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - skimmed milk	Single	21	5	0.1	0	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - almond drink	Single	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	25	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	20	5	0.1	0.1	0.6	0.2	0.2	0.2	0.01	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	26	6	0.2	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - whole milk	Single	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	28	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	23	6	0.1	0.1	0.8	0.2	0.1	0.2	0.01	1.8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	58	14	0.4	0.2	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - whole milk	Double	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5

Blonde Espresso Macchiato - Doppio - almond drink	Double	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	53	13	0.4	0.1	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	64	16	0.6	0.1	1.8	0.6	0.4	0.4	0.02	85.5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	47	12	0.4	0.2	1.3	0.6	0.3	0.6	0.02	85.5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	64	15	0.4	0.2	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - whole milk	Double	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	70	17	0.6	0.1	2.2	0.6	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	53	13	0.4	0.2	1.7	0.6	0.3	0.5	0.02	3.6
Blonde Cortado - semi skimmed milk	Short	208	49	1.6	1	5.3	4.3	0	3.5	0.10	75.6
Blonde Cortado - whole milk	Short	269	64	3.3	2.1	5.2	4.2	0	3.4	0.10	75.6
Blonde Cortado - skimmed milk	Short	162	38	0.3	0.2	5.4	4.4	0	3.5	0.10	75.6
Blonde Cortado - almond drink	Short	115	28	1.1	0.1	3.2	2.3	0.2	0.7	0.07	75.6
Blonde Cortado - soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.2	0.08	75.6
Blonde Cortado - oat drink	Short	243	58	2.8	0.3	6.9	3	0.9	1	0.12	75.6
Blonde Cortado - coconut drink	Short	148	35	1.4	0.7	3.9	3	0.3	1.6	0.08	75.6
Decaf Cortado - semi skimmed milk	Short	215	51	1.7	1	5.5	4.4	0.2	3.5	0.10	3.6
Decaf Cortado - whole milk	Short	277	66	3.4	2.1	5.4	4.3	0.2	3.4	0.10	3.6
Decaf Cortado - skimmed milk	Short	170	41	0.4	0.2	5.6	4.5	0.2	3.5	0.10	3.6
Decaf Cortado - almond drink	Short	122	30	1.2	0.1	3.4	2.4	0.4	0.7	0.07	3.6
Decaf Cortado - soya drink	Short	187	45	1.8	0.3	3.5	2.3	0.8	3.2	0.08	3.6
Decaf Cortado - oat drink	Short	251	60	2.8	0.3	7.1	3	1.1	1	0.12	3.6
Decaf Cortado - coconut drink	Short	155	37	1.5	0.7	4.1	3.1	0.5	1.6	0.08	3.6
Blonde Cappuccino - semi skimmed milk	Tall	428	102	3.5	2.2	10.1	9.5	0.3	7.3	0.22	85.5
Blonde Cappuccino - semi skimmed milk	Grande	542	129	4.5	2.9	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	702	167	5.8	3.7	16.6	15.6	0.4	12	0.36	128.2
Blonde Cappuccino - whole milk	Tall	561	134	7.3	4.6	9.9	9.3	0.3	7.1	0.21	85.5
Blonde Cappuccino - whole milk	Grande	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	923	220	12	7.6	16.3	15.3	0.4	11.7	0.35	128.2
Blonde Cappuccino - skimmed milk	Tall	328	78	0.7	0.3	10.3	9.7	0.3	7.3	0.22	85.5
Blonde Cappuccino - skimmed milk	Grande	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	538	128	1.2	0.5	16.9	15.9	0.4	12	0.36	128.2
Blonde Cappuccino - almond drink	Tall	225	56	2.5	0.2	5.7	5	0.7	1.3	0.15	85.5
Blonde Cappuccino - almond drink	Grande	281	70	3.2	0.3	7	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino - almond drink	Venti	367	92	4.1	0.4	9.2	8.2	1.1	2.1	0.24	128.2
Blonde Cappuccino - soya drink	Tall	366	88	3.8	0.6	5.8	5	1.4	6.7	0.18	85.5
Blonde Cappuccino - soya drink	Grande	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino - soya drink	Venti	600	144	6.3	1	9.5	8.2	2.3	11.1	0.29	128.2
Blonde Cappuccino - oat drink	Tall	506	120	6.1	0.6	13.7	6.5	2.2	1.9	0.25	85.5
Blonde Cappuccino - oat drink	Grande	641	152	7.8	0.8	17.4	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino - oat drink	Venti	831	197	10.1	1	22.5	10.7	3.6	3	0.41	128.2
Blonde Cappuccino - coconut drink	Tall	296	70	3.1	1.4	7.2	6.5	0.9	3.2	0.18	85.5
Blonde Cappuccino - coconut drink	Grande	373	88	3.9	1.8	9	8.4	1	4.1	0.22	85.5
Blonde Cappuccino - coconut drink	Venti	485	115	5	2.3	11.8	10.8	1.4	5.3	0.29	128.2
Decaf Cappuccino - semi skimmed milk	Tall	434	103	3.5	2.2	10.5	9.5	0.2	7.2	0.22	3.6
Decaf Cappuccino - semi skimmed milk	Grande	547	130	4.5	2.9	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - semi skimmed milk	Venti	711	169	5.8	3.7	17.2	15.6	0.3	11.9	0.36	5.4
Decaf Cappuccino - whole milk	Tall	567	135	7.3	4.6	10.3	9.3	0.2	7	0.21	3.6
Decaf Cappuccino - whole milk	Grande	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - whole milk	Venti	932	222	12	7.6	16.9	15.3	0.3	11.6	0.35	5.4
Decaf Cappuccino - skimmed milk	Tall	334	79	0.7	0.3	10.7	9.7	0.2	7.2	0.22	3.6
Decaf Cappuccino - skimmed milk	Grande	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - skimmed milk	Venti	547	130	1.2	0.5	17.5	16	0.3	11.9	0.36	5.4
Decaf Cappuccino - almond drink	Tall	230	57	2.5	0.2	6.1	5	0.6	1.3	0.15	3.6
Decaf Cappuccino - almond drink	Grande	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - almond drink	Venti	376	94	4.1	0.4	9.8	8.3	1	2	0.24	5.4
Decaf Cappuccino - soya drink	Tall	372	89	3.8	0.6	6.2	5	1.4	6.7	0.18	3.6
Decaf Cappuccino - soya drink	Grande	468	112	4.9	0.8	7.7	6.4	1.7	8.5	0.22	3.6
Decaf Cappuccino - soya drink	Venti	609	146	6.3	1	10.1	8.2	2.3	11	0.29	5.4
Decaf Cappuccino - oat drink	Tall	511	121	6.1	0.6	14.1	6.5	2.2	1.8	0.25	3.6
Decaf Cappuccino - oat drink	Grande	647	153	7.8	0.8	17.8	8.3	2.7	2.3	0.32	3.6
Decaf Cappuccino - oat drink	Venti	839	199	10.1	1	23.1	10.7	3.5	3	0.41	5.4
Decaf Cappuccino - coconut drink	Tall	302	71	3.1	1.4	7.6	6.6	0.8	3.2	0.18	3.6
Decaf Cappuccino - coconut drink	Grande	379	89	3.9	1.8	9.4	8.4	1	4	0.22	3.6
Decaf Cappuccino - coconut drink	Venti	494	117	5	2.3	12.4	10.8	1.3	5.2	0.29	5.4
Blonde Flat White - semi skimmed milk	Short	242	58	2	1.2	5.8	5.1	0.3	4.1	0.12	85.5
Blonde Flat White - whole milk	Short	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5
Blonde Flat White - skimmed milk	Short	189	45	0.5	0.2	5.9	5.2	0.3	4.1	0.12	85.5
Blonde Flat White - almond drink	Short	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White - soya drink	Short	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5
Blonde Flat White - oat drink	Short	284	68	3.4	0.4	7.7	3.5	1.3	1.2	0.14	85.5
Blonde Flat White - coconut drink	Short	171	41	1.7	0.8	4.2	3.6	0.6	1.9	0.10	85.5
Decaf Flat White - semi skimmed milk	Short	248	59	2	1.2	6.2	5.2	0.2	4	0.12	3.6
Decaf Flat White - whole milk	Short	320	76	4	2.5	6.1	5.1	0.2	3.9	0.11	3.6
Decaf Flat White - skimmed milk	Short	194	46	0.5	0.2	6.3	5.3	0.2	4	0.12	3.6
Decaf Flat White - almond drink	Short	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6
Decaf Flat White - soya drink	Short	215	52	2.1	0.4	3.9	2.7	0.9	3.7	0.10	3.6
Decaf Flat White - oat drink	Short	290	69	3.4	0.4	8.2	3.6	1.3	1.1	0.14	3.6
Decaf Flat White - coconut drink	Short	177	42	1.7	0.8	4.6	3.6	0.5	1.9	0.10	3.6
Blonde Caramel Macchiato - semi skimmed milk	Tall	700	166	4.9	3.1	22	21	0.3	8.4	0.27	85.5
Blonde Caramel Macchiato - semi skimmed milk	Grande	896	213	6	3.8	28.8	27.6	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - semi skimmed milk	Venti	1141	271	7.5	4.8	36.7	35.2	0.4	13.9	0.44	128.2
Blonde Caramel Macchiato - whole milk	Tall	854	203	9.3	5.8	21.8	20.7	0.3	8.2	0.27	85.5
Blonde Caramel Macchiato - whole milk	Grande	1095	260	11.7	7.4	28.5	27.3	0.3	10.5	0.34	85.5
Blonde Caramel Macchiato - whole milk	Venti	1396	332	14.8	9.3	36.4	34.8	0.4	13.5	0.43	128.2
Blonde Caramel Macchiato - skimmed milk	Tall	585	139	1.7	0.9	22.3	21.2	0.3	8.4	0.28	85.5
Blonde Caramel Macchiato - skimmed milk	Grande	747	177	1.9	1	29.1	27.9	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - skimmed milk	Venti	950	225	2.2	1.1	37.1	35.6	0.4	13.9	0.45	128.2
Blonde Caramel Macchiato - almond drink	Tall	465	113	3.7	0.8	16.9	15.8	0.7	1.5	0.19	85.5
Blonde Caramel Macchiato - almond drink	Grande	593	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5
Blonde Caramel Macchiato - almond drink	Venti	751	183	5.6	1	28.2	26.6	1.2	2.4	0.30	128.2
Blonde Caramel Macchiato - soya drink	Tall	628	150	5.2	1.2	17.1	15.8	1.6	7.8	0.23	85.5
Blonde Caramel Macchiato - soya drink	Grande	804	192	6.5	1.4	22.4	20.9	2	9.9	0.29	85.5
Blonde Caramel Macchiato - soya drink	Venti	1022	244	8.1	1.7	28.5	26.6	2.7	12.8	0.36	128.2
Blonde Caramel Macchiato - oat drink	Tall	789	187	7.9	1.2	26.2	17.5	2.5	2.2	0.31	85.5
Blonde Caramel Macchiato - oat drink	Grande	1011	239	9.9	1.4	34.1	23.2	3.1	2.7	0.40	85.5
Blonde Caramel Macchiato - oat drink	Venti	1289	305	12.5	1.7	43.6	29.5	4.1	3.5	0.51	128.2
Blonde Caramel Macchiato - coconut drink	Tall	548	130	4.4	2.2	18.7	17.6	0.9	3.8	0.23	85.5
Blonde Caramel Macchiato - coconut drink	Grande	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5
Blonde Caramel Macchiato - coconut drink	Venti	889	210	6.7	3.2	31.2	29.6	1.5	6.2	0.36	128.2
Decaf Caramel Macchiato - semi skimmed milk	Tall	706	168	4.9	3.1	22.4	21	0.2	8.4	0.27	3.6
Decaf Caramel Macchiato - semi skimmed milk	Grande	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	1149	273	7.5	4.8	37.4	35.2	0.3	13.8	0.44	5.4
Decaf Caramel Macchiato - whole milk	Tall	859	204	9.3	5.8	22.2	20.8	0.2	8.2	0.27	3.6
Decaf Caramel Macchiato - whole milk	Grande	1100	262	11.7	7.4	28.9	27.4	0.2	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	1405	334	14.8	9.3	37	34.8	0.3	13.5	0.43	5.4
Decaf Caramel Macchiato - skimmed milk	Tall	591	140	1.7	0.9	22.7	21.2	0.2	8.4	0.28	3.6
Decaf Caramel Macchiato - skimmed milk	Grande	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	958	227	2.2	1.1	37.7	35.6	0.3	13.8	0.45	5.4
Decaf Caramel Macchiato - almond drink	Tall	471	115	3.7	0.8	17.3	15.8	0.7	1.5	0.19	3.6

Decaf Caramel Macchiato - almond drink	Grande	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	760	185	5.6	1	28.8	26.7	1.1	2.4	0.30	5.4
Decaf Caramel Macchiato - soya drink	Tall	634	152	5.2	1.2	17.5	15.8	1.6	7.7	0.23	3.6
Decaf Caramel Macchiato - soya drink	Grande	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6
Decaf Caramel Macchiato - soya drink	Venti	1031	246	8.1	1.7	29.1	26.6	2.6	12.8	0.36	5.4
Decaf Caramel Macchiato - oat drink	Tall	795	188	7.9	1.2	26.6	17.5	2.5	2.1	0.31	3.6
Decaf Caramel Macchiato - oat drink	Grande	1017	241	9.9	1.4	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato - oat drink	Venti	1298	307	12.5	1.7	44.2	29.5	4	3.5	0.51	5.4
Decaf Caramel Macchiato - coconut drink	Tall	554	131	4.4	2.2	19.1	17.6	0.9	3.7	0.23	3.6
Decaf Caramel Macchiato - coconut drink	Grande	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6
Decaf Caramel Macchiato - coconut drink	Venti	897	212	6.7	3.2	31.8	29.6	1.5	6.1	0.36	5.4
Blonde Mocha - semi skimmed milk	Tall	850	203	9.4	6.3	20.4	19.1	2.1	8.2	0.21	97.6
Blonde Mocha - semi skimmed milk	Grande	1092	261	11	7.4	28.1	26.4	3	10.9	0.28	103.7
Blonde Mocha - semi skimmed milk	Venti	1372	327	13	8.7	36.6	34.2	4	14	0.35	152.5
Blonde Mocha - whole milk	Tall	971	232	12.8	8.5	20.3	18.9	2.1	8.1	0.21	97.6
Blonde Mocha - whole milk	Grande	1252	299	15.5	10.2	27.9	26.2	3	10.7	0.27	103.7
Blonde Mocha - whole milk	Venti	1576	376	18.8	12.3	36.2	33.9	4	13.7	0.34	152.5
Blonde Mocha - skimmed milk	Tall	759	181	6.8	4.6	20.6	19.3	2.1	8.2	0.22	97.6
Blonde Mocha - skimmed milk	Grande	972	232	7.6	5	28.4	26.7	3	10.9	0.28	103.7
Blonde Mocha - skimmed milk	Venti	1220	291	8.8	5.7	36.9	34.5	4	14	0.36	152.5
Blonde Mocha - almond drink	Tall	665	162	8.4	4.5	16.4	15.1	2.4	2.8	0.15	97.6
Blonde Mocha - almond drink	Grande	847	206	9.7	5	22.8	21.1	3.4	3.7	0.19	103.7
Blonde Mocha - almond drink	Venti	1062	258	11.5	5.7	29.7	27.4	4.6	4.8	0.24	152.5
Blonde Mocha - soya drink	Tall	794	191	9.6	4.9	16.5	15	3.1	7.7	0.18	97.6
Blonde Mocha - soya drink	Grande	1017	244	11.3	5.4	23	21	4.4	10.2	0.23	103.7
Blonde Mocha - soya drink	Venti	1278	306	13.5	6.2	30	27.3	5.8	13.1	0.29	152.5
Blonde Mocha - oat drink	Tall	920	219	11.7	4.9	23.7	16.4	3.8	3.3	0.24	97.6
Blonde Mocha - oat drink	Grande	1185	282	14.1	5.4	32.4	22.9	5.3	4.4	0.32	103.7
Blonde Mocha - oat drink	Venti	1490	355	17	6.2	42	29.6	6.9	5.7	0.40	152.5
Blonde Mocha - coconut drink	Tall	730	174	8.9	5.6	17.8	16.5	2.6	4.6	0.18	97.6
Blonde Mocha - coconut drink	Grande	934	222	10.4	6.4	24.6	22.9	3.7	6.1	0.23	103.7
Blonde Mocha - coconut drink	Venti	1171	279	12.3	7.4	32.1	29.7	4.9	7.8	0.29	152.5
Decaf Mocha - semi skimmed milk	Tall	956	228	9.7	6.6	25.3	23.2	2.9	8.5	0.20	21.8
Decaf Mocha - semi skimmed milk	Grande	1179	281	11.2	7.5	32.5	30.1	3.8	10.8	0.26	27.9
Decaf Mocha - semi skimmed milk	Venti	1502	358	13.6	9	42.1	38.8	4.8	14.5	0.35	35.8
Decaf Mocha - whole milk	Tall	1071	256	13	8.6	25.1	23.1	2.9	8.3	0.20	21.8
Decaf Mocha - whole milk	Grande	1326	316	15.3	10.1	32.3	29.9	3.8	10.6	0.25	27.9
Decaf Mocha - whole milk	Venti	1705	407	19.3	12.6	41.8	38.5	4.8	14.2	0.34	35.8
Decaf Mocha - skimmed milk	Tall	871	208	7.3	4.9	25.5	23.4	2.9	8.5	0.21	21.8
Decaf Mocha - skimmed milk	Grande	1069	255	8.1	5.3	32.7	30.3	3.8	10.8	0.26	27.9
Decaf Mocha - skimmed milk	Venti	1350	322	9.3	6.1	42.4	39.1	4.8	14.5	0.36	35.8
Decaf Mocha - almond drink	Tall	782	189	8.8	4.8	21.5	19.4	3.3	3.3	0.14	21.8
Decaf Mocha - almond drink	Grande	955	231	10	5.3	27.6	25.2	4.2	4.2	0.18	27.9
Decaf Mocha - almond drink	Venti	1192	288	12	6	35.3	32	5.4	5.4	0.24	35.8
Decaf Mocha - soya drink	Tall	903	216	10	5.2	21.6	19.4	3.9	8	0.17	21.8
Decaf Mocha - soya drink	Grande	1111	266	11.5	5.7	27.8	25.2	5.1	10.2	0.21	27.9
Decaf Mocha - soya drink	Venti	1407	337	14	6.6	35.5	31.9	6.6	13.7	0.29	35.8
Decaf Mocha - oat drink	Tall	1023	244	12	5.2	28.4	20.7	4.6	3.8	0.23	21.8
Decaf Mocha - oat drink	Grande	1264	301	14	5.7	36.5	26.8	5.9	4.8	0.30	27.9
Decaf Mocha - oat drink	Venti	1620	386	17.5	6.6	47.5	34.2	7.8	6.3	0.40	35.8
Decaf Mocha - coconut drink	Tall	844	201	9.3	5.9	22.8	20.7	3.4	5	0.17	21.8
Decaf Mocha - coconut drink	Grande	1034	246	10.6	6.6	29.3	26.9	4.5	6.3	0.21	27.9
Decaf Mocha - coconut drink	Venti	1301	310	12.9	7.8	37.6	34.4	5.7	8.4	0.29	35.8
Blonde White Mocha - semi skimmed milk	Tall	961	229	9.9	7	26.8	26.2	0.3	8	0.32	85.5
Blonde White Mocha - semi skimmed milk	Grande	1250	298	11.7	8.3	37.5	36.9	0.3	10.4	0.43	85.5
Blonde White Mocha - semi skimmed milk	Venti	1628	388	14.4	10.2	50.1	49.1	0.5	14.1	0.58	128.2
Blonde White Mocha - whole milk	Tall	1077	257	13.2	9.1	26.7	26	0.3	7.8	0.32	85.5
Blonde White Mocha - whole milk	Grande	1401	334	16	11	37.3	36.6	0.3	10.2	0.43	85.5
Blonde White Mocha - whole milk	Venti	1834	437	20.3	13.9	49.8	48.8	0.5	13.8	0.58	128.2
Blonde White Mocha - skimmed milk	Tall	873	208	7.5	5.3	27	26.3	0.3	8	0.32	85.5
Blonde White Mocha - skimmed milk	Grande	1137	271	8.5	6.1	37.8	37.1	0.3	10.4	0.44	85.5
Blonde White Mocha - skimmed milk	Venti	1474	351	10.1	7.2	50.4	49.4	0.5	14.1	0.59	128.2
Blonde White Mocha - almond drink	Tall	783	189	9	5.3	22.9	22.3	0.6	2.8	0.26	85.5
Blonde White Mocha - almond drink	Grande	1020	246	10.5	6.1	32.5	31.8	0.8	3.6	0.36	85.5
Blonde White Mocha - almond drink	Venti	1314	317	12.8	7.1	43.2	42.2	1.1	4.8	0.48	128.2
Blonde White Mocha - soya drink	Tall	907	217	10.2	5.6	23.1	22.2	1.3	7.5	0.28	85.5
Blonde White Mocha - soya drink	Grande	1180	282	12	6.5	32.7	31.8	1.7	9.8	0.39	85.5
Blonde White Mocha - soya drink	Venti	1532	366	14.9	7.7	43.5	42.2	2.3	13.2	0.52	128.2
Blonde White Mocha - oat drink	Tall	1029	245	12.2	5.6	30	23.6	2	3.3	0.35	85.5
Blonde White Mocha - oat drink	Grande	1338	318	14.7	6.5	41.6	33.5	2.5	4.3	0.47	85.5
Blonde White Mocha - oat drink	Venti	1748	415	18.4	7.7	55.7	44.5	3.5	5.7	0.64	128.2
Blonde White Mocha - coconut drink	Tall	846	201	9.5	6.3	24.3	23.6	0.8	4.5	0.28	85.5
Blonde White Mocha - coconut drink	Grande	1101	262	11.2	7.4	34.2	33.5	1	5.8	0.39	85.5
Blonde White Mocha - coconut drink	Venti	1424	338	13.7	8.9	45.6	44.6	1.4	7.8	0.52	128.2
Decaf White Mocha - semi skimmed milk	Tall	1114	266	10.5	7.5	34.7	33.6	0.3	8	0.36	3.6
Decaf White Mocha - semi skimmed milk	Grande	1450	345	12.7	9.1	46.5	45.4	0.3	11.2	0.50	3.6
Decaf White Mocha - semi skimmed milk	Venti	1754	418	14.7	10.6	57.5	55.9	0.4	13.5	0.61	5.4
Decaf White Mocha - whole milk	Tall	1220	291	13.5	9.4	34.5	33.5	0.3	7.8	0.36	3.6
Decaf White Mocha - whole milk	Grande	1605	382	17.1	11.8	46.2	45.2	0.3	11	0.49	3.6
Decaf White Mocha - whole milk	Venti	1938	462	20	13.8	57.2	55.6	0.4	13.2	0.60	5.4
Decaf White Mocha - skimmed milk	Tall	1036	247	8.3	6	34.8	33.8	0.3	8	0.36	3.6
Decaf White Mocha - skimmed milk	Grande	1334	317	9.4	6.8	46.7	45.6	0.3	11.2	0.51	3.6
Decaf White Mocha - skimmed milk	Venti	1616	384	10.9	7.9	57.7	56.2	0.4	13.5	0.62	5.4
Decaf White Mocha - almond drink	Tall	954	229	9.7	5.9	31.2	30.1	0.6	3.2	0.31	3.6
Decaf White Mocha - almond drink	Grande	1214	292	11.5	6.8	41.3	40.2	0.7	4.2	0.42	3.6
Decaf White Mocha - almond drink	Venti	1473	354	13.3	7.8	51.3	49.7	1	5.2	0.51	5.4
Decaf White Mocha - soya drink	Tall	1066	255	10.7	6.3	31.3	30.1	1.2	7.5	0.33	3.6
Decaf White Mocha - soya drink	Grande	1378	329	13	7.2	41.5	40.2	1.7	10.5	0.45	3.6
Decaf White Mocha - soya drink	Venti	1668	398	15.1	8.3	51.5	49.7	2	12.7	0.55	5.4
Decaf White Mocha - oat drink	Tall	1176	280	12.5	6.3	37.5	31.3	1.8	3.7	0.39	3.6
Decaf White Mocha - oat drink	Grande	1540	366	15.7	7.2	50.6	41.9	2.5	4.9	0.54	3.6
Decaf White Mocha - oat drink	Venti	1861	442	18.3	8.3	62.4	51.8	3.1	6	0.66	5.4
Decaf White Mocha - coconut drink	Tall	1011	240	10.1	6.9	32.4	31.3	0.7	4.8	0.33	3.6
Decaf White Mocha - coconut drink	Grande	1297	308	12.1	8.1	43.1	42	1	6.5	0.45	3.6
Decaf White Mocha - coconut drink	Venti	1572	373	14.1	9.4	53.4	51.8	1.2	7.9	0.55	5.4
Alternative Coffee Bean - Cold Coffee		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Iced Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	342	82	2.8	1.8	8.1	7.5	0.3	5.8	0.17	85.5
Blonde Iced Latte - semi skimmed milk	Grande	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	539	128	4.4	2.8	12.8	11.8	0.4	9.2	0.27	128.2
Blonde Iced Latte - whole milk	Tall	447	107	5.8	3.6	8	7.3	0.3	5.6	0.17	85.5
Blonde Iced Latte - whole milk	Grande	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	705	168	9.1	5.7	12.6	11.5	0.4	8.9	0.26	128.2
Blonde Iced Latte - skimmed milk	Tall	264	63	0.6	0.2	8.3	7.6	0.3	5.8	0.17	85.5
Blonde Iced Latte - skimmed milk	Grande	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	415	99	0.9	0.4	13.1	12	0.4	9.2	0.27	128.2
Blonde Iced Latte - almond drink	Tall	182	46	2	0.2	4.6	3.9	0.6	1.1	0.11	85.5

Blonde Iced Latte - almond drink	Grande	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	286	71	3.1	0.3	7.2	6.2	0.9	1.7	0.18	128.2
Blonde Iced Latte - soya drink	Tall	293	71	3	0.5	4.8	3.9	1.2	5.4	0.14	85.5
Blonde Iced Latte - soya drink	Grande	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	462	111	4.8	0.8	7.4	6.2	1.9	8.5	0.22	128.2
Blonde Iced Latte - oat drink	Tall	403	96	4.9	0.5	11	5.1	1.8	1.5	0.20	85.5
Blonde Iced Latte - oat drink	Grande	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	635	151	7.7	0.8	17.3	8.1	2.8	2.4	0.31	128.2
Blonde Iced Latte - coconut drink	Tall	239	57	2.4	1.1	5.8	5.2	0.7	2.6	0.14	85.5
Blonde Iced Latte - coconut drink	Grande	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte - coconut drink	Venti	375	89	3.9	1.8	9.2	8.2	1.1	4.1	0.22	128.2
Decaf Iced Latte - semi skimmed milk	Tall	348	83	2.8	1.8	8.5	7.5	0.2	5.8	0.17	3.6
Decaf Iced Latte - semi skimmed milk	Grande	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	548	131	4.4	2.8	13.4	11.8	0.3	9.1	0.27	5.4
Decaf Iced Latte - whole milk	Tall	453	108	5.8	3.6	8.4	7.3	0.2	5.6	0.17	3.6
Decaf Iced Latte - whole milk	Grande	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	714	170	9.1	5.7	13.2	11.6	0.3	8.8	0.26	5.4
Decaf Iced Latte - skimmed milk	Tall	270	64	0.6	0.2	8.7	7.6	0.2	5.8	0.17	3.6
Decaf Iced Latte - skimmed milk	Grande	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	424	101	0.9	0.4	13.7	12.1	0.3	9.1	0.27	5.4
Decaf Iced Latte - almond drink	Tall	188	47	2	0.2	5	4	0.5	1	0.11	3.6
Decaf Iced Latte - almond drink	Grande	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	295	73	3.1	0.3	7.9	6.3	0.8	1.6	0.18	5.4
Decaf Iced Latte - soya drink	Tall	299	72	3	0.5	5.2	3.9	1.2	5.3	0.14	3.6
Decaf Iced Latte - soya drink	Grande	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	471	113	4.8	0.8	8.1	6.2	1.8	8.4	0.22	5.4
Decaf Iced Latte - oat drink	Tall	409	97	4.9	0.5	11.4	5.1	1.7	1.5	0.20	3.6
Decaf Iced Latte - oat drink	Grande	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	644	153	7.7	0.8	17.9	8.1	2.7	2.3	0.31	5.4
Decaf Iced Latte - coconut drink	Tall	244	58	2.4	1.1	6.2	5.2	0.7	2.6	0.14	3.6
Decaf Iced Latte - coconut drink	Grande	372	88	3.8	1.8	9.3	8.2	1	4	0.22	3.6
Decaf Iced Latte - coconut drink	Venti	384	91	3.9	1.8	9.8	8.2	1.1	4.1	0.22	5.4
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	293	70	2.4	1.5	7	6.3	0.3	5	0.14	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	442	105	3.6	2.3	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	478	114	3.9	2.5	11.4	10.4	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - whole milk	Tall	382	91	4.9	3.1	6.9	6.2	0.3	4.8	0.14	85.5
Blonde Classic Iced Cappuccino - whole milk	Grande	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	624	149	8	5.1	11.2	10.2	0.4	7.9	0.23	128.2
Blonde Classic Iced Cappuccino - skimmed milk	Tall	227	54	0.5	0.2	7.1	6.4	0.3	5	0.15	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Grande	338	80	0.8	0.3	10.7	10	0.3	7.5	0.23	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	369	88	0.9	0.4	11.6	10.6	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - almond drink	Tall	158	39	1.7	0.2	4	3.3	0.5	1	0.10	85.5
Blonde Classic Iced Cappuccino - almond drink	Grande	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino - almond drink	Venti	256	64	2.8	0.3	6.5	5.5	0.8	1.5	0.16	128.2
Blonde Classic Iced Cappuccino - soya drink	Tall	252	61	2.6	0.4	4.1	3.3	1.1	4.6	0.12	85.5
Blonde Classic Iced Cappuccino - soya drink	Grande	378	91	3.9	0.6	6	5.1	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	410	99	4.2	0.7	6.7	5.5	1.7	7.5	0.19	128.2
Blonde Classic Iced Cappuccino - oat drink	Tall	345	82	4.1	0.4	9.4	4.3	1.6	1.3	0.17	85.5
Blonde Classic Iced Cappuccino - oat drink	Grande	522	124	6.3	0.6	14.2	6.7	2.3	1.9	0.26	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	563	134	6.8	0.7	15.3	7.1	2.5	2.2	0.27	128.2
Blonde Classic Iced Cappuccino - coconut drink	Tall	205	49	2.1	1	5.1	4.4	0.7	2.3	0.12	85.5
Blonde Classic Iced Cappuccino - coconut drink	Grande	305	72	3.2	1.5	7.4	6.8	0.9	3.3	0.18	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	334	79	3.4	1.6	8.2	7.2	1	3.7	0.19	128.2
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	299	71	2.4	1.5	7.4	6.3	0.2	4.9	0.14	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	447	107	3.6	2.3	10.9	9.8	0.2	7.5	0.22	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	487	116	3.9	2.5	12	10.4	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - whole milk	Tall	387	92	4.9	3.1	7.3	6.2	0.2	4.8	0.14	3.6
Decaf Classic Iced Cappuccino - whole milk	Grande	585	140	7.6	4.8	10.7	9.6	0.2	7.3	0.22	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	633	151	8	5.1	11.8	10.2	0.3	7.8	0.23	5.4
Decaf Classic Iced Cappuccino - skimmed milk	Tall	232	55	0.5	0.2	7.5	6.5	0.2	4.9	0.15	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Grande	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Venti	378	90	0.9	0.4	12.2	10.6	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - almond drink	Tall	164	41	1.7	0.2	4.4	3.4	0.5	0.9	0.10	3.6
Decaf Classic Iced Cappuccino - almond drink	Grande	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino - almond drink	Venti	264	66	2.8	0.3	7.1	5.5	0.8	1.5	0.16	5.4
Decaf Classic Iced Cappuccino - soya drink	Tall	258	62	2.6	0.4	4.5	3.3	1	4.5	0.12	3.6
Decaf Classic Iced Cappuccino - soya drink	Grande	383	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	419	101	4.2	0.7	7.3	5.5	1.6	7.4	0.19	5.4
Decaf Classic Iced Cappuccino - oat drink	Tall	350	83	4.1	0.4	9.8	4.4	1.5	1.3	0.17	3.6
Decaf Classic Iced Cappuccino - oat drink	Grande	528	125	6.3	0.6	14.6	6.7	2.2	1.9	0.26	3.6
Decaf Classic Iced Cappuccino - oat drink	Venti	572	136	6.8	0.7	15.9	7.1	2.5	2.1	0.27	5.4
Decaf Classic Iced Cappuccino - coconut drink	Tall	211	50	2.1	1	5.5	4.4	0.6	2.2	0.12	3.6
Decaf Classic Iced Cappuccino - coconut drink	Grande	311	74	3.2	1.5	7.8	6.8	0.8	3.3	0.18	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	343	81	3.4	1.6	8.8	7.2	1	3.6	0.19	5.4
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	379	90	3.1	2	9	8.3	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	548	131	4.5	2.9	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	572	136	4.7	3	13.6	12.6	0.4	9.7	0.29	128.2
Blonde Iced Latte Macchiato - whole milk	Tall	496	118	6.4	4.1	8.8	8.1	0.3	6.3	0.18	85.5
Blonde Iced Latte Macchiato - whole milk	Grande	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	749	179	9.7	6.1	13.3	12.3	0.4	9.5	0.28	128.2
Blonde Iced Latte Macchiato - skimmed milk	Tall	291	69	0.7	0.3	9.2	8.5	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - skimmed milk	Grande	419	100	0.9	0.4	13.2	12.5	0.3	9.4	0.29	85.5
Blonde Iced Latte Macchiato - skimmed milk	Venti	440	105	1	0.4	13.8	12.8	0.4	9.7	0.29	128.2
Blonde Iced Latte Macchiato - almond drink	Tall	200	50	2.2	0.2	5.1	4.4	0.6	1.2	0.13	85.5
Blonde Iced Latte Macchiato - almond drink	Grande	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - almond drink	Venti	302	76	3.3	0.3	7.6	6.6	0.9	1.8	0.19	128.2
Blonde Iced Latte Macchiato - soya drink	Tall	324	78	3.4	0.6	5.2	4.4	1.3	5.9	0.15	85.5
Blonde Iced Latte Macchiato - soya drink	Grande	468	112	4.9	0.8	7.3	6.4	1.8	8.7	0.23	85.5
Blonde Iced Latte Macchiato - soya drink	Venti	490	118	5.1	0.8	7.9	6.6	2	9	0.23	128.2
Blonde Iced Latte Macchiato - oat drink	Tall	447	106	5.4	0.6	12.1	5.7	2	1.7	0.22	85.5
Blonde Iced Latte Macchiato - oat drink	Grande	649	154	7.9	0.8	17.6	8.4	2.8	2.3	0.32	85.5
Blonde Iced Latte Macchiato - oat drink	Venti	675	160	8.2	0.8	18.3	8.6	3	2.5	0.33	128.2
Blonde Iced Latte Macchiato - coconut drink	Tall	263	62	2.7	1.2	6.4	5.8	0.8	2.9	0.15	85.5
Blonde Iced Latte Macchiato - coconut drink	Grande	377	89	3.9	1.8	9.1	8.5	1	4.1	0.23	85.5
Blonde Iced Latte Macchiato - coconut drink	Venti	398	94	4.1	1.9	9.7	8.7	1.2	4.4	0.23	128.2
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	385	92	3.1	2	9.4	8.3	0.2	6.4	0.19	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	554	132	4.5	2.9	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	581	138	4.7	3	14.2	12.6	0.3	9.7	0.29	5.4
Decaf Iced Latte Macchiato - whole milk	Tall	502	120	6.4	4.1	9.2	8.2	0.2	6.2	0.18	3.6
Decaf Iced Latte Macchiato - whole milk	Grande	728	173	9.5	6	13.1	12	0.2	9.1	0.27	3.6
Decaf Iced Latte Macchiato - whole milk	Venti	758	181	9.7	6.1	13.9	12.3	0.3	9.4	0.28	5.4
Decaf Iced Latte Macchiato - skimmed milk	Tall	297	71	0.7	0.3	9.6	8.5	0.2	6.4	0.19	3.6
Decaf Iced Latte Macchiato - skimmed milk	Grande	425	101	0.9	0.4	13.6	12.5	0.2	9.3	0.29	3.6
Decaf Iced Latte Macchiato - skimmed milk	Venti	449	107	1	0.4	14.5	12.9	0.3	9.7	0.29	5.4
Decaf Iced Latte Macchiato - almond drink	Tall	206	51	2.2	0.2	5.5	4.4	0.6	1.1	0.13	3.6
Decaf Iced Latte Macchiato - almond drink	Grande	290	72	3.2	0.3	7.5	6.5	0.7	1.5	0.19	3.6
Decaf Iced Latte Macchiato - almond drink	Venti	311	78	3.3	0.3	8.3	6.7	0.9	1.7	0.19	5.4
Decaf Iced Latte Macchiato - soya drink	Tall	330	79	3.4	0.6	5.6	4.4	1.3	5.9	0.15	3.6
Decaf Iced Latte Macchiato - soya drink	Grande	474	114	4.9	0.8	7.7	6.4	1.8	8.6	0.23	3.6
Decaf Iced Latte Macchiato - soya drink	Venti	499	120	5.1	0.8	8.5	6.6	1.9	8.9	0.23	5.4
Decaf Iced Latte Macchiato - oat drink	Tall	453	107	5.4	0.6	12.5	5.7	1.9	1.6	0.22	3.6
Decaf Iced Latte Macchiato - oat drink	Grande	655	155	7.9	0.8	18	8.4	2.7	2.3	0.32	3.6

Decaf Iced Latte Macchiato - oat drink	Venti	684	162	8.2	0.8	18.9	8.6	2.9	2.5	0.33	5.4
Decaf Iced Latte Macchiato - coconut drink	Tall	269	64	2.7	1.2	6.8	5.8	0.7	2.8	0.15	3.6
Decaf Iced Latte Macchiato - coconut drink	Grande	383	91	3.9	1.8	9.5	8.5	1	4.1	0.23	3.6
Decaf Iced Latte Macchiato - coconut drink	Venti	406	96	4.1	1.9	10.3	8.7	1.1	4.3	0.23	5.4
Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	611	145	4.2	2.6	20.3	19.1	0.3	6.5	0.22	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	841	200	5.6	3.6	27.8	26.6	0.3	9.5	0.31	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	926	220	5.8	3.6	32	30.4	0.4	9.8	0.32	128.2
Blonde Iced Caramel Macchiato - whole milk	Tall	728	173	7.5	4.7	20.1	18.9	0.3	6.4	0.22	85.5
Blonde Iced Caramel Macchiato - whole milk	Grande	1015	241	10.5	6.6	27.6	26.3	0.3	9.2	0.31	85.5
Blonde Iced Caramel Macchiato - whole milk	Venti	1103	262	10.8	6.8	31.8	30.2	0.4	9.6	0.31	128.2
Blonde Iced Caramel Macchiato - skimmed milk	Tall	523	124	1.7	0.9	20.4	19.3	0.3	6.5	0.23	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Grande	712	169	2	1	28.1	26.9	0.3	9.5	0.32	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Venti	793	188	2.1	1.1	32.3	30.7	0.4	9.8	0.33	128.2
Blonde Iced Caramel Macchiato - almond drink	Tall	432	105	3.3	0.9	16.3	15.2	0.6	1.3	0.16	85.5
Blonde Iced Caramel Macchiato - almond drink	Grande	577	140	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato - almond drink	Venti	656	159	4.4	1	26.1	24.5	0.9	1.9	0.23	128.2
Blonde Iced Caramel Macchiato - soya drink	Tall	557	133	4.4	1.2	16.5	15.2	1.3	6	0.19	85.5
Blonde Iced Caramel Macchiato - soya drink	Grande	761	182	6	1.5	22.2	20.7	1.8	8.7	0.26	85.5
Blonde Iced Caramel Macchiato - soya drink	Venti	844	201	6.2	1.5	26.3	24.4	2	9.1	0.27	128.2
Blonde Iced Caramel Macchiato - oat drink	Tall	679	161	6.5	1.2	23.4	16.5	2	1.8	0.25	85.5
Blonde Iced Caramel Macchiato - oat drink	Grande	942	223	9	1.5	32.5	22.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	1029	244	9.2	1.5	36.8	26.5	3	2.6	0.37	128.2
Blonde Iced Caramel Macchiato - coconut drink	Tall	495	117	3.8	1.9	17.7	16.6	0.8	3	0.19	85.5
Blonde Iced Caramel Macchiato - coconut drink	Grande	670	158	5	2.5	24	22.8	1	4.2	0.26	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	751	178	5.1	2.5	28.2	26.5	1.2	4.4	0.27	128.2
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	617	147	4.2	2.6	20.7	19.1	0.2	6.5	0.22	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	847	201	5.6	3.6	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	934	222	5.8	3.6	32.7	30.5	0.3	9.7	0.32	5.4
Decaf Iced Caramel Macchiato - whole milk	Tall	734	175	7.5	4.7	20.5	19	0.2	6.3	0.22	3.6
Decaf Iced Caramel Macchiato - whole milk	Grande	1021	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	1112	264	10.8	6.8	32.4	30.2	0.3	9.5	0.31	5.4
Decaf Iced Caramel Macchiato - skimmed milk	Tall	529	126	1.7	0.9	20.8	19.3	0.2	6.5	0.23	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Grande	718	170	2	1	28.5	26.9	0.2	9.4	0.32	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Venti	802	190	2.1	1.1	32.9	30.7	0.3	9.7	0.33	5.4
Decaf Iced Caramel Macchiato - almond drink	Tall	438	106	3.3	0.9	16.7	15.2	0.6	1.2	0.16	3.6
Decaf Iced Caramel Macchiato - almond drink	Grande	583	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	665	161	4.4	1	26.7	24.5	0.9	1.8	0.23	5.4
Decaf Iced Caramel Macchiato - soya drink	Tall	562	134	4.4	1.2	16.9	15.2	1.3	6	0.19	3.6
Decaf Iced Caramel Macchiato - soya drink	Grande	767	183	6	1.5	22.6	20.8	1.8	8.7	0.26	3.6
Decaf Iced Caramel Macchiato - soya drink	Venti	852	203	6.2	1.5	26.9	24.5	1.9	9	0.27	5.4
Decaf Iced Caramel Macchiato - oat drink	Tall	685	162	6.5	1.2	23.8	16.5	1.9	1.7	0.25	3.6
Decaf Iced Caramel Macchiato - oat drink	Grande	948	224	9	1.5	32.9	22.7	2.7	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - oat drink	Venti	1037	246	9.2	1.5	37.4	26.5	2.9	2.6	0.37	5.4
Decaf Iced Caramel Macchiato - coconut drink	Tall	501	119	3.8	1.9	18.1	16.6	0.7	2.9	0.19	3.6
Decaf Iced Caramel Macchiato - coconut drink	Grande	676	160	5	2.5	24.4	22.8	1	4.2	0.26	3.6
Decaf Iced Caramel Macchiato - coconut drink	Venti	760	180	5.1	2.5	28.8	26.6	1.1	4.4	0.27	5.4
Blonde Iced Mocha - semi skimmed milk	Tall	924	222	12.6	8.7	19.2	17.9	2.1	6.8	0.17	97.6
Blonde Iced Mocha - semi skimmed milk	Grande	1304	312	17.2	11.9	28	26.3	3	9.9	0.25	103.7
Blonde Iced Mocha - semi skimmed milk	Venti	1426	342	17.7	12.2	33	30.7	4	10.5	0.24	152.5
Blonde Iced Mocha - whole milk	Tall	1012	243	15.1	10.3	19.1	17.7	2.1	6.6	0.16	97.6
Blonde Iced Mocha - whole milk	Grande	1436	344	20.9	14.2	27.8	26.1	3	9.7	0.24	103.7
Blonde Iced Mocha - whole milk	Venti	1554	372	21.3	14.5	32.8	30.5	4	10.3	0.24	152.5
Blonde Iced Mocha - skimmed milk	Tall	859	206	10.8	7.5	19.3	18	2.1	6.8	0.17	97.6
Blonde Iced Mocha - skimmed milk	Grande	1205	289	14.4	10	28.2	26.5	3	9.9	0.25	103.7
Blonde Iced Mocha - skimmed milk	Venti	1330	319	15	10.3	33.2	30.9	4	10.5	0.25	152.5
Blonde Iced Mocha - almond drink	Tall	791	191	11.9	7.4	16.3	14.9	2.3	2.8	0.12	97.6
Blonde Iced Mocha - almond drink	Grande	1103	267	16.2	9.9	23.6	21.9	3.3	4	0.18	103.7
Blonde Iced Mocha - almond drink	Venti	1231	298	16.7	10.3	28.7	26.4	4.4	4.7	0.18	152.5
Blonde Iced Mocha - soya drink	Tall	884	212	12.8	7.7	16.4	14.9	2.8	6.4	0.14	97.6
Blonde Iced Mocha - soya drink	Grande	1243	299	17.5	10.3	23.7	21.9	4.1	9.4	0.21	103.7
Blonde Iced Mocha - soya drink	Venti	1367	328	18	10.6	28.9	26.4	5.1	10	0.21	152.5
Blonde Iced Mocha - oat drink	Tall	975	233	14.3	7.7	21.6	15.9	3.3	3.2	0.19	97.6
Blonde Iced Mocha - oat drink	Grande	1381	330	19.8	10.3	31.5	23.4	4.9	4.6	0.28	103.7
Blonde Iced Mocha - oat drink	Venti	1501	359	20.2	10.6	36.5	27.8	5.8	5.3	0.28	152.5
Blonde Iced Mocha - coconut drink	Tall	838	201	12.3	8.2	17.3	15.9	2.4	4.1	0.14	97.6
Blonde Iced Mocha - coconut drink	Grande	1174	281	16.8	11.1	25.1	23.4	3.5	5.9	0.21	103.7
Blonde Iced Mocha - coconut drink	Venti	1300	311	17.3	11.4	30.2	27.9	4.6	6.6	0.21	152.5
Decaf Iced Mocha - semi skimmed milk	Tall	1021	245	12.9	8.9	23.8	21.8	2.9	6.8	0.15	21.8
Decaf Iced Mocha - semi skimmed milk	Grande	1422	341	17.7	12.2	33.1	30.7	3.8	10.3	0.24	27.9
Decaf Iced Mocha - semi skimmed milk	Venti	1507	361	17.8	12.3	37.4	34.2	4.8	10.2	0.22	35.8
Decaf Iced Mocha - whole milk	Tall	1099	263	15.1	10.3	23.7	21.6	2.9	6.7	0.15	21.8
Decaf Iced Mocha - whole milk	Grande	1552	371	21.3	14.5	32.9	30.5	3.8	10.2	0.24	27.9
Decaf Iced Mocha - whole milk	Venti	1619	388	21	14.2	37.2	34	4.8	10	0.22	35.8
Decaf Iced Mocha - skimmed milk	Tall	963	231	11.3	7.8	23.9	21.9	2.9	6.8	0.16	21.8
Decaf Iced Mocha - skimmed milk	Grande	1326	317	15	10.3	33.3	30.9	3.8	10.3	0.25	27.9
Decaf Iced Mocha - skimmed milk	Venti	1423	341	15.5	10.6	37.6	34.3	4.8	10.2	0.22	35.8
Decaf Iced Mocha - almond drink	Tall	903	218	12.3	7.7	21.2	19.2	3.1	3.3	0.11	21.8
Decaf Iced Mocha - almond drink	Grande	1226	296	16.7	10.3	28.8	26.4	4.2	4.5	0.18	27.9
Decaf Iced Mocha - almond drink	Venti	1337	322	17	10.6	33.7	30.4	5.1	5.2	0.16	35.8
Decaf Iced Mocha - soya drink	Tall	985	236	13.1	8	21.3	19.1	3.6	6.5	0.13	21.8
Decaf Iced Mocha - soya drink	Grande	1363	327	18	10.6	29	26.4	4.9	9.8	0.21	27.9
Decaf Iced Mocha - soya drink	Venti	1455	349	18.1	10.9	33.8	30.4	5.8	9.7	0.19	35.8
Decaf Iced Mocha - oat drink	Tall	1067	255	14.4	8	25.9	20	4	3.7	0.17	21.8
Decaf Iced Mocha - oat drink	Grande	1498	358	20.2	10.6	36.6	27.8	5.7	5.1	0.28	27.9
Decaf Iced Mocha - oat drink	Venti	1572	376	20	10.9	40.4	31.6	6.4	5.7	0.25	35.8
Decaf Iced Mocha - coconut drink	Tall	944	226	12.6	8.4	22.1	20.1	3.3	4.5	0.13	21.8
Decaf Iced Mocha - coconut drink	Grande	1295	310	17.2	11.4	30.3	27.9	4.4	6.4	0.21	27.9
Decaf Iced Mocha - coconut drink	Venti	1397	334	17.4	11.6	35	31.7	5.3	6.8	0.19	35.8
Blonde Iced White Mocha - semi skimmed milk	Tall	1050	251	13.3	9.5	25.9	25.3	0.3	6.8	0.28	85.5
Blonde Iced White Mocha - semi skimmed milk	Grande	1519	363	18.4	13.2	38.7	38.1	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	1681	402	19.1	13.7	46.6	45.6	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - whole milk	Tall	1138	272	15.8	11.1	25.8	25.1	0.3	6.7	0.28	85.5
Blonde Iced White Mocha - whole milk	Grande	1661	397	22.5	15.7	38.5	37.9	0.3	10.2	0.43	85.5
Blonde Iced White Mocha - whole milk	Venti	1811	433	22.8	16	46.4	45.4	0.5	10.4	0.47	128.2
Blonde Iced White Mocha - skimmed milk	Tall	984	235	11.4	8.2	26.1	25.4	0.3	6.8	0.29	85.5
Blonde Iced White Mocha - skimmed milk	Grande	1414	338	15.5	11.1	38.9	38.3	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - skimmed milk	Venti	1583	378	16.4	11.8	46.8	45.8	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - almond drink	Tall	915	221	12.6	8.2	23	22.3	0.6	2.8	0.24	85.5
Blonde Iced White Mocha - almond drink	Grande	1304	315	17.3	11.1	34	33.3	0.7	4	0.36	85.5
Blonde Iced White Mocha - almond drink	Venti	1482	357	18.1	11.8	42.2	41.2	0.9	4.7	0.41	128.2
Blonde Iced White Mocha - soya drink	Tall	1009	242	13.5	8.4	23.1	22.3	1.1	6.4	0.26	85.5
Blonde Iced White Mocha - soya drink	Grande	1454	348	18.8	11.5	34.2	33.3	1.6	9.8	0.39	85.5
Blonde Iced White Mocha - soya drink	Venti	1620	388	19.4	12.1	42.4	41.2	1.6	10	0.44	128.2
Blonde Iced White Mocha - oat drink	Tall	1102	263	15	8.4	28.3	23.3	1.6	3.2	0.31	85.5
Blonde Iced White Mocha - oat drink	Grande	1602	382	21.2	11.5	42.5	34.9	2.4	4.6	0.47	85.5
Blonde Iced White Mocha - oat drink	Venti	1757	419	21.6	12.1	50.1	42.6	2.4	5.3	0.51	128.2
Blonde Iced White Mocha - coconut drink	Tall	963	230	13	8.9	24	23.3	0.7	4.1	0.26	85.5
Blonde Iced White Mocha - coconut drink	Grande	1380	329	18	12.3	35.6	35	0.9	6.1	0.39	85.5
Blonde Iced White Mocha - coconut drink	Venti	1552	370	18.6	12.9	43.7	42.7	1	6.6	0.44	128.2
Decaf Iced White Mocha - semi skimmed milk	Tall	1209	289	13.9	10	33.9	32.9	0.3	6.9	0.33	3.6
Decaf Iced White Mocha - semi skimmed milk	Grande	1681	402	19.1	13.						

Decaf Iced White Mocha - whole milk	Tall	1288	308	16.1	11.4	33.8	32.7	0.3	6.7	0.32	3.6
Decaf Iced White Mocha - whole milk	Grande	1814	433	22.8	16.1	46.6	45.5	0.3	10.3	0.48	3.6
Decaf Iced White Mocha - whole milk	Venti	1954	466	23	16.3	54.4	52.8	0.4	10.3	0.51	5.4
Decaf Iced White Mocha - skimmed milk	Tall	1150	275	12.3	8.9	34	33	0.3	6.9	0.33	3.6
Decaf Iced White Mocha - skimmed milk	Grande	1582	378	16.3	11.8	47	45.9	0.3	10.5	0.49	3.6
Decaf Iced White Mocha - skimmed milk	Venti	1747	417	17.2	12.5	54.8	53.2	0.4	10.5	0.52	5.4
Decaf Iced White Mocha - almond drink	Tall	1089	262	13.3	8.9	31.3	30.2	0.5	3.3	0.29	3.6
Decaf Iced White Mocha - almond drink	Grande	1479	356	18	11.7	42.3	41.3	0.7	4.5	0.41	3.6
Decaf Iced White Mocha - almond drink	Venti	1656	398	18.7	12.4	50.6	49	0.8	5.2	0.46	5.4
Decaf Iced White Mocha - soya drink	Tall	1173	281	14.1	9.1	31.4	30.2	1	6.5	0.30	3.6
Decaf Iced White Mocha - soya drink	Grande	1620	388	19.4	12.1	42.5	41.2	1.5	10	0.44	3.6
Decaf Iced White Mocha - soya drink	Venti	1781	426	19.9	12.8	50.8	49	1.5	10	0.48	5.4
Decaf Iced White Mocha - oat drink	Tall	1255	299	15.4	9.1	36	31.1	1.4	3.7	0.35	3.6
Decaf Iced White Mocha - oat drink	Grande	1759	419	21.7	12.1	50.3	42.7	2.2	5.1	0.52	3.6
Decaf Iced White Mocha - oat drink	Venti	1905	454	21.9	12.8	57.8	50.4	2.1	5.7	0.55	5.4
Decaf Iced White Mocha - coconut drink	Tall	1132	270	13.6	9.5	32.2	31.1	0.6	4.5	0.30	3.6
Decaf Iced White Mocha - coconut drink	Grande	1551	370	18.6	12.9	43.9	42.8	0.9	6.5	0.44	3.6
Decaf Iced White Mocha - coconut drink	Venti	1719	410	19.2	13.5	52	50.4	0.9	6.9	0.48	5.4
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	426	101	2.1	1.3	16	15	0.3	4.4	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	546	130	2.6	1.6	20.8	19.4	0.4	5.5	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	656	156	3	1.8	25.4	23.6	0.5	6.4	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	503	119	4.3	2.7	15.9	14.9	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	640	152	5.2	3.3	20.7	19.3	0.4	5.4	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	763	181	6	3.8	25.3	23.4	0.5	6.2	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	368	87	0.5	0.2	16.1	15.1	0.3	4.4	0.13	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	476	113	0.6	0.2	21	19.5	0.4	5.5	0.16	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	576	136	0.7	0.3	25.6	23.7	0.5	6.4	0.18	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	309	75	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	403	97	1.9	0.2	17.7	16.3	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	493	119	2.2	0.2	21.9	20	0.9	1.6	0.12	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	390	93	2.3	0.4	13.5	12.4	0.9	4.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	503	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	606	144	3.2	0.6	22	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	471	111	3.6	0.4	18	13.3	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	601	142	4.4	0.5	23.3	17.3	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	718	170	5.1	0.6	28.3	21.2	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	350	83	1.8	0.8	14.3	13.3	0.6	2.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	454	107	2.3	1	18.8	17.4	0.8	2.7	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	550	130	2.6	1.2	23.1	21.2	1	3.2	0.14	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	428	102	2.1	1.3	16.2	15	0.2	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	549	130	2.6	1.6	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	659	157	3	1.8	26	23.6	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	505	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	642	153	5.2	3.3	21.1	19.3	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	767	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	370	88	0.5	0.2	16.4	15.1	0.2	4.3	0.13	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	479	113	0.6	0.2	21.4	19.6	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	579	137	0.7	0.3	26.1	23.8	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	310	75	1.5	0.2	13.7	12.5	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	392	93	2.3	0.4	13.8	12.4	0.9	4	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	505	120	2.8	0.5	18.2	16.3	1.2	4.9	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	610	145	3.2	0.6	22.5	20	1.4	5.7	0.14	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	473	112	3.6	0.4	18.3	13.3	1.3	1.2	0.14	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	603	143	4.4	0.5	23.8	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	722	171	5.1	0.6	28.9	21.2	2	1.8	0.20	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	352	83	1.8	0.8	14.6	13.3	0.6	2	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	456	108	2.3	1	19.2	17.4	0.7	2.5	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	554	131	2.6	1.2	23.6	21.3	0.9	2.9	0.14	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	356	86	8	5	2.1	1.4	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Iced Coffee	Mini	362	88	8	5	2.5	1.4	0.2	1.3	0.03	3.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	423	102	8	5	6.1	5.3	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	429	103	8	5	6.5	5.3	0.2	1.3	0.03	3.6
Alternative Coffee Bean - Frappuccino		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Coffee Frappuccino - semi skimmed milk	Tall	873	208	10.5	7.4	24.9	24.4	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - semi skimmed milk	Grande	1108	265	13.6	9.6	31.4	30.5	0.2	3.9	0.46	2.8
Decaf Coffee Frappuccino - semi skimmed milk	Venti	1226	293	13.6	9.6	38.2	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - whole milk	Tall	922	220	11.9	8.3	24.9	24.3	0.1	3.3	0.37	1.7
Decaf Coffee Frappuccino - whole milk	Grande	1162	278	15.1	10.6	31.3	30.4	0.2	3.8	0.46	2.8
Decaf Coffee Frappuccino - whole milk	Venti	1278	305	15.1	10.6	38.1	36.9	0.3	3.8	0.56	4.1
Decaf Coffee Frappuccino - skimmed milk	Tall	836	200	9.5	6.7	25	24.5	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - skimmed milk	Grande	1068	255	12.5	8.9	31.4	30.6	0.2	3.9	0.47	2.8
Decaf Coffee Frappuccino - skimmed milk	Venti	1187	283	12.5	8.9	38.3	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - almond drink	Tall	798	192	10.1	6.7	23.3	22.7	0.2	1.1	0.35	1.7
Decaf Coffee Frappuccino - almond drink	Grande	1026	246	13.2	8.8	29.6	28.7	0.3	1.4	0.43	2.8
Decaf Coffee Frappuccino - almond drink	Venti	1147	275	13.2	8.8	36.5	35.2	0.4	1.5	0.53	4.1
Decaf Coffee Frappuccino - soya drink	Tall	850	203	10.6	6.8	23.3	22.7	0.5	3.1	0.36	1.7
Decaf Coffee Frappuccino - soya drink	Grande	1083	259	13.7	9	29.6	28.7	0.7	3.7	0.45	2.8
Decaf Coffee Frappuccino - soya drink	Venti	1202	287	13.7	9	36.5	35.2	0.7	3.6	0.54	4.1
Decaf Coffee Frappuccino - oat drink	Tall	902	215	11.5	6.8	26.3	23.3	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino - oat drink	Grande	1140	272	14.7	9	32.8	29.3	1	1.7	0.48	2.8
Decaf Coffee Frappuccino - oat drink	Venti	1256	300	14.6	9	39.6	35.8	1	1.7	0.57	4.1
Decaf Coffee Frappuccino - coconut drink	Tall	824	197	10.3	7.1	23.9	23.3	0.3	1.8	0.36	1.7
Decaf Coffee Frappuccino - coconut drink	Grande	1055	252	13.4	9.3	30.2	29.3	0.4	2.2	0.45	2.8
Decaf Coffee Frappuccino - coconut drink	Venti	1175	280	13.4	9.3	37.1	35.8	0.5	2.3	0.54	4.1
Decaf Caramel Frappuccino - semi skimmed milk	Tall	1057	252	12	8.4	32.4	31.4	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - semi skimmed milk	Grande	1338	319	15.3	10.7	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - semi skimmed milk	Venti	1505	359	15.5	10.8	50.2	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - whole milk	Tall	1101	263	13.3	9.2	32.4	31.4	0.1	3.1	0.39	1.5
Decaf Caramel Frappuccino - whole milk	Grande	1389	332	16.8	11.6	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - whole milk	Venti	1555	371	17	11.7	50.1	48.3	0.3	3.8	0.60	3.9
Decaf Caramel Frappuccino - skimmed milk	Tall	1024	244	11.1	7.8	32.5	31.5	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - skimmed milk	Grande	1300	310	14.3	10	41.1	39.7	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - skimmed milk	Venti	1468	350	14.5	10.1	50.3	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - almond drink	Tall	990	237	11.7	7.7	31	30	0.2	1.2	0.37	1.5
Decaf Caramel Frappuccino - almond drink	Grande	1261	302	14.9	10	39.3	37.9	0.3	1.6	0.47	2.6
Decaf Caramel Frappuccino - almond drink	Venti	1429	342	15.2	10.1	48.5	46.7	0.4	1.7	0.57	3.9
Decaf Caramel Frappuccino - soya drink	Tall	1037	248	12.1	7.9	31	29.9	0.5	3	0.38	1.5
Decaf Caramel Frappuccino - soya drink	Grande	1315	314	15.5	10.1	39.4	37.9	0.6	3.6	0.48	2.6
Decaf Caramel Frappuccino - soya drink	Venti	1482	354	15.7	10.2	48.6	46.7	0.7	3.7	0.58	3.9
Decaf Caramel Frappuccino - oat drink	Tall	1083	258	12.9	7.9	33.6	30.4	0.7	1.4	0.40	1.5
Decaf Caramel Frappuccino - oat drink	Grande	1368	326	16.3	10.1	42.4	38.5	0.9	1.8	0.51	2.6
Decaf Caramel Frappuccino - oat drink	Venti	1534	366	16.5	10.2	51.5	47.2	1	1.9	0.61	3.9
Decaf Caramel Frappuccino - coconut drink	Tall	1014	242	11.9	8.1	31.5	30.5	0.3	1.9	0.38	1.5
Decaf Caramel Frappuccino - coconut drink	Grande	1288	307	15.2	10.4	39.9	38.5	0.4	2.3	0.48	2.6
Decaf Caramel Frappuccino - coconut drink	Venti	1456	347	15.4	10.5	49.1	47.3	0.5	2.4	0.58	3.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	945	226	10.9	7.7	27.6	26.8	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - semi skimmed milk	Grande	1252	299	14.3	10	37.1	35.8	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - semi skimmed milk	Venti	1407	336	14.4	10.1	45.4	43.7	1.7	4.8	0.55	13.7

Decaf Mocha Frappuccino - whole milk	Venti	1458	348	15.9	11	45.4	43.6	1.7	4.7	0.55	13.7
Decaf Mocha Frappuccino - skimmed milk	Tall	911	218	9.9	7	27.7	26.9	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - skimmed milk	Grande	1212	289	13.1	9.3	37.2	35.9	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - skimmed milk	Venti	1369	326	13.4	9.4	45.5	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - almond drink	Tall	876	210	10.5	7	26.1	25.3	1.1	1.7	0.32	7.1
Decaf Mocha Frappuccino - almond drink	Grande	1170	281	13.8	9.2	35.3	34.1	1.5	2.2	0.43	10.4
Decaf Mocha Frappuccino - almond drink	Venti	1329	318	14	9.4	43.7	42	1.8	2.5	0.52	13.7
Decaf Mocha Frappuccino - soya drink	Tall	924	221	11	7.1	26.2	25.3	1.3	3.5	0.33	7.1
Decaf Mocha Frappuccino - soya drink	Grande	1227	293	14.4	9.4	35.4	34	1.8	4.4	0.44	10.4
Decaf Mocha Frappuccino - soya drink	Venti	1383	330	14.5	9.5	43.8	41.9	2.1	4.6	0.54	13.7
Decaf Mocha Frappuccino - oat drink	Tall	972	232	11.8	7.1	28.8	25.8	1.6	1.8	0.36	7.1
Decaf Mocha Frappuccino - oat drink	Grande	1283	306	15.3	9.4	38.6	34.6	2.1	2.4	0.47	10.4
Decaf Mocha Frappuccino - oat drink	Venti	1437	342	15.4	9.5	46.8	42.5	2.4	2.7	0.56	13.7
Decaf Mocha Frappuccino - coconut drink	Tall	901	215	10.7	7.4	26.6	25.8	1.1	2.3	0.33	7.1
Decaf Mocha Frappuccino - coconut drink	Grande	1199	286	14.1	9.7	36	34.7	1.5	3	0.44	10.4
Decaf Mocha Frappuccino - coconut drink	Venti	1356	323	14.3	9.8	44.3	42.5	1.9	3.3	0.54	13.7
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	1123	268	13.2	9.5	32.3	30.3	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	1492	356	17.4	12.6	43.5	40.5	2.2	5.3	0.51	12
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	1696	405	18.3	13.3	52.8	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - whole milk	Tall	1168	279	14.4	10.3	32.3	30.2	1.6	4.1	0.38	8.6
Decaf Java Chip Frappuccino - whole milk	Grande	1545	369	18.9	13.5	43.4	40.4	2.2	5.2	0.51	12
Decaf Java Chip Frappuccino - whole milk	Venti	1746	417	19.7	14.2	52.7	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - skimmed milk	Tall	1090	260	12.2	8.9	32.4	30.4	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - skimmed milk	Grande	1453	347	16.3	11.8	43.6	40.6	2.2	5.3	0.52	12
Decaf Java Chip Frappuccino - skimmed milk	Venti	1659	396	17.3	12.6	52.9	49	2.8	5.5	0.62	15.4
Decaf Java Chip Frappuccino - almond drink	Tall	1056	253	12.8	8.9	30.9	28.8	1.7	2.2	0.36	8.6
Decaf Java Chip Frappuccino - almond drink	Grande	1412	338	17	11.8	41.7	38.7	2.3	2.9	0.49	12
Decaf Java Chip Frappuccino - almond drink	Venti	1620	388	17.9	12.6	51.1	47.3	2.9	3.3	0.59	15.4
Decaf Java Chip Frappuccino - soya drink	Tall	1103	264	13.3	9	30.9	28.8	2	4	0.37	8.6
Decaf Java Chip Frappuccino - soya drink	Grande	1468	351	17.5	12	41.8	38.7	2.7	5	0.50	12
Decaf Java Chip Frappuccino - soya drink	Venti	1673	400	18.4	12.7	51.2	47.3	3.2	5.3	0.60	15.4
Decaf Java Chip Frappuccino - oat drink	Tall	1149	274	14	9	33.5	29.3	2.3	2.4	0.40	8.6
Decaf Java Chip Frappuccino - oat drink	Grande	1523	364	18.4	12	44.9	39.3	3	3.1	0.53	12
Decaf Java Chip Frappuccino - oat drink	Venti	1725	412	19.3	12.7	54.1	47.8	3.5	3.5	0.63	15.4
Decaf Java Chip Frappuccino - coconut drink	Tall	1080	258	13	9.3	31.4	29.3	1.8	2.8	0.37	8.6
Decaf Java Chip Frappuccino - coconut drink	Grande	1440	344	17.2	12.3	42.3	39.4	2.4	3.7	0.50	12
Decaf Java Chip Frappuccino - coconut drink	Venti	1647	393	18.1	13	51.7	47.8	3	4	0.60	15.4
Summer FY26 Promo Beverages Alternative Coffees	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	
Signature Iced Caramelised Banana Latte - semi skimmed milk	Tall	635	151	3.9	2.6	21.1	20.3	0.3	7.7	0.34	85.5
Signature Iced Caramelised Banana Latte - semi skimmed milk	Grande	911	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5
Signature Iced Caramelised Banana Latte - semi skimmed milk	Venti	1051	249	6.4	4.4	35.9	34.5	0.4	11.9	0.56	128.2
Signature Iced Caramelised Banana Latte - whole milk	Tall	730	173	6.6	4.3	21	20.1	0.3	7.6	0.33	85.5
Signature Iced Caramelised Banana Latte - whole milk	Grande	1058	251	9.8	6.5	29.9	28.9	0.3	10.8	0.48	85.5
Signature Iced Caramelised Banana Latte - whole milk	Venti	1199	285	10.6	7.1	35.7	34.3	0.4	11.7	0.55	128.2
Signature Iced Caramelised Banana Latte - skimmed milk	Tall	564	134	1.9	1.3	21.3	20.4	0.3	7.7	0.34	85.5
Signature Iced Caramelised Banana Latte - skimmed milk	Grande	802	190	2.6	1.8	30.3	29.4	0.3	11	0.49	85.5
Signature Iced Caramelised Banana Latte - skimmed milk	Venti	939	223	3.2	2.2	36.1	34.8	0.4	11.9	0.56	128.2
Signature Iced Caramelised Banana Latte - almond drink	Tall	490	118	3.1	1.2	17.9	17.1	0.6	3.4	0.29	85.5
Signature Iced Caramelised Banana Latte - almond drink	Grande	689	166	4.6	1.7	25.2	24.3	0.7	4.5	0.41	85.5
Signature Iced Caramelised Banana Latte - almond drink	Venti	824	198	5.2	2.2	30.9	29.6	0.9	5.3	0.48	128.2
Signature Iced Caramelised Banana Latte - soya drink	Tall	591	141	4.1	1.5	18.1	17.1	1.1	7.3	0.31	85.5
Signature Iced Caramelised Banana Latte - soya drink	Grande	844	201	6	2.1	25.4	24.2	1.6	10.4	0.44	85.5
Signature Iced Caramelised Banana Latte - soya drink	Venti	982	234	6.7	2.6	31.1	29.5	1.8	11.3	0.51	128.2
Signature Iced Caramelised Banana Latte - oat drink	Tall	690	164	5.7	1.5	23.7	18.1	1.7	3.8	0.36	85.5
Signature Iced Caramelised Banana Latte - oat drink	Grande	997	236	8.6	2.1	34	25.9	2.4	5.1	0.53	85.5
Signature Iced Caramelised Banana Latte - oat drink	Venti	1137	269	9.3	2.6	39.9	31.2	2.6	5.9	0.60	128.2
Signature Iced Caramelised Banana Latte - coconut drink	Tall	541	128	3.5	2.1	19.1	18.2	0.7	4.8	0.31	85.5
Signature Iced Caramelised Banana Latte - coconut drink	Grande	767	181	5.2	3	26.9	26	0.9	6.6	0.44	85.5
Signature Iced Caramelised Banana Latte - coconut drink	Venti	904	214	5.8	3.5	32.6	31.3	1.1	7.4	0.51	128.2
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Tall	721	171	4.2	2.9	25.6	24.3	0.3	7.7	0.38	3.6
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Grande	993	236	6	4.2	34.4	33	0.3	10.9	0.53	3.6
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Venti	1121	266	6.5	4.6	40.1	38.1	0.4	11.6	0.59	5.4
Decaf Iced Caramelised Banana Latte - whole milk	Tall	810	192	6.7	4.5	25.5	24.1	0.3	7.5	0.38	3.6
Decaf Iced Caramelised Banana Latte - whole milk	Grande	1131	269	9.9	6.6	34.2	32.8	0.3	10.7	0.52	3.6
Decaf Iced Caramelised Banana Latte - whole milk	Venti	1257	299	10.4	7	39.9	37.9	0.4	11.4	0.58	5.4
Decaf Iced Caramelised Banana Latte - skimmed milk	Tall	655	155	2.3	1.6	25.7	24.4	0.3	7.7	0.38	3.6
Decaf Iced Caramelised Banana Latte - skimmed milk	Grande	889	211	3.1	2.2	34.6	33.3	0.3	10.9	0.53	3.6
Decaf Iced Caramelised Banana Latte - skimmed milk	Venti	1019	241	3.6	2.6	40.3	38.3	0.4	11.6	0.59	5.4
Decaf Iced Caramelised Banana Latte - almond drink	Tall	585	141	3.5	1.6	22.6	21.3	0.5	3.7	0.33	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Grande	782	188	4.9	2.1	29.8	28.4	0.7	4.7	0.46	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Venti	913	219	5.4	2.5	35.5	33.5	0.8	5.4	0.52	5.4
Decaf Iced Caramelised Banana Latte - soya drink	Tall	680	162	4.4	1.8	22.7	21.3	1	7.3	0.35	3.6
Decaf Iced Caramelised Banana Latte - soya drink	Grande	928	221	6.3	2.5	30	28.4	1.5	10.3	0.49	3.6
Decaf Iced Caramelised Banana Latte - soya drink	Venti	1057	252	6.8	2.9	35.7	33.5	1.6	11	0.55	5.4
Decaf Iced Caramelised Banana Latte - oat drink	Tall	773	183	5.9	1.8	28	22.3	1.5	4.1	0.40	3.6
Decaf Iced Caramelised Banana Latte - oat drink	Grande	1073	254	8.7	2.5	38.2	29.9	2.3	5.3	0.56	3.6
Decaf Iced Caramelised Banana Latte - oat drink	Venti	1200	284	9.2	2.9	43.8	35.1	2.4	6	0.63	5.4
Decaf Iced Caramelised Banana Latte - coconut drink	Tall	633	150	3.9	2.4	23.6	22.3	0.6	5	0.35	3.6
Decaf Iced Caramelised Banana Latte - coconut drink	Grande	856	202	5.5	3.3	31.4	30	0.9	6.7	0.49	3.6
Decaf Iced Caramelised Banana Latte - coconut drink	Venti	986	233	6	3.7	37.1	35.1	1	7.4	0.55	5.4
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Tall	557	132	3.5	2.4	19.7	18.7	0.3	5.4	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Grande	713	169	4.3	3.1	25.6	24.1	0.4	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Venti	875	208	5.3	3.7	31.7	29.7	0.6	8.1	0.44	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	635	151	5.6	3.8	19.6	18.6	0.3	5.3	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	804	191	6.9	4.7	25.5	24	0.4	6.6	0.35	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	982	233	8.3	5.6	31.5	29.5	0.6	7.9	0.43	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	500	119	1.9	1.3	19.8	18.8	0.3	5.4	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	645	153	2.4	1.8	25.8	24.3	0.4	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	795	189	3	2.2	31.8	29.9	0.6	8.1	0.44	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	440	106	2.9	1.3	17.1	16.1	0.5	2	0.24	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	574	138	3.6	1.7	22.6	21.1	0.7	2.6	0.31	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	712	171	4.4	2.1	28.1	26.1	0.9	3.3	0.38	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	522	124	3.6	1.5	17.2	16.1	1	5.1	0.26	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	671	160	4.5	2	22.7	21.1	1.2	6.3	0.33	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	825	197	5.5	2.4	28.2	26.1	1.5	7.6	0.40	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	602	143	5	1.5	21.8	17	1.4	2.3	0.30	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	766	182	6.1	2	28.1	22.1	1.8	3	0.38	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	937	222	7.4	2.4	34.6	27.3	2.1	3.7	0.46	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	482	114	3.2	2	18	17	0.6	3.1	0.26	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	623	148	4	2.5	23.6	22.1	0.8	3.9	0.33	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	769	182	4.9	3.1	29.3	27.4	1.1	4.8	0.40	178.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Tall	559	133	3.5	2.4	20	18.7	0.3	5.3	0.28	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Grande	716	170	4.3	3.1	26	24.2	0.4	6.5	0.36	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Venti	879	209	5.3	3.7	32.2	29.7	0.5	7.8	0.44	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	636	151	5.6	3.8	19.9	18.6	0.3	5.2	0.28	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	807	192	6.9	4.7	25.9	24	0.4	6.4	0.35	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	986	234	8.3	5.6	32.1	29.6	0.5	7.7	0.43	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	502	119	1.9	1.3	20.1	18.8	0.3	5.3	0.28	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	648	154	2.4	1.8	26.2					

Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	715	172	4.4	2.1	28.6	26.2	0.8	3	0.38	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	524	125	3.6	1.5	17.5	16.1	0.9	5	0.26	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	674	161	4.5	2	23.1	21.1	1.2	6.1	0.33	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	829	197	5.5	2.4	28.8	26.1	1.4	7.4	0.40	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	604	143	5	1.5	22.1	17	1.4	2.2	0.30	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	769	182	6.1	2	28.5	22.1	1.7	2.8	0.38	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	941	223	7.4	2.4	35.1	27.3	2	3.5	0.46	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	483	114	3.2	2	18.3	17	0.6	3	0.26	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	626	148	4	2.5	24	22.2	0.8	3.7	0.33	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	773	183	4.9	3.1	29.9	27.4	1	4.6	0.40	7.2
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Tall	1342	321	17.9	11.2	35.5	33.9	0.8	4.1	0.33	5.6
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Grande	1608	384	19.7	12.3	45.9	43.7	1.2	5	0.45	8.9
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Venti	1767	422	20.5	12.8	53.2	50.6	1.5	5.2	0.53	11.7
Decaf Caramel Mocha Frappuccino - whole milk	Tall	1378	330	18.9	11.8	35.5	33.9	0.8	4	0.33	5.6
Decaf Caramel Mocha Frappuccino - whole milk	Grande	1654	395	21	13.2	45.8	43.6	1.2	5	0.45	8.9
Decaf Caramel Mocha Frappuccino - whole milk	Venti	1811	433	21.7	13.6	53.1	50.5	1.5	5.2	0.53	11.7
Decaf Caramel Mocha Frappuccino - skimmed milk	Tall	1316	315	17.1	10.7	35.6	34	0.8	4.1	0.34	5.6
Decaf Caramel Mocha Frappuccino - skimmed milk	Grande	1574	376	18.8	11.7	45.9	43.8	1.2	5	0.45	8.9
Decaf Caramel Mocha Frappuccino - skimmed milk	Venti	1735	414	19.6	12.2	53.3	50.7	1.5	5.2	0.53	11.7
Decaf Caramel Mocha Frappuccino - almond drink	Tall	1288	309	17.6	10.7	34.3	32.7	0.9	2.5	0.32	5.6
Decaf Caramel Mocha Frappuccino - almond drink	Grande	1538	369	19.4	11.7	44.3	42.2	1.3	3	0.43	8.9
Decaf Caramel Mocha Frappuccino - almond drink	Venti	1701	407	20.1	12.1	51.7	49.2	1.6	3.3	0.51	11.7
Decaf Caramel Mocha Frappuccino - soya drink	Tall	1326	317	17.9	10.8	34.4	32.7	1.1	3.9	0.32	5.6
Decaf Caramel Mocha Frappuccino - soya drink	Grande	1587	380	19.8	11.8	44.4	42.2	1.6	4.9	0.44	8.9
Decaf Caramel Mocha Frappuccino - soya drink	Venti	1747	418	20.6	12.3	51.8	49.1	1.9	5.1	0.52	11.7
Decaf Caramel Mocha Frappuccino - oat drink	Tall	1363	326	18.6	10.8	36.5	33.1	1.3	2.6	0.34	5.6
Decaf Caramel Mocha Frappuccino - oat drink	Grande	1635	390	20.6	11.8	47.1	42.7	1.8	3.2	0.46	8.9
Decaf Caramel Mocha Frappuccino - oat drink	Venti	1793	428	21.3	12.3	54.4	49.6	2.1	3.5	0.54	11.7
Decaf Caramel Mocha Frappuccino - coconut drink	Tall	1307	313	17.7	11	34.7	33.1	0.9	3	0.32	5.6
Decaf Caramel Mocha Frappuccino - coconut drink	Grande	1563	373	19.6	12.1	44.9	42.7	1.4	3.7	0.44	8.9
Decaf Caramel Mocha Frappuccino - coconut drink	Venti	1724	412	20.3	12.5	52.2	49.7	1.7	3.9	0.52	11.7
Decaf Brown Sugar Frappuccino - semi skimmed milk	Tall	909	217	11.1	6.9	26.2	25.3	0.1	3.1	0.30	1.3
Decaf Brown Sugar Frappuccino - semi skimmed milk	Grande	1211	289	14	8.8	36.6	35.1	0.2	4	0.43	2.5
Decaf Brown Sugar Frappuccino - semi skimmed milk	Venti	1251	298	12.6	7.9	41.9	40.2	0.3	3.9	0.51	3.7
Decaf Brown Sugar Frappuccino - whole milk	Tall	946	226	12.1	7.6	26.1	25.2	0.1	3	0.30	1.3
Decaf Brown Sugar Frappuccino - whole milk	Grande	1259	301	15.4	9.6	36.5	35.1	0.2	3.9	0.42	2.5
Decaf Brown Sugar Frappuccino - whole milk	Venti	1298	309	13.9	8.7	41.9	40.2	0.3	3.8	0.51	3.7
Decaf Brown Sugar Frappuccino - skimmed milk	Tall	881	210	10.3	6.4	26.3	25.3	0.1	3.1	0.30	1.3
Decaf Brown Sugar Frappuccino - skimmed milk	Grande	1175	280	13	8.1	36.6	35.2	0.2	4	0.43	2.5
Decaf Brown Sugar Frappuccino - skimmed milk	Venti	1216	290	11.6	7.2	42	40.3	0.3	3.9	0.52	3.7
Decaf Brown Sugar Frappuccino - almond drink	Tall	852	204	10.8	6.4	25	24	0.2	1.4	0.28	1.3
Decaf Brown Sugar Frappuccino - almond drink	Grande	1138	273	13.6	8	34.9	33.5	0.3	1.8	0.40	2.5
Decaf Brown Sugar Frappuccino - almond drink	Venti	1179	282	12.2	7.2	40.4	38.7	0.4	1.8	0.49	3.7
Decaf Brown Sugar Frappuccino - soya drink	Tall	892	213	11.1	6.5	25	24	0.4	2.9	0.29	1.3
Decaf Brown Sugar Frappuccino - soya drink	Grande	1189	284	14.1	8.2	35	33.5	0.6	3.8	0.41	2.5
Decaf Brown Sugar Frappuccino - soya drink	Venti	1229	293	12.7	7.3	40.4	38.6	0.7	3.7	0.50	3.7
Decaf Brown Sugar Frappuccino - oat drink	Tall	930	222	11.8	6.5	27.2	24.5	0.6	1.5	0.31	1.3
Decaf Brown Sugar Frappuccino - oat drink	Grande	1239	296	14.9	8.2	37.8	34.1	0.9	2	0.44	2.5
Decaf Brown Sugar Frappuccino - oat drink	Venti	1278	304	13.5	7.3	43.2	39.2	0.9	2	0.53	3.7
Decaf Brown Sugar Frappuccino - coconut drink	Tall	872	208	10.9	6.7	25.4	24.5	0.3	1.9	0.29	1.3
Decaf Brown Sugar Frappuccino - coconut drink	Grande	1164	278	13.8	8.5	35.5	34.1	0.4	2.5	0.41	2.5
Decaf Brown Sugar Frappuccino - coconut drink	Venti	1204	287	12.4	7.6	40.9	39.2	0.5	2.4	0.50	3.7

Modifiers (Syrups & Drizzles)		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
almond flavour syrup	1 pump	68	16	0	0	4.0	3.7	0	0	0	0
almond flavour syrup	2 pumps	136	32	0	0	8.0	7.5	0	0	0	0
almond flavour syrup	3 pumps	203	48	0	0	12.0	11.2	0	0	0	0
almond flavour syrup	4 pumps	271	64	0	0	16.0	15.0	0	0	0	0
almond flavour syrup	5 pumps	339	80	0	0	20.0	18.7	0	0	0	0
brown sugar syrup	1 pump	55	13	0	0	3.2	3.2	0	0	0	0
brown sugar syrup	2 pumps	110	26	0	0	6.4	6.3	0	0	0	0
brown sugar syrup	3 pumps	164	39	0	0	9.7	9.5	0	0	0	0
brown sugar syrup	4 pumps	219	52	0	0	12.9	12.7	0	0	0	0
brown sugar syrup	5 pumps	274	64	0	0	16.1	15.9	0	0	0	0
caramel flavour syrup	1 pump	65	15	0	0	3.7	3.7	0	0	0	0
caramel flavour syrup	2 pumps	129	31	0	0	7.5	7.5	0	0	0	0
caramel flavour syrup	3 pumps	194	46	0	0	11.2	11.2	0	0	0	0
caramel flavour syrup	4 pumps	259	61	0	0	15.0	14.9	0	0	0	0
caramel flavour syrup	5 pumps	324	76	0	0	18.7	18.7	0	0	0	0
cinnamon dolce syrup	1 pump	90	21	0	0	5.3	5.2	0	0	0	0
cinnamon dolce syrup	2 pumps	180	42	0	0	10.6	10.3	0	0	0	0
cinnamon dolce syrup	3 pumps	270	64	0	0	15.9	15.5	0	0	0	0
cinnamon dolce syrup	4 pumps	360	85	0	0	21.2	20.7	0	0	0	0
cinnamon dolce syrup	5 pumps	450	106	0	0	26.5	25.8	0	0	0	0
classic chai	1 pump	85	20	0	0	4.9	4.9	0.1	0	0	13.1
classic chai	2 pumps	170	40	0	0	9.8	9.7	0.1	0	0.01	26.2
classic chai	3 pumps	255	60	0.1	0	14.7	14.6	0.2	0.1	0.01	39.3
classic chai	4 pumps	340	80	0.1	0	19.5	19.4	0.3	0.1	0.02	52.4
classic chai	5 pumps	425	100	0.1	0	24.4	24.3	0.3	0.1	0.02	65.5
coconut flavour syrup	1 pump	80	19	0	0	4.7	4.7	0	0	0	0
coconut flavour syrup	2 pumps	161	38	0	0	9.5	9.3	0	0	0	0
coconut flavour syrup	3 pumps	241	57	0	0	14.2	14.0	0	0	0	0
coconut flavour syrup	4 pumps	321	75	0	0	19.0	18.6	0	0	0	0
coconut flavour syrup	5 pumps	402	94	0	0	23.7	23.3	0	0	0	0
cream vanilla flavour syrup	1 pump	74	17	0	0	4.4	4.2	0	0	0	0
cream vanilla flavour syrup	2 pumps	148	35	0	0	8.8	8.5	0	0	0	0
cream vanilla flavour syrup	3 pumps	222	52	0	0	13.2	12.7	0	0	0	0
cream vanilla flavour syrup	4 pumps	296	70	0	0	17.6	16.9	0	0	0	0
cream vanilla flavour syrup	5 pumps	370	87	0	0	22.0	21.2	0	0	0	0
hazelnut flavour syrup	1 pump	58	14	0	0	3.3	3.3	0	0	0	0
hazelnut flavour syrup	2 pumps	116	27	0	0	6.7	6.7	0	0	0	0
hazelnut flavour syrup	3 pumps	173	41	0	0	10.0	10.0	0	0	0	0
hazelnut flavour syrup	4 pumps	231	54	0	0	13.4	13.4	0	0	0	0
hazelnut flavour syrup	5 pumps	289	68	0	0	16.7	16.7	0	0	0	0
mocha sauce	1 pump	121	29	0.5	0.3	4.9	4.6	0.9	0.6	0	6.1
mocha sauce	2 pumps	242	57	1.1	0.7	9.8	9.1	1.8	1.2	0	12.2
mocha sauce	3 pumps	363	86	1.6	1.0	14.7	13.7	2.7	1.9	0.01	18.2
mocha sauce	4 pumps	483	115	2.1	1.3	19.6	18.3	3.6	2.5	0.01	24.3
mocha sauce	5 pumps	604	144	2.7	1.6	24.5	22.9	4.5	3.1	0.01	30.4
peach flavour syrup	1 pump	41	10	0	0	2.4	2.3	0	0	0	0
peach flavour syrup	2 pumps	83	19	0	0	4.9	4.6	0	0	0	0
peach flavour syrup	3 pumps	124	29	0	0	7.3	6.9	0	0	0	0
peach flavour syrup	4 pumps	165	39	0	0	9.8	9.2	0	0	0	0
peach flavour syrup	5 pumps	207	49	0	0	12.2	11.5	0	0	0	0
peppermint flavour syrup	1 pump	61	14	0	0	3.6	3.6	0	0	0	0
peppermint flavour syrup	2 pumps	122	29	0	0	7.1	7.1	0	0	0	0
peppermint flavour syrup	3 pumps	184	43	0	0	10.7	10.7	0	0	0	0
peppermint flavour syrup	4 pumps	245	58	0	0	14.3	14.3	0	0	0	0
peppermint flavour syrup	5 pumps	306	72	0	0	17.8	17.8	0	0	0	0
raspberry syrup	1 pump	62	15	0	0	3.6	3.5	0	0	0	0

raspberry syrup	2 pumps	124	29	0	0	7.2	7.1	0	0	0.01	0
raspberry syrup	3 pumps	186	44	0	0	10.7	10.6	0	0	0.01	0
raspberry syrup	4 pumps	247	58	0	0	14.3	14.1	0	0	0.01	0
raspberry syrup	5 pumps	309	73	0	0	17.9	17.7	0	0	0.01	0
simple syrup	1 pump	80	19	0	0	4.7	4.7	0	0	0	0
simple syrup	2 pumps	159	37	0	0	9.4	9.4	0	0	0	0
simple syrup	3 pumps	239	56	0	0	14.0	14.0	0	0	0	0
simple syrup	4 pumps	318	75	0	0	18.7	18.7	0	0	0	0
simple syrup	5 pumps	398	94	0	0	23.4	23.4	0	0	0	0
strawberry sauce	1 pump	79	19	0	0	4.4	4.1	0.1	0.1	0	0
strawberry sauce	2 pumps	158	37	0.1	0	8.8	8.2	0.2	0.1	0.01	0
strawberry sauce	3 pumps	237	56	0.1	0	13.2	12.3	0.3	0.2	0.01	0
strawberry sauce	4 pumps	316	74	0.1	0	17.6	16.3	0.5	0.2	0.01	0
strawberry sauce	5 pumps	395	93	0.1	0	22.0	20.4	0.6	0.3	0.02	0
sugar free caramel flavour syrup	1 pump	2	1	0	0	0.1	0	0	0	0.01	0
sugar free caramel flavour syrup	2 pumps	4	1	0	0	0.2	0	0	0	0.02	0
sugar free caramel flavour syrup	3 pumps	7	2	0	0	0.4	0	0	0	0.02	0
sugar free caramel flavour syrup	4 pumps	9	2	0	0	0.5	0	0	0	0.03	0
sugar free caramel flavour syrup	5 pumps	11	3	0	0	0.6	0	0	0	0.04	0
sugar free hazelnut flavour syrup	1 pump	2	1	0	0	0.1	0	0	0	0	0
sugar free hazelnut flavour syrup	2 pumps	4	1	0	0	0.3	0	0	0	0	0
sugar free hazelnut flavour syrup	3 pumps	7	2	0	0	0.4	0	0	0	0	0
sugar free hazelnut flavour syrup	4 pumps	9	2	0	0	0.5	0	0	0	0	0
sugar free hazelnut flavour syrup	5 pumps	11	3	0	0	0.6	0	0	0	0	0
sugar free vanilla flavour syrup	1 pump	2	1	0	0	0.1	0	0	0	0	0
sugar free vanilla flavour syrup	2 pumps	5	1	0	0	0.3	0	0	0	0	0
sugar free vanilla flavour syrup	3 pumps	7	2	0	0	0.4	0	0	0	0	0
sugar free vanilla flavour syrup	4 pumps	9	2	0	0	0.5	0	0	0	0	0
sugar free vanilla flavour syrup	5 pumps	12	3	0	0	0.7	0	0	0	0	0
vanilla flavour syrup	1 pump	61	14	0	0	3.6	3.5	0	0	0	0
vanilla flavour syrup	2 pumps	121	29	0	0	7.2	7.0	0	0	0	0
vanilla flavour syrup	3 pumps	182	43	0	0	10.8	10.6	0	0	0	0
vanilla flavour syrup	4 pumps	243	57	0	0	14.4	14.1	0	0	0	0
vanilla flavour syrup	5 pumps	303	71	0	0	18.0	17.6	0	0	0	0
white chocolate mocha	1 pump	183	43	0.9	0.7	8.3	8.3	0	0.6	0.02	0
white chocolate mocha	2 pumps	366	87	1.7	1.4	16.5	16.5	0	1.2	0.05	0
white chocolate mocha	3 pumps	548	130	2.6	2.1	24.8	24.8	0	1.8	0.07	0
white chocolate mocha	4 pumps	731	173	3.4	2.8	33.0	33.0	0.1	2.5	0.10	0
white chocolate mocha	5 pumps	914	217	4.3	3.5	41.3	41.3	0.1	3.1	0.12	0
caramel drizzle	1 pump	89	21	0.8	0.5	3.3	3.0	0	0.1	0.03	0
mocha drizzle	1 pump	36	9	0.2	0.1	1.5	1.4	0.3	0.2	0	1.8